

# NEWSLETTER



## In this issue:

President's Report by Richard George

CCC It's Relay Time

Jetty Swim Ballot and First Timers Preparation

New: Masters Events and News

The Social Corner And Events Invitations

**Club Membership:** is 127 (as of 29/09/25). We welcome Esther **Le Barby**, and also welcome back **Tanya Gibson** and **Adam Oldmeadow**. Our 16-month membership option is still available. Except for those with a 16-month membership, all current members will need to rejoin after December 1<sup>st</sup>, 2025, for the 2026 season. Remember not to delay so you are ready for the new swimming year.

New members, speak to a coach who can access your Masters Welcome pack. This pack includes your fluoro green **The Par 3** sponsored Club cap and MSAW **"Gold" 50-year Masters celebration cap**.



The sun is shining - hooray. Blue skies and sparkling smiles! Our Busselton Water Saturday Swim kicked off last weekend under near-perfect spring skies.

Ask about joining Bold and Beautiful to log your kilometres and enter a monthly draw – win a \$100 Budy Smugglers prize – and inquire about our **Messenger groups**. Members can also join the <https://mastersswimming.org.au/programs/million-metres-program/> and use the VORGE App. You receive awards for every 1 million metres (1000 km) you swim.

## AGM and Club Committee

**The November 1<sup>st</sup> AGM** is just a month away. The Committee will hold the AGM after the CCC Relays. This year, we are eager to take a 2025 Members Photo. Please wear your Club shirts if you have one. We are also planning a BBQ breakfast at the GLC after the swim.

This year, the AGM will include the consideration of our first LIFE MEMBERSHIPS. It will also review our revised By-Laws and the regular election of Committee Executive and General Committee members. Additionally, we will set the 2026 Club Fees at the AGM. We will be seeking new Committee members. Please set aside some time to come along and support your Club.

## Coaching

The club's amazing coaches have been very busy completing our winter sessions. I want to acknowledge all of them for their outstanding work. A lot happens in the background to ensure someone is on the pool deck six times a week, plus the option on Sundays, so you can swim when it suits you. Trish's Monday Fishes and Andrew Sexton's Saturdays remain very popular, with weekdays meeting our needs. Winter nights have been slower than we'd hoped, and we appreciate the Tuesday and Thursday regulars, as well as Steve Gibson's coaching commitment. I want to thank all the members of the coaching group on your behalf. They all bring something different to the pool deck, and that makes our swimming enjoyable and the club so amazing!

## Club Swimming

**Next weekend's CCC RELAY Carnival has been postponed until 1st November** due to the wet and windy weather forecast. This will delay the conclusion of the **Country Correspondence Carnival**, but may also give anyone who missed out a chance. There have been some incredible swims across sprints and endurance events, including Andrew Sexton's 25m return to the pool.

On behalf of the Club, we extend a big thank you to **Julie O'Connor**, who prepares the weekly records and records everyone's swim times as we accumulate points to compete against other Clubs. Julie's collated results are added to the Master's Records for future reference. The Committee will be considering whether the Club will host the CCC in 2026.

"SWIMMING IS NOT JUST A SPORT; IT'S A WAY TO ESCAPE, TO BREATHE, TO FIND PEACE IN THE CHAOS OF LIFE."

Please share your thoughts and let us know if you're willing to lend a hand.

**Andrew Sexton on Saturdays.** Andrew's 6-lane **Busselton Water**-sponsored coached sessions will continue until Saturday, 8<sup>th</sup> November, when we move to the Ocean at the Busselton Foreshore. Many members asked the Committee to extend the sessions a little longer until the Ocean warms up.

**Planning Summer swimming.** The Club's summer GLC program has been finalised. Several GLC sessions will end as we all head back to the ocean, particularly in the early months of 2026. Tuesday and Thursday 7 pm sessions will run all year. Please speak with the coaches, read the newsletter, or check the Google Calendar on the website for details about the summer program. The club welcomes your feedback, so let us know your thoughts, too.

