

Honors Psychology 101

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Introduction to Psychological Science –Section 07

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*will respond within 24-hrs

TIME: T/TH 1:00-2:45

LOCATION: AH 234

OFFICE HOURS: T/TH 11-12:45

W 1:00-5:00 & by Appointment

Schedule at:

<https://www.mnsu.edu/mavconnect/>

COURSE INFORMATION

1.) **Course Description:** There couldn't be a better time to take a Psychological Science course! Now more than ever we use psychological principles and findings to understand human behavior, society, and ourselves. Every bit of content is grounded in these important ideas:

- **Psychology is a Science and will be responsible for answering big questions for our world.**
- **Psychology requires a strong understanding of the BRAIN and the fundamentals of RESEARCH.**

Psychological Science: The goal of this course is to give you a broad overview of the concepts and themes involved in the field of psychology, the scientific study of behavior. In this course we will explore the science of psychology by examining theoretical aspects and then applying them in class discussions, assignments/exams, and everyday situations. Together we will examine the following broad topics of psychology: Origins of psychology, basic research methods, brain and behavior, nature and nurture of behavior, development, sensation and perception, consciousness, learning, memory and cognition, thinking and intelligence, personality, psychological disorders/therapy, and social psychology.

Honors: This course provides you the same knowledge and understanding required of all students studying the Science of Psychology in an introductory course; however, we will be examining gaps in student understanding of learning and memory. You will be assessing your own Learning and Study Strategies through an assessment called the Learning and Study Strategies Inventory (LASSI). LASSI is designed to gather information about learning and study practices and attitudes. After completing the LASSI assessment, you will focus on learning specific strategies and study skills to benefit your own learning. Finally, you will focus on LASSI assessment outcomes and connect this information with course content.

2.) **Major Course Goal:** Throughout the course you will **learn** basic concepts and general theories in psychology. You will develop critical thinking skills about contributions to psychology by **analyzing** scientific psychology vs. pop psychology. Through this process you will **reflect** on what separates scientific psychology from other information so you can lead others interested in Psychology by communicating correct knowledge of human behavior.

3.) **Course Learning Outcomes:**

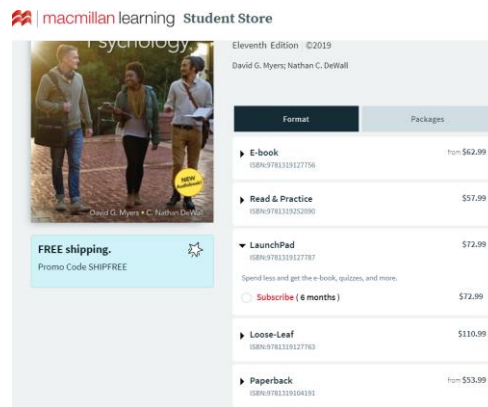
1. **Leadership**-Develop skills and values by learning Psychology knowledge and then teaching it to peers.

2. **Research**-Understand Psychology knowledge through investigation, synthesis, and integration.
3. **Written & Oral Communication**-Present information and ideas effectively in a variety of contexts.
4. **Social and Cultural**-View Psychology through a diverse and rich set of viewpoints.

REQUIRED COURSE MATERIALS

1.) **Primary Text Resource: LaunchPad for Myers's Exploring Psychology, 11th Edition** (6-month access)

Note, this is \$72.99 from the [Student Store](#) at MacMillan Learning online (see picture below).



- You can buy the access code from the bookstore BUT the price is \$100
- You DO NOT NEED a loose-leaf version, although you can buy one (see picture above).
- You will be able to download e-book pages and print them if desired.
- A print copy will be available for check-out as a course reserve in the library. Go to the circulation desk and ask to check out the text for 101-07 Lassonde.

Follow these steps to access the **Primary Text: Launchpad Myers:**

- Find our Course Launchpad Site here:
<http://www.macmillanhighered.com/launchpad/exploring11e/9860735>
- Bookmark the page to make it easy to return to.
- Enroll in this course using one of the following options:
 - a.) If you have an access code, select "I have a student access code", enter the code exactly as it appears on the card, and click Submit.
 - b.) If you don't have an access code, either purchase a text package that includes one OR click "I want to purchase access" and follow the instructions.
 - c.) ****If you need to start working but can't purchase right away, select "I want temporary access" and follow the instructions. Please note: Your grades are linked to your Launchpad account username (email address). If you use temporary access, make sure you purchase or register your code using the same email address for your paid access.**

If you have problems registering, purchasing, or logging in, please contact Customer Support.

2.) **Secondary Text Resource: Learning How to Learn: How to Succeed in School...** (2018). Oakley, Pend Rand Publisher.

- See [author website](#) for resources and to order online.
- Can also be purchased at the bookstore for about \$15

2.) Desire 2 Learn: D2L will be used for out-of-class communication, and for posting course material. You should check our site several times a week. Launchpad will initially contain scores on e-book assignments. However, all final versions of your grades will be kept on D2L so you will have easy access to them. Please keep up with your grades. If you have a question or you think something is wrong, please contact me. Do not wait until the end of the semester.

