

###### THE ROTARY CLUB OF HARROGATE

 and

###### Harrogate Hospital and Community Charity

###### NIDDERDALE WALKS

TERMS AND CONDITIONS

Version 2019-1

“The event" - includes any of the different walks comprising the Nidderdale Walk held as part of the Nidderdale Walk event.

The Rotary Club of Harrogate includes the Walk Committee and "the organiser" means either or both.

###### Registration

Everyone wishing to participate in the event must complete a registration form. You may send it by email prior to the event to brian@nidderdalewalk.com or hand it to the entries desk on the day of the walk.

Children under the age of 16 must have the consent of a parent or guardian who must also sign their agreement at the end of this form.

Applications to participate will be accepted prior to the event and on the day.

No applicant will be registered unless full contact details in case of emergency have been completed on the registration form.

###### Refunds

The event is for charity so no entry fee will be refunded unless the whole event is cancelled by the Walk Committee.

###### Safety

The Rotary Club of Harrogate will use its best endeavours to ensure that the event is safe for all participants but each participant must also take reasonable precautions to ensure their own safety. This would include, but is not limited to:

* Wearing suitable footwear and clothing for the anticipated conditions
* Following the rules of the Highway Code and the Country Code insofar as they apply to pedestrians
* Following the instructions of the event organisers and of marshals along the route -
	+ Behaving in a sensible and responsible manner
	+ Not doing anything that might endanger the health, safety or well being of any person including themselves, other participants, and
	+ Not consuming alcohol immediately before or during the event.

In registering for or taking part in the event you acknowledge that you do so at your own risk and that conditions may occur which give rise to risks that are unforeseen and / beyond the control of the Walk Committee.

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###### Liability

The Rotary Club of Harrogate accepts no liability before after or during the event for damage to or loss of any property belonging to, or brought to the event by, any participant. The Rotary Club of Harrogate accepts no liability for any injury to any participant except where the injury is directly caused by the negligence of The Rotary Club of Harrogate.

###### Disqualification

###### The Walk Committee reserves the right to disqualify from the event any participant who appears not to be fit to take part or who acts in a manner which the Walk Committee considers to be a breach of these conditions and/or may adversely affect the reputation of The Rotary Club of Harrogate.

###### Health and Fitness

All participants must satisfy themselves, if necessary by taking medical advice, that they are in sufficiently good health and physically able to undertake the walk in which they have chosen to participate.

Any prospective participant who has a disability must ensure both that they are fit to participate in their chosen walk and that they have support arranged to accompany or otherwise support them on the relevant walk before registering for the event.

###### Sponsorship

The event will be organised, certified and marshalled to a level appropriate for sponsors of participants to be able to be satisfied that the event is appropriate for sponsorship.

The entry fee will be applied both for facilities required for the event and for Harrogate Hospital and Community Charity and also local charities supported by The Rotary Club of Harrogate.

###### Publicity

The Organisers may arrange for the local press to attend the event and they may choose to take photographs. The Organisers may also take photographs that it may use for publicity in connection with future events or to publicise the activities of the Rotary Club of Harrogate.

Images of children under 16 will not be taken or used if it can be avoided.

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Rotary Club of Harrogate in partnership with Harrogate Hospital and Community Charity

**NIDDERDALE CHARITY WALK**

**SUNDAY, 19th MAY 2019**

**INFORMATION SHEET**

In 2019, Pateley Bridge will be the focal point for the Nidderdale Walk,with four long distance walks and one shorter walk that is suitable for Families.

###### THE WALKS

In 2019 there will be 5 Walksand as previously, all sponsorship monies raised by entrants are for their own Charities. To date, over £800,000 has been raised in this way.

**THE ROUTES**

The walks are mainly following the route of the established NIDDERDALE WAY.

There are five routes to choose from, each starting and finishing at the Control Centre in the Scout Hut, Pateley Bridge.

* 26 miles: around Scar House reservoir and return
* 22 miles: to Scar House reservoir and return
* 15 miles: to Lofthouse and return
* 8 miles: to Coldstones Cut and return
* 4 miles: to Wath and return

**REFRESHMENTS**

Refreshments will be available to purchase at Lofthouse and Coldstones Cut checkpoints. Refreshments will be available at the completion of the walks.

 **PARKING**

There is extensive parking near the river in Pateley Bridge.

 **REGISTER ON ARRIVAL**

All walkers must register at the Control Centre on arrival. Registration starts at 7.00 am.