## Ocean Swims

With the cold winter months behind us, **Club Ocean Swims** will start at 8:30 am on Saturday, 15<sup>th</sup> November, and will continue every Saturday (approx.) at the Foreshore until the nets go out and we head back to the GLC. Throughout the summer, groups of club members and friends also swim **Ocean Social Swims** at 8:30am at the Foreshore on Mondays, Wednesdays, and Fridays. Another group swims socially at Yallingup and Dunsborough. Timing and locations depend on crowds. Around Christmas, swimmers also join Busselton locals as we go around the Jetty for another OSS.

- **Jetty Swim 2026** – remember that the BALLOT for the swim opens on October 1 and closes on October 8 for the SOLO and 1-MILE swims. Log on to the Jetty webpage to check key dates and to ENTER. <https://busseltonjettyswim.org.au/event-categories/key-dates-2/>
- **GeoBay 2025** kicks off the same day the Club returns to the Ocean. Good luck to all the Club swimmers and paddlers in the <https://www.geobayswim.com.au/>



# PRESIDENTS REPORT CONTINUES

**Heads up** – The City of Busselton will be working in the King Street area throughout much of this summer, constructing groynes and related erosion protection works. Except during the Christmas school holidays, the King Street car park is likely to be CLOSED most of the time. We will monitor the situation and make any necessary changes.

## Social Events.

Busselton Masters Social Club has several events in the pipeline. The Annual Bike Ride this year starts at 'Marmalade Witchy' in Witchcliffe after a 9 am meetup on October 26th, and it's a highlight on the Social Calendar. There is a coffee stop planned along the route, with lunch at 'Dear Darnalls'. This part of the ride is similar to Cowaramup to Margs, but for 2025, we're trying a new section. Check the attached newsletter for details. Thanks to Lynette Gittos and her team for organising all the events as we approach Christmas.

**The next Committee** meeting is on Wednesday, 15<sup>th</sup> October, at the Yacht Club. Please speak to Club Secretary Tess, Committee members, or myself about any issues you'd like raised.

**Remember**, nomination forms for the 2026 Committee are available from Tess. We would greatly appreciate it if you would consider putting your hand up for next year's Committee. Positions will be available. We need members to share the role of maintaining and building our Club.

Volunteers run most clubs around the world, but the best clubs are those where responsibility, fun, and leadership are shared among as many members as possible.

Thank you.

**President – Richard George**

Out and about



Sea Salties – blue skies smiles



SWIMMING FOR CHARITY

**MSWA's swim returned to Bunbury after nearly 10 years**

Swimmers from across the South West gathered in Bunbury over the weekend, taking part in a seven-hour relay to raise money for MSWA

Rose Patane



Di & Steve swimming under waterfalls in Litchfield Park



Sunsafe Sharon with her one on one camp coach Gary Hurring in the Maldives

🎵 The **Uke-Alongs** are deep into rehearsals for our annual Christmas Party. They meet every Thursday from 2:00–3:30pm at Di and Steve's place. **All musos are welcome to join the fun!** 😊🎵



Trish & Sharon made the West Online!

# MASTERS NEWS AND EVENTS



Stadium Masters Swimming Club invites MSWA members to participate in the

## 2025 Act Belong Commit Club Challenge Series Meet

### MEET OVERVIEW

- The event is a round of the National Swim Series.
- There will be 200 m, 100 m and 50 m races in all four strokes and freestyle relays.
- The event will be held in a 50 metre (LC) indoor pool equipped with electronic timing.
- Presentations and refreshments will be held after the event at the UWA Hockey Club located adjacent to the swimming venue.

