

SILC employees consider themselves an extension of the family and believe in open and honest communication to provide the best relationship and care.

The mission of SILC is to provide services to seniors which help to maximize their independence, and quality of life while providing peace of mind to loved ones. All clients are treated with dignity, kindness, and respect, with companionship being our main goal in whatever services we are providing. Our greatest reward is making a difference and putting joy in our client's day. We encourage members of the community to know a senior in your neighborhood. If they are lonely or ill, check in on them; sometimes just a conversation will make someone's day. Our elders have been part of generations we have often only read about. They have lived full, happy, and sometimes hard lives. They have great stories to tell, lots of memories to share, and a wealth of knowledge for us to learn from. Each day at SILC brings a new experience with the seniors we are fortunate to work with, and that makes each day fun and meaningful.

A lot of people don't realize that there are services like ours available to assist them or their loved ones with everyday needs.

On average, we visit with our clients one to two days a week for 2 to 3 hours per visit, and that time not only helps the individual with checking off their to-do lists but also frees up time for family members. We understand that seniors can be



HEATHER AND HER 94-YEAR-OLD GRANDMOTHER

reluctant to have someone new in their home. A helpful suggestion to start the discussion of hiring in-home help is for the family member to present the idea that this service would not only help their family member but would be helping them as well. SILC companions will build lasting relationships and friendships based on trust and mutual respect, and I can honestly say that after the first few visits, they will be asking themselves why they waited so long.

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