

# LEARNING at HOME

by CHILD CARE RESOURCES INC.

## INFANTS PLAYLIST

A multi-sensory family plan for teaching the whole child. For infants, we recommend spending up to 30 minutes total per day on these activities (between 5 and 10 minutes on each activity), depending on your child's interest and developmental level.

WEEK A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Good Morning</b>	<a href="#">Are You Ready for a Change?</a>	<a href="#">Mobiles</a>	Book Time – Find a cozy place and read!	<a href="#">Wheels on the Bus</a>	<a href="#">Are You Ready for a Change?</a>
<b>Good Afternoon</b>	<a href="#">Meals, Meals, Meals</a>	<a href="#">Flashlight Tummy Time</a>	<a href="#">I Can Hear You – Megaphones</a>	<a href="#">Meals, Meals, Meals</a>	<a href="#">Flashlight Tummy Time</a>
<b>Good Night</b>	<a href="#">Flashlight Tracking</a>	<a href="#">Naptime Routines</a>	<a href="#">Baby Massage</a>	<a href="#">Sticky Ball</a>	<a href="#">Grasp and Grab</a>