### MEET DETAILS

Date	Sunday 19 <sup>th</sup> October 2025
Venue	HPC, Stevenson Avenue, Mt Claremont
Warm-up time	8.00 am to 8.45 am
Start time	9 am
Finish time	1 pm
Cost of meet and Pool entry	Cost of meet entry is \$25 per swimmer Including pool entry
Entries Close	10 <sup>th</sup> October 2025) (Late entries will not be accepted)
Registration link	<a href="https://www.myswimresults.com.au/Entries.aspx?MeetID=MAU%7C72">https://www.myswimresults.com.au/Entries.aspx?MeetID=MAU%7C72</a> Or scan QR code below
Contact details	Helen Loake Mobile: 0448102743 Email: helenloake@gmail.com

### EVENTS

Swimmers may participate in 3 events and in an appropriate Relay

1. 200 m IM 2. 200 m Free 3. 200 m Fly 4. 200 m Breast 5. 200 m Back

**(Please choose only one of these events above)**

6. 100 m Free 7. 100 m Fly 8. 100 m Breast 9. 100 m Back

**(Please choose only one of these events above)**

10. 50 m Freestyle. 11. 50 m Breaststroke 12. 50 m Backstroke 13. 50 m Butterfly 14. 4 x 50 m Women's Freestyle Relay 15. 4 x 50 m Men's Freestyle Relay

### RULES AND IMPORTANT DETAILS

The meet is open to all Masters Swimmers. The meet will be limited to the first 150 swimmers who nominate

- Masters Swimming Australia swim rules apply to this meet.
- Swimmers may participate in 3 events and in an appropriate Relay
- All participating clubs must provide timekeepers
- Members should wait up to five (5) working days after becoming financial before member details will be available for direct swimmer entry
- The Club Captain will ask for relay availability on the closure of individual entries
- For event enquiries, please contact the Meet Coordinator:

Helen Loake - Mobile: 0448102743

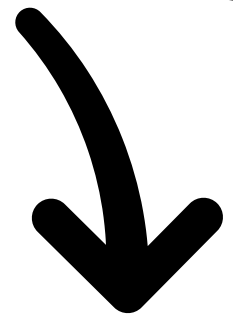
Email: helenloake@gmail.com.

If you are unable to register but are a current financial member, please contact [communications@mswa.asn.au](mailto:communications@mswa.asn.au)



# ENTER

# HERE





# MASTERS NEWS AND EVENTS

## 2025 / 2026 Open Water Events (Draft)


Date	Event	Location	Distances	Type
Sat 15/11/25	Geo Bay Classic	Dunsborough → Busselton Jetty	20 km	Ocean • Teams & Solo
TBA Sun 30/11/25	Augusta Swim	Flinders Bay	Choose your distance	Ocean • Social
Sat 10/01/26	MR Ocean	Gnarabup	1 km	Ocean • Solo
22–25/01/26	Swim Australia OWS Champs	Koombana Bay	500 m – 10 km + Community	Ocean • Solo
Sat & Sun 7–8/02/26	Busselton Jetty Swim	Busselton (Sat Teams / Sun Solo)	500m / 1 km relay / 1.6 km / 3.6 km	Ocean • Teams & Solo
Sat 21/02/25	Swim-Thru	Barretts, Bunbury	1.6 km (Nominated Time)	Estuary • Solo
Sun 8/03/25	Jetty to Jetty	Coogee	750 m / 1.5 km	Ocean • Solo
TBA Sat 14/03/25	Steve's Trophy	Busselton West St Nets	850 m / 1.7 km (Nominated Time)	Ocean • Solo
Easter Sat 4/04/26	Bay Swim	Gracetown	1 km	Ocean • Solo

### Other Swims to Consider

- WOW Series (2025–26): [wowswims.com.au](http://wowswims.com.au) – 250 m “try it” up to 10 km
- OWS Series (2025–26): [wa.swimming.org.au](http://wa.swimming.org.au) – 500 m up to 10 km
- Sat 21/02/25: South 32 Rottnest Channel Swim – 19.7 km • Ocean • Team & Solo

December 7, 2025

# IRONMAN WESTERN AUSTRALIA

 Busselton, WA, Australia



Please start signing up to volunteer at the Transition Aid Station. This is our Club's biggest fundraiser.

