

Training Catalog

WINTER
2021

For Early Care & Education and School-Age Child Care Professionals
in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

February-March

Region 6 Child Care Resource & Referral Training Catalog is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.



REGISTER NOW FOR TRAINING SESSIONS!

- 1 Review the training sessions for topics, dates, times, locations, and credits.
- 2 Review the registration instructions for the county in which your session is offered.
- 3 Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.

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REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register

Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.

By mail or in person: Send registration form with payment to: Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110

By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register

By mail or in person: Send or bring registration form with payment to:

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register

Online: Download Stanly County's registration form at stanlypartnership.org

By mail or in person: Send or bring registration form with payment to:

Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001

By phone: Call (704) 982-203

TRAINING LOCATIONS

Mecklenburg: Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217

Union: Child Care Resources Inc., 105-A Cedar St. Monroe, NC 28110

Stanly

Stanly County Partnership for Children. 1000 N. First Street, Suite 8, Albemarle, NC 28001

Rowan

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

Cabarrus

Please check training description for location



Technology Requirements for Online Virtual Sessions

Individual email addresses for registration are required.

Any trainings that are offered virtually will require participants to have access to a computer or other electronic device with internet connection.

Participants must also have the ability to watch and listen to video online, have the capabilities to unmute themselves, share their cameras, and participate via chatbox throughout the session.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers to hear audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: *Most online sessions are 2 credit hours (unless otherwise stated). You will be contacted at least 1 week prior to training with instructions and login information pertaining to your online training.*

LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

Entry - Offers basic background information

Beginner - Explores practical application

Intermediate - Expands existing knowledge

Advanced - Provides specific, in-depth knowledge relevant to field of concentration or interest area

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

ALL ABOUT THE SACERS-U

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Technology Requirements

Individual email addresses for registration are required.

These trainings are self-paced and will require participants to have access to a computer or other electronic device with internet connection.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: Online sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your online training.

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

BREAST MILK: THE PERFECT BABY FOOD

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

BULLYING: TODAY'S MEAN SCENE

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

CONVERSATION: THE COMMON THREAD IN OUR WORK

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

FUNDING SCHOOL AGE PROGRAMS

School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

GRANTING CHILDREN THEIR EMOTIONS

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

GREAT PLACES TO BE A BABY: INFANTS' AND TODDLERS' LEARNING ENVIRONMENTS

Research tells us infants and toddlers learn best in environments where they can have secure relationships with caring and responsive adults, where they feel safe and where they feel free to explore and learn. A well-arranged environment can help you meet the needs of infants and toddlers. This session highlights the importance of the environment and provides an overview of what to consider when creating and maintaining developmentally appropriate infant and toddler learning environments.

IT'S OFF TO SCHOOL WE GO

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

POTTY TIME: WHEN IS THE RIGHT TIME?

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

PRIMARY CAREGIVING

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

CEU COURSES

ACTIVE READING WITH PRESCHOOLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

\$25 | 0.5 CEUs

ACTIVE READING FOR INFANTS & TODDLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

\$25 | 0.5 CEUs

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.
**For administrators and those in leadership positions.*

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes,

actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

ONLINE SESSIONS – ROWAN



PROFESSIONALISM

FAMILY PARTICIPATION

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

\$5 | 2.0 credit hours | Level: Beginner

SOCIAL & EMOTIONAL DEVELOPMENT

TAMING THE WILD PART 1 & 2

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

\$5 | 4.0 credit hours | Level: Beginner

How to Register for Rowan Online Sessions

By mail

Send registration form on Page 10 to:
Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone

