

Dr. Julian Howard.

Registered Osteopath. BSc (Hons) Ost Med. MSc Paed Ost [UK]

Osteopathy qualification and professional development



2001-2005 British College of Osteopathic Medicine (London UK).

2002 First year prize (Top of the year).

2004 Third year prize, Diagnosis prize.

2004

Part 1 of the Sutherland Cranial Course

2005

Prize for a 'First' BSc (Hons) in Osteopathic Medicine. 2005

September: Part 2-3 of Sutherland Cranial Course.

2005-2007 MSc at the Osteopathic Centre for Children (London UK) Including working for 5 days over 5 weeks in the Premature Intensive Care Baby Unit of Barnet Hospital.

2006

March: Present Undergraduate Research to the 5th International Conference on Advancement in Osteopathic Research (ICOAR). 'The Temporal effect of a Lumbar HVT on cutaneous blood flow in the lower limb, comparing smokers and non-smokers.'

September: Part 2-3 of Sutherland Cranial Course(UK).

Registration as an osteopath in Western Australia.

2007

May: The Critical 'C's' of Osteopathy course (UK).

June: Sutherlands 'Treating the Body as a Whole' cranial course. (UK)

2008

February: Presentation of Undergraduate Research to the International Advancing Osteopathy Conference (UK).

August: Lecture to 'The Lactation Consultants and Midwives Association of New South Wales, on 'The effect of birth and delivery on babies' ability to breastfeed from an osteopathic perspective'.

August: Attend Wetlab Neurology dissection lecture. (Aus)

October: Attend Australian Osteopathic Conference talks on Paediatrics

December: Complete Biodynamics Course 1 (AUS)

2009

Became an Alumni member of the Foundation for Paediatric Osteopathy (UK based)

April: Spend a day assistant tutoring at the Osteopathic Centre for Children (UK)

July: Seminar on chronic pain management (Aus)

August: Attend Orthopaedic conference SAN hospital (Aus)

2010

February: Obstetrics and Osteopathy course. The treatment of pregnant women. (Aus)

April: Biodynamics Phase 2 New Zealand (4-day course)

June: Infantile irritability, colic, sucking and feeding difficulties. Lecture (Dr Jane Carriero)

June: Pelvic pain, the anatomy and the neurology. Lecture (Frank Willard)

Accepted as assistant tutor by Australian Sutherland Cranial Society

2011

April: 1-day cranial tutorial, Windsor England.

April: Day at the Osteopathic Centre for Children, London, assistant tutoring. UK

August: Seminar; Visceral Osteopathy, the role of the broad ligament in abdominal health.

October: Optimised Biomechanics in Running. 1-day course.

November: Biodynamics phase 3. 4-day course.

2012

March: The biodynamics of human development ; the application of embryology to adult structure and function by Prof Brian Freeman, day lecture.

May: Work Cover management course

May: CPR Course

October: Spent a day at the Osteopathic Centre for Children, London treating children

October: Conference London, 'The Developing Child - an Osteopathic Challenge.

Topics ; A clinical approach to children with developmental delay ; Orofacial development in a child ; Development and behaviour; the role of vision The language of the heart ; The Development of sleep disorders in Children; The Neuroanatomy and physiology of mal development in the first and third trimesters and adverse perinatal events.

November: Cranial Biodynamics 4 ; four-day course.

2013

May: Assistant tutor on the 'Fundamentals in the Cranial Field' cranial osteopathy course.

Four days.

September : First Aid CPR course

November: Cranial Biodynamics Module 5. 4-day course.

2014

June: MINND international forum on neurological dysfunction in children (Autism, Pyrolle synd, MTHFR, brain damage) and treatment strategies.

September: First Aid course

November: Cranial biodynamics Module 6. 4-day course

November: Join a team of doctors in Kenya and treat Aids orphans

2015

April: Paediatric conference London UK;

Topics: The impact of early stress experiences on neuro-endocrine and immune function; Benign Joint hyper-mobility syndrome; Feeding disorders in infants; Causes of Asthma; Neonatal care

November:

Rule of the Artery (3-day cranial course)

Biodynamics phase 7 (4-day course)

First aid course

2016

Rule of the Artery 2 (4-day course)

February:

Pain, inflammation and immune conditions.

Treatment through supplements and non-pharmaceutical products.

2017

Biodynamics. Treating children 1 (4-day course)

Biodynamics. Treating children 2 (4-day course)

November: Biodynamic Osteopathy Phase 8. Advanced Cranial Osteopathy (4-day course).

2018

February: The function of the heart. The secrets of the flow of blood around the body (3-day course).

November: Biodynamic review of phases 1-7. Advanced cranial osteopathy.

2019

March: The biodynamic treatment of children phase 3. The examination and treatment of pathological conditions which may present in children. (4-day course).

December: Biodynamic studies phase 9. (4-day course NZ)

2020

September: Paediatrics- Infant Development 3-6 months. Osteopathy Australia course

September: Providing first aid. One day course and online study portal.

October: Effective communication with problematic patients. E learning course.

October: Guidelines for advertising regulated health services Ensuring advertising and marketing and promotion are within OBA and APHRA guidelines.

November: Plagiocephaly (flat head syndrome) Definitions, treatment option and outcomes.

2021

February: Overcoming barriers for long term weight loss success. How to help people wanting to lose weight and in particular the metabolic process involved.

February: Advanced pelvic pain management. Online course.

March: Study of human dissections of the pelvis and local anatomy. At the Melbourne University Medical School. One day course

April : Biodynamic osteopathy Phase 3. 4 day course Noosa, Queensland

August: An osteopathic approach to treating the pregnant patient

2022

February: Embryonic Breathing

May: The osteopathic treatment of women after breast cancer

April: The immune system

November: Indigenous Cultural Awareness

2023

May: Tutor on the 'Basics of Biodynamic Osteopathy' three-day course

2024

July: Understanding Embryology and its importance in osteopathic treatment

August: Tiny Tummies. Treating babies with colic or reflux or other digestion issues.

2025

September: Plagiocephaly, treatment for babies with 'flat head syndrome.'

2026

August : Neurodiversity in children. Pathophysiology, diagnosis and treatment techniques for ADHD, ASD, ADD and others.