If you are a previous volunteer, [Sign Up Here](#)

If you are a new volunteer [Sign Up Here](#)

Having any difficulties? email [andrewhembroff@gmail.com](mailto:andrewhembroff@gmail.com)

# MASTERS NEWS AND EVENTS

## Saturday, November 1st — CCC Relay Carnival 08:30–09:45

It's teamwork time! Our CCC Relay Carnival is all about fun, friendship, and the joy of swimming together. We'll be organising as many relay teams as possible, so everyone has the chance to jump in, support one another, and share the excitement.

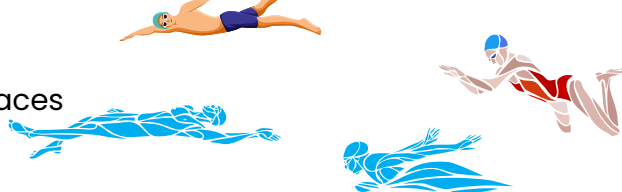
What to bring:

- Your deck coat or warm clothing for before and after races
- An extra towel
- Plenty of water to stay hydrated

After the splashing and cheering, we'll have our AGM and a delicious BBQ for a hearty breakfast together.

This is a perfect way to warm up, refuel, and celebrate our team spirit!

Please RSVP to Julie so we can plan teams



### SWIM WITH WILD & OLYMPIC –DOLPHINS!

Bunbury's famous bottlenose dolphins will share the stage with Australia's best open water swimmers when the **2026 Australian Open Water Championships & OceanSwim Festival** comes to **Koombana Bay, 22–25 January**.



This four-day festival is Australia's premier open water event, combining **Open and Junior National Championships** with community swims. Hundreds of athletes, including internationals, will compete for a **\$50,000** prize purse in the men's and women's 10km.

Local Olympian Kyle Lee will headline the field after his breakthrough national title earlier this year. The Championships also serve as a **pathway to the 2026 Pan Pacifics in California**.

Stay tuned to **Swimming Australia's website and socials** for entry and accreditation details.

## Swim for Life Virtual Swim

### About Swim for Life Virtual Swim

A virtual challenge where members can track their laps swam over 4 weeks to win individual and club prizes. The challenge also provides the option for participants to fundraise for the registered charity Mens Talk to help fund men's mental health initiatives.

Participants log their laps from Monday 28th October to Friday 22nd of November via the Mens Talk platform which will populate a live ladder of the individuals and Masters clubs that have swam the furthest and those that have fundraised the most.

Prizes are available for individuals and clubs.

### Why Mens Talk and Mental Health?

2 in 5 people will experience a mental health condition in their lifetime. Men are statistically less likely to seek help and more likely to die by suicide, making mental health support crucial. Men's mental health also affects the partners, families, friends, colleagues and teammates of those that live work and play with men. Supporting mental health is a strategic priority for masters



If you're hunting for club merch anything from beanies, T-shirts, windcheaters, and club swag, zoom over to **Work Clobber at 65A Strelly Street, Busselton!**

They'll jazz up your threads with **snazzy embroidery of the Club logo and your name.**

Masters Swimming WA Swim for Life Virtual Swim 28th October to 22 November. Information in the above link. Busselton Masters Club  
REGISTRATION CODE IS 886480. Many thanks, you legend




# GENERAL CLUB NEWS


## Busselton Jetty Swim 2026 – Ballot Opens Oct 1

It's all about participation, and there's a distance for everyone! The Busselton Jetty Swim is known as one of the friendliest, most inclusive swims in Australia – and that's why people return year after year.

### 🌟 **Ballot Opens: Tuesday 1 – 8 October** **3.6km Solo Swim**


Our signature swim around the southern hemisphere's longest timber-piled jetty.


