

MARINA MAKES *THE STORY OF US* RECIPES SHOPPING LIST

PRODUCE

- 1 Lemon
- 2 tablespoons of chopped fresh basil
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MEAT, FISH & POULTRY

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DAIRY & EGGS

- 4 oz of whole milk ricotta
(vegan option: tofu ricotta which is sold in stores)
- 1/2 cup of heavy cream (vegan option: cashew cream - 2 parts water to one part cashew)
- 1 1/2 cups of shredded fontina cheese
(vegan option: vegan shredded mozzarella)
- 1 cup of shredded provolone cheese
(vegan option: vegan shredded mozzarella)
- 1 1/2 cups of parmigiano reggiano
(vegan option: vegan parmesan)
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BAKING, SPICES, OILS & CONDIMENTS

- 1/4 cup of chopped walnuts
- 1/8-1/4 cup of pure honey
- 1/4 cup of canola oil
- Salt
- 23-25 oz jar of marinara sauce
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BREAD, GRAINS & CEREAL

- 4 slices of a baguette
(GF option: gluten free artisan bread or baguette)
- 12 oz of penne pasta
- (GF option: brown rice penne or rotini)
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DRY/CANNED GOODS & PANTRY SNACKS

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FROZEN FOODS

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BEVERAGES

- 2 shots of limoncello
- 2 shots of cranberry juice
- 1 cup of club soda
- 1 shot of vodka

MISCELLANEOUS

- Ice
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