

Starters

Prawn Cocktail	£8.25
Halloumi Fries	£8.00
Calamari	£8.00
Crab Cocktail	£11.95
Whitebait	£8.25
Garlic Mushrooms	£7.25
Garlic Bread	£6.25
Salt and Pepper Squid	£6.95
Homemade Soup of the day (served with crusty roll)	£6.25

Light Snacks

Sandwiches Served on white or brown bread

Served with crisps or side salad

Cheese	£7.25
Ham	£7.25
Tuna Mayonnaise	£7.95
Local caught Crab	£14.55
Prawn	£9.95
Baguette	£1.00 extra
Toasted Sandwich	£1.00 extra

Jacket Potatoes Choice of fillings available. Served with side salad

Cheese	£8.95
Beans	£7.95
Coleslaw	£7.95
Prawns	£11.45
Tuna Mayonnaise	£9.25

Salads

Full Lobster	Ask for price
Half Lobster	Ask for price
Crab	£25.95
Prawn	£18.45
Ploughman's - Cheddar	£14.95
Ploughman's - Ham	£14.95

Omelettes

3 Egg omelettes with a choice of fillings

All omelettes served with chips or jacket and side salad or garden peas

Mushroom / Ham / Cheese	£13.95
-------------------------	--------

Make up the omelette of your choice - 75p extra for each filling

Vegetarian & Vegan Dishes

Served with chips or jacket

Pukka Pies (Cheese, Leek & Potato)	£9.95
Broccoli Cheese Bake	£11.95
Lasagne	£12.95
Spinach and Ricotta Cannoli	£12.95
Vegetarian Burger	£11.55
Vegan Burger	£12.75
Vegan Panang Curry Served with rice	£11.95
Vegan Smokey 3 Bean Chilli Served with rice	£11.95
Halluimi Buger	£12.45
3 Vegan Sausages	£11.95
Veggie Breakfast	£12.00

(2 Veggie Sausages, Mushrooms, Eggs, Hash Browns, Beans, Tomatos)

Fryers Fayre

Cod	£16.95
Small Cod	£13.95
Haddock	£14.95
Plaice	£14.95
Whitby Scampi (Wholetail) (12)	£14.45
Fishcakes	£11.95
Cod Burger	£15.95
Salmon Fillet (Grilled or Pan Fried)	£15.25
Served with Chips or Rice	
Seabass (Grilled or Pan Fried)	£18.95
Served with Chips or Rice	
<i>Seafood Delight</i> (Fried)	£14.95
Panko Squid Rings, Crumbed Prawn Cutlets, Crispy Battered Cod Bites, Salt and Pepper Squid and Chips. Served with dips.	

Traditional Favourites

Homemade

Steak and Mushroom Pie	£15.45
Lasagne	£15.45
Served with chips / jacket / garlic bread & garden peas or side salad	
Chicken Curry	£15.95
Served with chips or rice and naan bread	
Naan Bread	£1.00
Chilli Con Carne	£14.95
Served with chips or rice	

Dolphin Fish Specials

Homemade

Seafood Chowder	£18.95
Fish Pie	£17.95
Served with green beans	

Grills

Rump Steak (8oz)	£17.95
Sirloin Steak (8oz)	£18.75
Mixed Grill	£28.95
Fillet Steak (8oz)	£33.95
Gammon Steak	£17.75
with Pineapple or Egg	
Surf & Turf (6oz Sirloin + Scampi)	£24.95
Served with chips or jacket, garden peas, side salad, onion rings, mushrooms and tomatoes	
Pepper / Dianne Sauce	£2.95

Dolphin Harbour Set Meals

Fish & chips, mushy or garden peas with a cup of tea or coffee or choice of soft drink	£18.95
Small Fish & chips, mushy or garden peas with a cup of tea or coffee or choice of soft drink	£16.95