Call (704) 630-9085

SCHEDULED SESSIONS

WORKSHOP TITLE	DATE	TIME	LOCATION	CATEGORY
Fathers and Father Figures	Tue., Feb. 23	6:30-8:30 pm	Meck/Zoom	Child Development
Promoting Friendship and Social Play in Preschool	Wed., Feb. 24	6:30-8:30 pm	Meck/Zoom	Preschool
Teaching Strategies – Distance Learning Collaboration	Wed., Feb. 24	6:30-8:30 pm	Rowan/Zoom	Preschool
(Virtual) Playground Safety	Thu., Feb. 25	9 am-12 pm	Meck/Zoom	Health, Safety, Nutrition
What's Required for Staff Orientation	Wed., March 3	6-8 pm	Meck/Zoom	Administration
Understanding the ECERS-R	Thu., March 4	6:30-8:30 pm	Union/Zoom	Preschool
Connections: A Virtual Teacher Collaboration	Thu., March 4	6:30-8:30 pm	Rowan/Zoom	Professionalism
ITS-SIDS	Tue., March 9	6:30-8:30 pm	Union/Zoom	Infant/Toddler
Leadership and Administration: Module 1	Wed., March 10	6:30-8:30 pm	Cabarrus/Zoom	Administration
Deep Breathing: A Connection to Calm	Wed., March 10	6:30-8:30 pm	Rowan/Zoom	Social/Emotional
Preparing Staff for Emergencies	Thu., March 11	11 am-1 pm	Meck/Zoom	Health, Safety, Nutrition
How to Thrive During Challenging Conversations	Fri., March 12	6:30-8:30 pm	Meck/Zoom	Professionalism
ITS-SIDS	Sat., March 13	9-11 am	Meck/Zoom	Infant/Toddler
Getting Started with ITERS	Tue., March 16	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
ITS-SIDS	Tue, March 16	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
Reflecting on School-Age Care	Tue., March 16	6-8 pm	Meck/Zoom	School-Age
Leadership and Administration: Module 2	Thu., March 18	6:30-8:30 pm	Cabarrus/Zoom	Administration
Creating a Classroom Community	Thu., March 18	6:30-8:30 pm	Meck/Zoom	Preschool
Preventing Challenging Behaviors	Thu., March 18	6:30-8:30 pm	Meck/Zoom	Social & Emotional
A Guide to the Great Outdoors	Fri., March 19	10 am-12 pm	Meck/Zoom	Child Development
Circle Time Fun and Learning	Fri., March 19	6:30-8:30 pm	Meck/Zoom	Curriculum
BSAC (Basic School-Age Care)	Tue., Mar. 23 & Thu., Mar. 25	9-11 am	Meck/Zoom	School-Age
Making Science FUN for Children	Wed., March 24	9:30-11:30 am	Meck/Zoom	Preschool
Turning Difficult Situations Around	Fri., March 26	6:30-8:30 pm	Meck/Zoom	Professionalism
Leadership and Administration: Module 3	Tue., March 30	6:30-8:30 pm	Cabarrus/Zoom	Administration
ITS-SIDS	Tue., March 30	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
(Virtual) Playground Safety	Wed., March 31	1-4 pm	Meck/Zoom	Health, Safety, Nutrition

SESSION DESCRIPTIONS

Zoom trainings are offered virtually and will require participants to have the capabilities to mute/unmute themselves, share their cameras, and participate via chatbox throughout the session. Individual email addresses for registration are required.

ADMINISTRATION

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this session as we think about obstacles to father involvement and discuss ways to support and encourage it.

[Tue., Feb. 23 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

LEADERSHIP AND ADMINISTRATION FOR SUCCESS IN EARLY CHILDHOOD PROGRAMS

Module 1*

The ability of early childhood program administrators to apply leadership experience, knowledge, and skills is key to the success of the child care program. Administrators need access to formal instructional opportunities that address their complex roles of directors and their many areas of responsibility.

This module provides child care center administrators with the opportunity to learn about the importance of leadership in their work as an administrator and the opportunity to explore their personal leadership skills.

**for administrators only*

[Wed., Mar. 10 | 6:30-8:30 pm | Cabarrus/Zoom](#)

Module 2*

This module provides child care center administrators with the opportunity to learn more about options and processes for assessing their child care programs.

**for administrators only*

[Thu., Mar. 18 | 6:30-8:30 pm | Cabarrus/Zoom](#)

Module 3*

This module provides child care center administrators with the opportunity to practice the application of leadership skills in ways that will provide them with practical ideas for incorporating these skills into their daily work.

