



Coaching Philosophy

Our goal is to create a unified basketball family, one that motivates each player to see and feel her value as a young woman, a student-athlete, a teammate, and a performer.

We believe family and education are pillars upon which every successful player must build her life's foundation. Our love of basketball is what has brought us together, but the lessons we learn from each other must carry weight beyond a high school season of sport. If the coaching staff learns that a player is underachieving as a family member or as a student, improvements will take priority over the privilege of playing basketball.

Most of our coaching philosophy can be organized into four categories.

ATTITUDE: Enthusiasm, sportsmanship, confidence, humility, gratitude, toughness

COMMUNICATION: Respect, honesty, diplomacy, conflict resolution

TEAMWORK: Consideration, loyalty, responsibility, sacrifice, accountability

SUSTAINED EFFORT: Endurance, reinforcement, consistency, determination

These **A.C.T.S.** will be reflected in the way we play basketball. On offense our team will move the ball quickly and selflessly looking for the best opportunities, then empower our teammate to score on our behalf. On defense our collective effort and preparation will make us seem faster, stronger, and smarter to our opponents than we ever could individually.

Our players will learn to find a balance between planned strategy and free flowing creativity. They will work toward a common goal while asserting themselves as individuals. They will confront disadvantages bravely and they will ask for help without fear of judgement. In winning as a team, they will find a spotlight bright enough to make them all stars.

Our coaching staff is passionate, meticulous, competitive, and caring. We will do everything in our power to help these young women find peace of mind in their accomplishments both off and on the court.

2021 UPDATE: The last twelve months have reminded us all that our outline for basketball success, as in life, should always be written in pencil. We strive to hope for the best, prepare for the worst, and be grateful for every practice and game we can experience over the next three months. We thank everyone involved for their continued patience and support.