 Sunday 8 February

 Entry via Ballot

### **One Mile Swim to Shore (1.6km)**

Walk to the end of the Jetty and swim back to the beach.


 Sunday 8 February

 Entry via Ballot

### **2 or 4 Person Teams (3.6km)**


Share the challenge with friends! Each swimmer covers part of the jetty course, with beach starts and finishes.

 Saturday 7 February

 Entry via General Entry

### **Simon's 500m Shortcut**

Take the shortcut UNDER the jetty. Perfect for anyone looking for a fun, social swim with family and friends.

 Saturday 7 February

 Entry via General Entry opens Oct 15

### **Kids Swim**

Kids aged 8 to 12 years can dive into the fun with a 220m swim around the Busselton swimming jetty.


**When: Saturday 7 Feb**

**Entry: General**

### **Training Profile: First-Time Jetty Swim Training**

Thinking about your first Busselton Jetty Swim? Whether it's the iconic 3.6km solo around the Jetty or the 1.6km Mile Swim to Shore, preparing well makes all the difference.

We are offering dedicated training for first-time participants in both the 3.6km and 1.6km events. These sessions are designed to help newcomers build confidence, improve their fitness, and acquire the skills needed to enjoy swimming safely.

 **When:** Integrated with our regular Saturday morning swims at the Bay

#### **What to Expect:**

- Introduction to open water skills
- Pacing and distance strategies
- Tips for navigating conditions on the day
- Encouragement and support from an experienced coach and fellow swimmers

The focus is on participation, enjoyment, and community spirit – making sure your first Jetty Swim is memorable for all the right reasons. All are welcome – join us, train with us, and be part of the friendly, supportive spirit that makes Busselton Jetty Swim so special.

Interested? Please let Julie know at training or [email](#) her.



# GENERAL CLUB NEWS

## Join Your Coaches Poolside!

Join your coaching team—Trish, Steve, Julie, Riley, Andy, Mon and Andrew S

## Club Training - October 2025

- Monday with Trish: 8:00 am - Arrive 15 minutes early for the pre-pool stretch and swim land training. coffee afterwards at ☕
- Tuesday with Steve: 7:00 pm
- Wednesday with Mon, Andy, Riley, Ian and Julie: 2:30 pm
- Thursday with Andrew: 7:30 am - coffee afterwards at ☕
- Thursday with Andrew: 7:00 pm
- Saturday with Andrew: 8:45 am - coffee afterwards at ☕
- Sunday: 8:00 am - Winter endurance swims uncoached in the GLC outside pool



## Social Swims

- Tuesday: 10:30 am toes in the water Yallingup Lagoon; chatter & coffee and Andy's Store afterwards

## Program Leaders in Masters Swimming Australia.

### WHAT IS PROGRAM LEADER?

- Program Leaders run swim sessions on behalf of Masters Accredited Coaches.
- They are not coaches but are qualified to implement sessions designed by Accredited Coaches.
- Accredited Coaches maintain full responsibility for the safety of the swim sessions.

### COACH vs PROGRAM LEADER vs SWIMMER

- Masters Accredited Coaches complete a full Accreditation Program and provide stroke correction.
- Program Leaders complete 3 modules of the Masters Professional Development Course to run sessions.
- Swimmers assist with pool organisation but do not instruct others.

### HOW TO BECOME A PROGRAM LEADER?

- Interested individuals can register for the Masters Professional Development Course online.

- Completion of 3 online modules is required to receive a Certificate of Completion.
- This qualification allows individuals to serve as Program Leaders.

### WHAT WILL I LEARN?

- The course covers coaching philosophy, session planning, stroke fundamentals, and training principles.
- Participants will understand their club's training plans and manage diverse goals for adult swimmers.
- The training emphasises the importance of Accredited Coaches.