LEARNING ASSESSMENTS

1.) Exams: There will be six, progressive-style exams throughout the semester. A progressive exam is one that continues to build by integrating old content with new. Progressive exams ensure important content is repeatedly tested. Research on learning demonstrates students need to be tested several times on material for it to be retained longer than a few hours or days.

- **Exams 1-6** are scheduled during the regular semester. You will be required to complete each exam outside of class. Exams will be distributed on the date described in the Course Outline (see below). You will have until the next class period to complete your exam.
- **A cumulative Final Exam** will be given during our designated final exam time, also indicated on the outline. This exam, due to the progressive nature of all 6 exams will be the same as Exam 6. If you have taken all 6 in-class Exams, you do not have to complete the final. However, if you wish to replace any lower-score previous exam, you can use your your Final Exam score percentage in place of it.

2.) Launch Pad Quizzes: Learning Curve Quizzes & Chapter Summary Quizzes: Due dates for each are found in the E-book calendar.

For each chapter there are two types of quizzes:

- a.) **“Learning Curve” Quizzes.** These are quizzes designed to ensure you are reading and understanding chapter content. You should complete these as you read each chapter on launch pad.
 - You complete this activity by answering questions until they reach the target score.
 - Once you reach the target score, they receive full credit (a grade of 100%) for completing the activity.
 - Completion earns you 5 points for each quiz.
 - You may continue answering questions to review even after they’ve completed the activity or after the due date has passed.
- b.) **Chapter Practice Quizzes.** These occur after you have read each chapter. There are 15 questions for 10 points.
 - You have **2** attempts for each quiz; your highest score will count.
 - You will be allowed **45 minutes** for each quiz attempt.
 - You can take the Quizzes from when they are made available (posting date) until the class period the day of the **Exam** covering that material is due.

3.) Participation Exercises: Due to the small size of focus of this course, your attendance and active participation is paramount to your success. You should come to class having done your assigned readings to the best of your ability so that you can ask informed questions and participate in discussion. You will be consistently engaged by participating in min-activities and assignments. You will only know what is required for these by coming to class. They allow me to more spontaneously plan and conduct activities geared to student needs/preferences.

Mini-Assignments (In-class assigned activities): About once a week you will be required to complete mini assignments based on course content (e.g., asked to come to class with a set of questions or activity complete). These assignments will be randomly collected and will count towards your grade. You **MUST** be present in order to receive credit when mini-assignments are collected. I reserve the right to determine if your work is of high quality; that is, it needs to be clear that you are actively participating and have engaged with the material. **There are no make-ups for missed mini-assignments.**

4.) Course Project: LEARN a Research-centered project to become a more successful student. 50 Common Psychological Misconceptions Course Project-

- You will be assessing your own Learning and Study Strategies through an assessment called the Learning and Study Strategies Inventory (LASSI). LASSI is designed to gather information about learning and study practices and attitudes. After completing the LASSI assessment, you will focus on learning specific strategies and study skills to benefit your own learning. Finally, you will focus on LASSI assessment outcomes and connect this information with course content.
- The final project will include a written research paper and a presentation with a teaching component.
- This project will fulfill aspects of your Honors competencies of Research and Leadership. The completed project and your reflection on the project will become an ARTIFACT for your Honors Portfolio. *A complete description of this course project will follow

5.) Extra Credit: Participation in Research: Participation in Research: You may earn up to **16** extra credit points toward your exam point total by participating psychology research. A few weeks into the school year, you will receive an email with your user ID and password. If you forget your password or username, there is a link on the bottom of the screen you can click to have it emailed to you. Please check the site often, as new research opportunities will appear throughout the semester. Do **NOT** wait until the last few weeks of the semester to participate, as experiments tend to fill up quickly at the end of the semester. You are responsible for signing up for research and showing up on time for appointments, or letting the researchers know if you need to cancel—if you miss more than 4 appointments, you will no longer be eligible to participate in research studies for the current semester. You will earn 1 point of SONA credit for each 15 minutes of online research you complete, and 2 points of SONA credit for each 15 minutes of in-person research you complete.

Opportunities for participation are posted at <http://mnsu.sona-systems.com/>

Grading Procedures:

1.) Participation: Mini-Assignments	15%
2.) Launch Pad Quizzes: Learning Curve and Chapter Practice	15%
3.) 6-Exams ~ 6% each	35%
4.) LEARN Course Project	35%

CLASS PROCEDURES

1.) Participation: Participation by asking questions and being engaged in class will improve your learning experience. If you miss a class it is your responsibility to get the notes and or work, handouts, or assignments. **Please do not email and ask “what did I miss?” You will always miss something.*

2.) Electronics: Electronics such as laptops can be used during class. Having a laptop for in-class work is encouraged. See me if you cannot bring one to class. If any device becomes a distraction in class, I will speak to you and you may lose participation points.

3.) Arrivals: Please arrive on time! Coming in late, finding a seat, getting your notes out, etc. can be quite disruptive.

4.) Departures: I expect you to remain here for the entire class. If you have to leave early please speak to me before class.