Rotary Club of Harrogate in partnership with Harrogate Hospital and Community Charity **NIDDERDALE CHARITY WALK SUNDAY, 19th MAY 2019**

###### START TIMES

**Latest** starting times for Walks from Pateley Bridge Scout Hut

* + **22 and 26 mile walks** (Scar House) 9.00am
	+ **15 mile walk** (Lofthouse) 11.00am
	+ **8 mile Walk** (Coldstones Cut) 12.00pm
	+ **4 mile Walk** (Wath) 2.00pm

###### IT IS RECOMMENDED THAT ONLY STRONG WALKERS SHOULD ATTEMPT THE 22 and 26 MILE ROUTES.

Young persons should bear in mind that a shorter walk can yield as much in sponsorship as a longer walk and can be equally enjoyable.

**WALK CLOSE DOWN**

The whole walk organisation will close down at 6.00 pm. All walkers must plan to complete their walk by this time.

###### BOOKING OUT AT THE END OF THE WALK

Every walker **must** book out at the Control Centre when his or her walk is completed. If leaving en route, walkers **must** report to the nearest checkpoint or the Control Centre (This is a safety requirement to ensure that all walkers are accounted for).

**DOGS**

In the interests of farmers on whose land you will walk, **NO DOGS CAN BE ALLOWED**. Please observe The Countryside Code and walk on the marked tracks.

**PUSHCHAIRS / PRAMS**

Please note we do not recommend the use of pushchairs or prams because of stiles and of the uneven and grassy surfaces of the country pathways.

 **CLOTHING**

All walkers should wear appropriate footwear and clothing and carry suitable waterproofs.

 **YOUNG PERSONS**

All Young Persons aged 15 years and under MUST BE ACCOMPANIED BY AN ADULT.

 **MEDICAL COVER**

Medical cover will be provided. An emergency telephone number will be provided on the day of the walk.

Raynet will be providing a monitoring service at each checkpoint to ensure that the walkers’ registration numbers are logged at half waypoints.

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**ENTRY FEES**

**4 Mile Walk** ADULT: **£6.00**

CHILD 6 -15 years: **£3.00** Child under 6 FREE

FAMILY (2 Adults with 1 or more children or 1 adult with

3 or more children) **£12.00**

**8, 15, 22 & 26** ADULT: **£10.00**

**Mile Walks** CHILD 6 -15 years: **£4.00** Child under 6 FREE

 FAMILY (2 Adults with 1 or more children or 1 adult with

 3 or more children) **£20.00**

**TO ENTER** Entry is through the website [www.nidderdalewalk.com](http://www.nidderdalewalk.com)

 **Secure payment is made on line using PayPal.**

***OR***

Entry is by emailing a completed Registration Form to brian@nidderdalewalk.com for each person taking part. In which case, payment can be made at Registration on the day but **at an additional cost of £1 per person*.***

**CLOSING DATE FOR ENTRIES**

Entries, on line, should be made as early as possible, but **the
final closing date is Thursday 16th May 2019**.

**CERTIFICATES**

On completion of the walk, each entrant will receive a signed certificate authenticating the distance walked and for the family walk, a certificate of completion.

**ENQUIRIES**

**For further information** see our Web Site: [www.nidderdalewalk.com](http://www.nidderdalewalk.com/)

 or Email brian@nidderdalewalk.com

Telephone enquiries ring

Brian Stuttard on 07808094707

**REGISTRATION FORM**

# NIDDERDALE CHARITY WALK

# 19th May 2019

# Please complete a form for each person in your party and bring to Registration on the day of the Walk.

 Name :

 Address :

 Email :

 Phone No. :

 Car Registration :

 Charity :

 Amount Expected to be Raised :

(Telephone number and vehicle registration is to assist in tracing you if you fail to book out after the walk and we assume you are lost.)

**Intended Walk (Please tick)**

 **26 miles 22 miles 15 Miles**

 **8 miles 4 miles**

Data Protection

By registering for the event whether on line or otherwise you are authorising The Rotary Club of Harrogate to process the information you have given on the form for the purpose of the event under the Data Protection Act 1998. The information may be retained in order to make contact with you about future similar events but not otherwise.

If you **do not** wish the Organiser to retain your details for future events then please indicate below:

*After the event has been held –*

*1. I wish to be contacted by post,
2. I wish to be contacted by email,
3. I wish to be contacted by telephone*

*Please strike out those that are not appropriate.*

**Your Agreement** I have completed the application form and read and agree to the terms and conditions set out in the Terms and Conditions leaflet

Signed .................................................. Dated.....................................

###### NB – Please bring this signed form with you on the day of the Walk and hand in at the

###### Registration Desk.

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**For Official Use** Walker Miles Walker Number