**for administrators only*

[Tue., Mar. 30 | 6:30-8:30 pm | Cabarrus/Zoom](#)

\$25 | 6 credit hours | 0.6 CEUs

Level: Advanced | *Participants must attend all 3 modules to obtain 0.6 CEUs

WHAT'S REQUIRED FOR STAFF ORIENTATION

This workshop will give practical ideas, strategies, and procedures for directors to use when conducting orientation during the first two weeks of employment.

[Wed., Mar. 3 | 6-8 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Intermediate

CHILD DEVELOPMENT

A GUIDE TO THE GREAT OUTDOORS

The world once offered thousands of delights of free play to children. Children used to have access to the world at large, whether it was the sidewalks, streets, alleys, vacant lots, and parks of the inner city or the fields, forests, streams, and yards of suburbia and the rural countryside. Now, boundaries have shrunk. And when children do have free time, it's often spent inside in front of the television or computers. Come learn how to guide children back to the fun of the outside world!

[Fri., Mar. 19 | 10 am-12 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

CURRICULUM

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This training helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

[Fri., Mar. 19 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

HEALTH, SAFETY, & NUTRITION

PREPARING STAFF FOR EMERGENCIES

Every child deserves to be cared for by teaching staff who are aware of and practice emergency preparedness. This session will cover the basics of what teachers need to know in the event of an emergency including, how to plan for natural disasters or man-made events.

[Thu., Mar. 11 | 11 am-1 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

(VIRTUAL) PLAYGROUND SAFETY

Do you know what makes a playground safe? This 4-hour session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and will view a video of a certified trainer explaining important points of a playground inspection. **Class time will consist of 3 virtual hours and an additional required hour spent on your own completing an Inspection Checklist, Audit, and Inventory of your playground. Upon completion and verification, your certificate will be sent to you.*

[Thu., Feb. 25 | 9 am-12 pm | Meck/Zoom](#)

[Wed., Mar. 31 | 1-4 pm | Meck/Zoom](#)

\$25 | 4.0 credit hours | Level: Entry

INFANT/TODDLER

GETTING STARTED WITH ITERS

Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This training provides an overview of the ITERS-R and will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during, and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale-Revised edition.

[Tue., Mar. 16 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

[Tue., Mar. 9 | 6:30-8:30 pm | Union/Zoom](#)
[Sat., Mar. 13 | 9-11 am | Meck/Zoom](#)
\$15 | 2.0 credit hours

[Tue., Mar. 16 | 6:30-8:30 pm | Rowan/Zoom](#)
\$10 | 2.0 credit hours

[Tue., Mar. 30 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

PRESCHOOL

CREATING A CLASSROOM COMMUNITY

Does your schedule seem erratic? Are your transitions tricky? In this session, we will discuss classroom structure with a focus on creating a classroom community. By understanding how to build community within a classroom – where expectations are known, where there is ease into transitions, and routines and schedules are appropriate – you will gain a new awareness of how to make the classroom more enjoyable!

[Thu., Mar. 18 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

MAKING SCIENCE FUN FOR CHILDREN

In this session we will discuss how children approach and learn about science, how to prepare activities for different age groups, and how to set up your Science Center.

[Wed., Mar. 24 | 9:30-11:30 | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Entry

PROMOTING FRIENDSHIP AND SOCIAL PLAY IN PRESCHOOL

This session will give practical ideas and strategies for dealing with children who have a difficult time making friends. It will also provide information on how teachers can help in this process and an overview of the children who may experience difficulty in making friends.