### WHAT ELSE DO I NEED TO KNOW?

- The modules can be completed at one's own pace, typically within a few hours.
- Feedback is provided within 72 hours of submission for each module.
- The Program Leader qualification does not expire, and CPR is not required unless in unsupervised settings.
- Pool deck hours as a Program Leader count towards full accreditation hours.
- The goal is to enhance swimming experiences while ensuring safety and engagement.



Club Coach Workshop for Program Leaders and/or Professional Development



# GENERAL CLUB NEWS

If you have any friends who would like to join please share this link with them



## Busseton Masters Swimming Club Inc ReStart Swim Programme 2025

A 'Refresher' Swim Programme to build  
SKILL FITNESS SWIM CONFIDENCE



### FITNESS, FRIENDSHIP & FUN

Masters Swimming Australia

**ReStart Four Week Swimming**

Nov 16<sup>th</sup> 23<sup>rd</sup> and 30<sup>th</sup> Dec 7<sup>th</sup>  
SUNDAYS 8.00AM – 9.15AM  
Geographe Leisure Centre OUTDOORS  
Cost of \$50

Participants must be able to swim 25m and competent in deep water and be medically fit.

\*Pool entry payable at GLC reception each session\*  
Please bring Swimming Fins, Goggles, Water Bottle, Sunscreen  
Registration opening the 18<sup>th</sup> Oct with further info to come

ReStart is a refresher swim program for adults 18+ who have been out of the water for a period of time and who would like to refresh their swimming skills, ease into a fitness regime and gain swimming confidence.

The ReStart program is run by accredited coaches who will help you improve your technique, skill and efficiency in the water.

Restart will give participating swimmers the confidence, strength and ability through the four weekly sessions to continue in the lifelong sport and join our swimming community through membership with Busseton Masters Swimming Club.

Swimming for Fitness, Friendship and Fun for Life

Busseton Masters Swimming Club Inc  
[bussorestart@gmail.com](mailto:bussorestart@gmail.com)

Last Saturday, our squad took to the water with **Busseton Water** keeping us company, fresh and flowing. Under Andrew Sexton's guidance, we were challenged to swim not just harder, but smarter – bringing balance, precision, and rhythm into every stroke.

Each set pushed us toward greater fitness and awareness, reminding us that swimming is as much about focus and form as it is about endurance. What a way to start the weekend – strong, connected, and part of something bigger!



Remember the 4 R's of Recovery

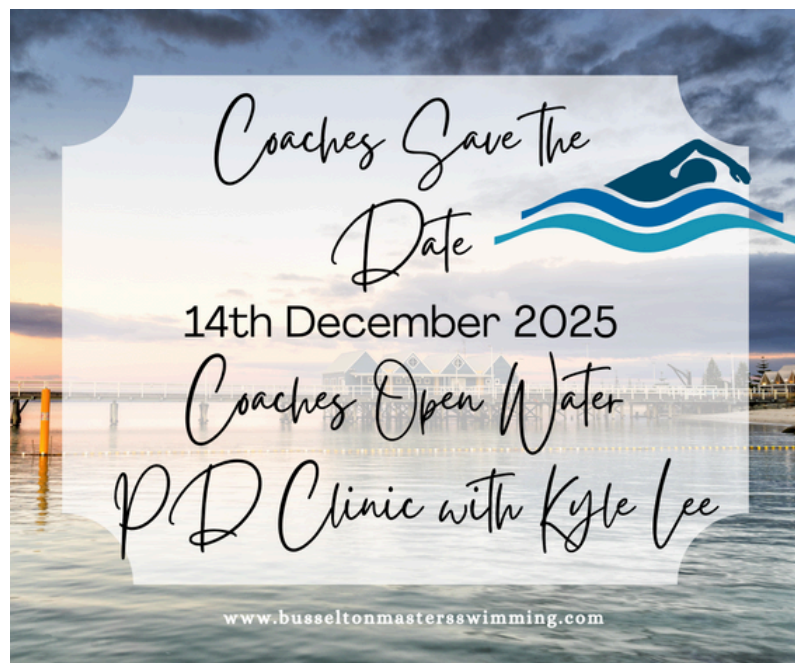
- > Refuel with carbohydrates
- > Repair with protein
- > Revitalise with fruit and veg
- > Rehydrate with water

