

PATCHES Positive Connections: Programs for Families, Adolescents or Schools



Parents & Educators....

Does your child find it hard to get in the zone for learning, playing or paying attention?

Does your child react to situations in ways that are difficult for you to understand or manage?

Does your child have upsetting feelings or thoughts because of negative past experiences?

Would you like help to make sense of your child and their needs?



Janelle Clifton
Occupational
Therapist



David
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Mental Health
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Designed for families, educators or young people with Autism Spectrum Disorder, Fetal Alcohol Spectrum Disorder, Intellectual Disability, ADHD and other developmental disabilities.

Strategies for Regulation

Sensory Strategies for Self Regulation is a program that teaches educators about a student's sensory needs and provides strategies to help keep them calm and alert, and ready to learn. The workshop covers how to maximise a child's executive functioning and ability to self-regulate through helping a student understand how their own internal regulation system works, using practical sensory strategies.

Simple Strategies for Emotional Regulation helps individuals learn to cope with their feelings and experiences when caring and supporting a child or adolescent who demonstrates problematic behaviours, either within the home, the classroom or the playground. **PATCHES Positive Connections Programs** goes beyond standard behaviour management strategies and concentrates on improving care-giving systems through knowledge-based strategies that almost anyone can adopt.

This program can be delivered during a half day, one day or two day training. Cost varies depending on the needs of families, schools and students; and their locations.