[Wed., Feb. 24 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

TEACHING STRATEGIES – DISTANCE LEARNING COLLABORATION

Join us to share ideas, express concerns, and collaborate with your NC PreK teaching peers. NC PreK Specialist Cathy Stewart will facilitate the training. Topics covered will include online lesson plans, documentation in the classroom and virtually, the transition to the state license, using the creative curriculum cloud for in-person and remote learning, requirements for using the Distance Learning Solutions, and more! *For Rowan County NC PreK Teachers only

[Wed., Feb. 24 | 6:30-8:30 pm | Rowan/Zoom](#)
No fee | 2.0 credit hours | Level: Beginner

UNDERSTANDING THE ECERS-R

This session provides an introduction to the Early Childhood Environment Rating Scale, Revised (ECERS-R), what ECERS-R assessors are looking for, and how the ECERS-R can be used as a guide to help improve the quality and effectiveness of a program. We'll give guidance on how the 7-point scoring system works, learn about definitions and key terms used in the ECERS-R, and we'll learn strategies and methods for improving the quality of care in every aspect of the learning environment, including promoting early literacy and reasoning skills; maintaining developmentally appropriate play spaces; ensuring high-quality supervision, discipline and guidance; and providing dynamic staff-child interactions

[Thu., Mar. 4 | 6:30-8:30 pm | Union/Zoom](#)
\$15 | 2.0 credit hours | Level: Entry

PROFESSIONALISM

CONNECTIONS: A VIRTUAL TEACHER COLLABORATION

Representatives from WAGES and TEACH will be present to discuss their programs for interested ECE staff. Teachers will have a chance to connect and learn from each other during this session.

[Thu., Mar. 4 | 6:30-8:30 pm | Rowan/Zoom](#)
No fee | 2.0 credit hours | Level: Beginner

HOW TO THRIVE DURING CHALLENGING CONVERSATIONS

We all want to be heard. It's gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and hear our point of view even if they don't agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.

[Fri., Mar. 12 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

TURNING DIFFICULT SITUATIONS AROUND

No matter what you do in life, there will be challenging situations to face, both personally and professionally. These types of challenges need to be corrected and handled with openness to learn from the situation. In this session, we will explore the eight common causes of conflict in the work place and the strategies to use to resolve conflicts to turn difficult situations around!

[Fri., Mar. 26 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours

SCHOOL-AGE

BSAC (BASIC SCHOOL AGE CARE)

BSAC (Basic School Age Care) is an introductory-level training event for school-age care professionals who are new to the field. The training includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/ Youth Development 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School-Age Care. This training is required by the NC Division of Child Development for school-age care professionals working in licensed programs but is a great training for new staff in any afterschool program setting. There are no prerequisites to the course. *Course requirements to earn the CEU certificate include attending online sessions, reading handouts, video vignettes, and interactive online activities. *Participants in the online event will be required to complete 1 hour of pre/post work assignments and participate in 4 hours of online course work.

**Participants must attend both sessions*
[Tue., Mar. 23 & Thu., Mar. 25 | 9-11 am](#)
[Meck/Zoom | \\$25 | 5.0 credit hours](#)
0.5 CEUs | Level: Beginner

REFLECTING ON SCHOOL-AGE QUALITY

We all have bad days. From ripped materials and screaming students to failed learning activities and chaotic transitions, all school-age professionals have days they wish they could do over again. With reflective practice, school-age professionals can take these past "failures" and transform them into future success. Join other school-age professionals in a training that explores the process of reflective practice in afterschool and summer camp environments. Participants will gain valuable insight in how to spot potential weaknesses in their teaching approach and develop these shortfalls into strengths.

[Tue., Mar. 16 | 6-8 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

SOCIAL & EMOTIONAL DEVELOPMENT

DEEP BREATHING: A CONNECTION TO CALM

This training is geared toward informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of and evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team/s.

[Wed., Mar. 10 | 6:30-8:30 pm | Rowan/Zoom](#)
No fee | 2.0 credit hours | Level: Beginner

PREVENTING CHALLENGING BEHAVIORS: AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE

The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.

[Thu., Mar. 18 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

REGISTRATION FORM

*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: _____

Organization Address: _____

City: _____ State: _____ County: _____ Zip Code: _____

Organization Phone Number: _____ Fax Number: _____

Email Address: _____

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _____

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217 *Credit Card Payments accepted online only.