## Coach the Coaches Professional Development

We are delighted to share that our club was successful in receiving funding for two Coach the Coaches Professional Development (PD) initiatives. Our heartfelt thanks go to the **Department of Industries, Tourism & Sport** for making this opportunity possible. Their support helps us strengthen our coaching team and continue delivering high-quality, inclusive swimming opportunities for our community.

Our first session is locked in for **Saturday, 14 December**, and we are excited to welcome a very special guest, **Kyle Lee**, who will lead the workshop. This opportunity is open to **all registered swimming coaches and program leaders throughout the South-West**, providing them with space to develop their skills, connect with peers, and bring fresh techniques back into their programs.

Looking ahead, we will also be offering a pool-based PD program in 2026.



Coaches Save The Date

14th December 2025

Coaches Open Water PD Clinic with Kyle Lee

[www.busseltonmastersswimming.com](http://www.busseltonmastersswimming.com)





# BMSC SOCIAL CLUB NEWS



## What a Night!

From beginning to end, it was a wonderful evening enjoyed by all. The food was outstanding – a delicious spread with the perfect mix of flavours, and plenty of leftovers to take home.

The atmosphere was relaxed and welcoming, filled with laughter and lively conversation.

Meanwhile, the footy played quietly in the background, simmering until those dramatic final moments. Even the non-footy fans were glued to the screen as the Dockers surged forward, only to fall short by a single point. The cheers quickly turned to gasps and disbelief as people began to gather their things – and then, just as quickly, the buzz of conversation returned.

The clean-up was a team effort, with the blokes jumping in to help pack away. Smiles, full bellies, and happy memories were the parting gifts as everyone headed home.

A huge thank you to everyone who contributed – for the delicious food, to Anne for the wine glasses, and to Gail, Richard, Peter, and Andrew for their help setting up. And of course, to the men who gallantly shooed the women out of the kitchen and took over the washing up!

A great venue, a great night – and a great community spirit.

Warm regards,  
Lynette



The last to leave!



Where is the light switch?!



## Social Club Calendar

<b>October</b>	<ul style="list-style-type: none"> <li>Bike ride from Witchcliffe to Margaret River</li> </ul>	<ul style="list-style-type: none"> <li>Sunday 26th October</li> </ul>
<b>November</b>	<ul style="list-style-type: none"> <li>Lawn bowls</li> </ul>	<ul style="list-style-type: none"> <li>Date to be decided</li> </ul>
<b>December</b>	<ul style="list-style-type: none"> <li>Busselton Ironman</li> <li>? Sculpture snorkelling</li> <li>Xmas Party</li> <li>Xmas day swim 8.30 am</li> </ul>	<ul style="list-style-type: none"> <li>Sunday 7th December</li> <li>Sunday ?14th December</li> <li>To be decided</li> <li>Thursday 25th</li> </ul>






# BMSC SOCIAL CLUB NEWS



## Busselton Masters Social Bicycle Ride




 **Date:** Sunday, 26 October 2025

 **Time:** 9:00 am start 9:30 am


 **Meeting Point:** Car park near Marmalade Witchy, 30 Redgate Rd, Witchcliffe (next to the service station on Redgate Road, across the railway line)

 **Ride:** Witchcliffe → Wadandi Track → Boodijup Road (Margaret River) → return to Witchcliffe

### Ride Details

-  Ride on the Wadandi Track to the Coffee stop at Amaze'n 9978 Bussell Hwy, Margaret River
-  Gravel track tyres essential!
-  The Wadandi Track offers stunning scenery and a relaxed, social pace.