5.) Email: Please put **PSYC: 101** in the subject of your email. I welcome questions/comments from you; however, please do not email me late in the evening and expect I will be able to reply to you then. I will do my best to respond to your email within 24 hours. Consult your syllabus and D2L for information before you email me. Chances are you can find what you need there. **DO NOT EMAIL ABOUT GRADES.** Grades will only be discussed by scheduling an office hour appointment.

6.) Make-up Exams: There will be no makeup exams. It is your responsibility to come to class and find out when the exams will be held. If you know for some reason that you will not be able to take an exam on a given date, you must see me **BEFORE** the exam to make necessary arrangements to take the exam in advance.

7.) Accessibility Resources: Every effort will be made to accommodate qualified students with disabilities. If you are a student with a documented disability and you will require special accommodations in this course, please contact the Accessibility Resource Office at <http://www.mnsu.edu/access> (507) 389-2825 or 1-800-627-3529 for assistance in developing a plan to address your academic needs.

8.) Other Academic Support Agencies: There are a number of organizations on campus that can help you with academic and non-academic related needs. If you have a problem that you would like to discuss at any point in the course, please come and talk to me and I can point you in the direction of a suitable resource.

9.) Academic Honesty: I expect that you will conduct yourselves with honesty and academic integrity while in this class. MSU, Mankato students are obligated to adhere to the [Statement of Student Responsibilities](#). Students caught cheating will fail that specific assignment and may be turned over to student affairs for formal discipline.

COURSE OUTLINE

KEY: When no name prefaces “Chapter,” assume Myers main text. “Learning how to Learn” readings are indicated by author name, “Oakley” and will often be accompanied by an in-class mini-assignment. Quizzes marked “LC” indicate in text chapter quizzes, worth 5 points each and those marked “Practice quizzes” occur at the end of each chapter for 10 points. Exams are to be completed outside of class and are due the class-period following when they are assigned.

DATE		TOPIC	READINGS Due	ASSIGNMENTS Due
Tuesday	1/15	Course Introduction		<i>None</i>
Thursday	1/17	Course Introduction	Pre-reading Myers, FM 10 & “Student Preface” and Appendix A”	
Tuesday	1/22	Thinking Critically	Chapter 1	Ch 1 LC Quizzes
Thursday	1/24	Thinking Critically Continued	Oakley: Chapters 1-3	
Tuesday	1/29	Biology of Behavior	Chapter 2	Ch 2 LC Quizzes
Thursday	1/31	Biology of Behavior Continued Course Project: Learn Introduction Exam 1 Assigned	Oakley: Chapters 4-5	
Tuesday	2/5	Consciousness and Two-track mind	Chapter 3	Ch(1-2) Practice Quizzes; Exam 1 LASSI pre-test; Ch 3 LC Quizzes
Thursday	2/7	Consciousness Cont; Course Project: LASSI	Oakley: Chapters 6-7	
Tuesday	2/12	Developing Through Lifespan	Chapter 4	Ch 4 LC Quizzes
Thursday	2/14	Development Continued; Exam 2 Assigned		
Tuesday	2/19	Course Project: Research Workshop		Ch(3-4) Practice Quizzes; Exam 2
Thursday	2/21	Sensation & Perception	Chapter 6; Oakley: Chapters 8-9	
Tuesday	2/26	Sensation & Perception Continued		Ch 6 LC Quizzes
Thursday	2/28	Course Project: Writing Development	Oakley: Chapters 10-12	
Tuesday	3/10	Spring Break: No Class		
Thursday	3/7			
Tuesday	3/12	Learning	Chapter 7	Ch 7 LC Quizzes
Thursday	3/14	Learning Cont; Exam 3 Assigned	Oakley: Chapters 13-14	
Tuesday	3/19	Memory	Chapter 8	Ch(6-7)Practice Quizzes; Exam 3 Ch 8 LC Quizzes
Thursday	3/21	Memory Cont		
Tuesday	3/26	Course Project: Peer Work		Ch 9 LC Quizzes
Thursday	3/28	Creativity & Intelligence *limited pages; Exam 4 Assigned	Chapter 9; Oakley: Chapters 15-16	
Tuesday	4/2	Course Project: Leadership-mentoring work		Ch(8-9)Practice Quizzes; Exam 4 Ch 12 LC Quizzes
Thursday	4/4	Personality *limited pages assigned	Chapter 12	
Tuesday	4/9	Social	Chapter 13	Ch 13 LC Quizzes
Thursday	4/11	No Class – Course Project work Assigned		
Tuesday	4/16	Social Cont; Exam 5 Assigned		Ch(12-13) Practice Quizzes; Exam 5
Thursday	4/18	Disorders	Chapter 14	
Tuesday	4/23	Disorders Continued		Ch 14 LC Quizzes LASSI Pre-test Ch 15 LC Quizzes
Thursday	4/25	Therapy *limited pages assigned	Chapter 15	
Tuesday	4/30	Course Project: Presentations; Exam 6 Assigned	Chapter 15	Ch (14-15) Practice Quizzes; Exam 6
Thursday	5/2	Course Project: Papers Due		
5/10		Cumulative Final Exam: Friday, May 10 12:30-2:30p.m.		