Favourites

Served with chips or jacket

Jumbo Sausage (2)	£11.25
Jumbo Battered Sausage (1)	£13.25
Cornish Pasty (Traditional)	£12.45
Pasty (Cheese & Onion)	£11.55
Beefburger (Half Pound)	£12.95
Cheeseburger (Half Pound)	£13.95
Beefburger (Quarter Pound)	£10.95
Cheeseburger (Quarter Pound)	£11.95
The Dolphin Burger	£15.95
8oz Burger with Onion Rings, Bacon, BBQ Sauce & Cheese	
Chicken Burger	£13.25
Chicken (half)	£13.25
Ham and Egg	£14.55
Sausage (3) and Egg	£12.95
Adult Chicken Fillet Bites	£12.95
Pukka Pies (Chicken & Mushroom / Mince / Steak & Kidney)	£11.55
All Day Dolphin Brunch 2 x Bacon, 2 x Sausage, 2 x Egg, Beans or Tomato, Hash Brown or Chips. Mug of Tea.	£13.95
Light Brunch (sausage, bacon, eggs, chips & beans)	£10.45

Children's Choice

All served with beans or garden peas

Cod and Chips	£9.20
Beefburger and Chips	£7.95
Cheeseburger and Chips	£8.25
Chicken Burger and Chips	£7.95
Chicken Nuggets and Chips	£7.95
Veggie Nuggets and Chips	£7.85
Fish Fingers and Chips	£7.45
Sausage and Chips	£7.55
Egg and Chips	£6.95
Pizza and Chips	£7.55
Lasagne and Chips	£9.25
Macaroni Cheese Bites (4) and Chips	£7.55
Fishcake and Chips	£7.55
Scampi and Chips (6)	£9.25

Extras

Chips	£4.85
Cheesy Chips	£6.25
Rice	£4.50
Curry Sauce	£2.50
Gravy	£1.95
Beans	£1.95
Coleslaw	£2.95
Bread and Butter	£1.75
Pickled Onion	£1.20
Pickled Egg	£1.20
Pickled Gherkin	£1.20
Side Salad	£3.75
Garden Peas	£1.90
Mushy Peas	£2.25
Onion Rings (8)	£5.95
Jumbo Battered	£5.95

Desserts

Subject to availability

Double Chocolate Cake	£7.50
Chocolate Brownie	£7.50
Apple Pie	£7.50
Spotted Dick	£7.50
Sticky Toffee Pudding (above with custard or cream)	£7.50
Assorted Ice Cream	£4.95
Knickerbocker Glory	£7.95
Belgian Waffle with Toffee Ice Cream & Chocolate / Toffee Sauce	£6.95

Gluten Free Options

Cod with Gluten Free Batter	£17.45
Small Cod with Gluten Free Batter	£14.55
Haddock with Gluten Free Batter	£15.45
Plaice with Gluten Free Batter	£15.45
Gluten Free Sausages (3) and Egg Served with chips or jacket and garden peas or baked beans	£13.55
Gluten Free Gravy	£2.10
Gluten Free Curry Sauce	£2.35
Gluten Free Chicken Strips	£11.95
Gluten Free Scampi (Whitby) 12	£15.25
Gluten Free Fish Cakes (2) All served with chips/ jacket/ rice	£13.50
Vegan and Gluten Free Ice Cream - ask for options	£5.55

Harbour Teas

Cream Teas	£7.95
1 scones, jam and clotted cream with a tea or coffee	

Hot Drinks

Tea (pot for 1)	£2.60
Coffee (pot for 1)	£3.00
Latte / Cappuccino / Mochaccino / Espresso	£3.65
A Selection of Fruit / Herbal Teas - ask for options	£2.85

Cold Drinks

Assorted Drinks (Lemonade / Vimto / Fizzy Apple / Sunkist Orange)	£2.95
Pepsi	£3.25
Squash	£1.00
Bottled Water (Still / Sparkling)	£2.45
Fruit Shoots (Blackcurrant & Apple/Orange)	£2.25
J20	£3.75
Apple / Orange Juice	£2.50
Elderflower Sparkling Juice	£3.75
Milk Shakes (Banana / Strawberry / Chocolate / Raspberry)	£3.95