### Post-Ride Social


 After returning, join us at **Dear Darnall's** for pizza or your choice from their quirky, welcoming menu.

💛 Not riding? No problem — you're warmly invited to meet the group at Dear Darnall's for the social catch-up. **RSVP Gail George 0447 902 213 for bookings at:-**

- Amaz'n Morning Tea**
- Dear Darnall's for Lunch**

### Notes

✓ Please arrive **15 minutes early** to get ready.

 Plenty of parking at the meeting point.

💧 Bring water, helmet, and your good cheer!

🌟 Come for the ride, or just come for the fun — it will be a great morning together!





# BMSC SOCIAL CLUB NEWS



## ♥ Busselton Masters in Action for a Great Cause! ♥

Saturday 13th, 10 of our Busselton Masters members dived in with heart and determination at the Multiple Sclerosis WA 7-Hour Relay in Bunbury.

Across the day, our team swam, supported one another, and kept the lanes alive with energy — all in the name of raising vital funds and awareness for people living with MS. It was a long, spirited effort and a wonderful reminder of what community, friendship, and shared purpose can achieve.

A huge thank you to our swimmers and to Anne Bishop, who spent many hours recording our progress 🌟 You made a real difference, and we're proud to have Busselton Masters represented at such a meaningful event.

Together, we swim for health, connection, and for causes bigger than ourselves. 🌊🌟



# CHAT GROUPS



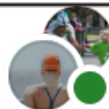
**BMSC Chat Group**

Active now · 🚫



**BMSC Bike Ride Thursday Group**

Active now · 🚫



**Sunday GLC Swim**

Active now

IF YOU WOULD LIKE TO BE ADDED TO THESE GROUPS PLEASE EMAIL:

[PRESIDENT@BUSSELTONMASTERSWIMMING.COM](mailto:PRESIDENT@BUSSELTONMASTERSWIMMING.COM)

## Wheels & Peddles 2025



The rides always start at Dolphin Road, West Busselton, usually starts 9.00am Thursdays



Thursday Bike Riding Adventures

Club members have a weekly bike ride via a coffee spot along the way. Keep in touch via messenger **If you would like to be added to the messenger group please see below:**



## ♥ Join the Committee!

**Love our club?** Want to help shape its future? Join the Busselton Masters Swim Club committee! It's a great way to give back, share ideas, and keep the fun, friendship, and fitness flowing—on land as well as in the water!

YOUR 2025 **Committee members are:**

### Executive:

**Richard George - President**

**Todd Taylor - Vice President**

**Tess Martin - Secretary**

**Christine Patterson - Treasurer**

General Committee:

Colin Holden Julie O'Connor

Andrew Hembroff, Monique Gilks

Sharon Ramel, Steve Gibson



FRIDAY

OPEN FROM 3 PM

**Social Membership Geographe  
Bay Yacht Club**

## What's On?

Click the QR  
code to open the  
Club's Website



Many of our members have joined this wonderful Club. There is nothing better than having a swim and sundowners at the Geographe Bay Yacht Club on a Friday Night Social. Membership is \$30.00 per year. You can invite 5 guests along. The Busselton Masters are building a strong association with the GBYC. We have our bi-monthly meetings in their meeting room.



# Caps

Contact Todd Taylor for  
your new sponsored cap

Contact us

## PLEASE SUPPORT OUR SPONSORS



**Maras  
Carpentry**

- Renovations
- Extensions
- Domestic & Commercial Maintenance

Anthony Maras  
0419 840 207  
ant@marascarpentry.com BR 13222

**BOLD  
BEAUTIFUL  
SWIM  
SQUAD  
MANLY**



**Swimmer of the Month  
is Sonja Hedstrom- you  
have won a Budy  
Smuggler Voucher**



# Busselton

Gives BMSC members a  
discount on swimming gear



# BUSSELTON WATER