

Forever Active Adventures Portuguese Camino



Booking Number: 6635080

Trip Code: EW-US16635080



Please take this document with you when you travel. This document is your proof of purchase and confirmation of your travel arrangements.

About Your Trip

Start Location

Porto, Portugal

Finish Location

Santiago de Compostela, Spain

Accommodation

9 nights Hotel

Rooming Requirements

Twin Share

Included Meals

Breakfast (9)

Dinner (1)

Transport

Per Daily Itinerary

Leader/Guide

English Speaking Leader
throughout

Included Activities

Per Daily itinerary

Entrance/Admission Fees

Where applicable with
included activities

Airport Transfers

Arrival and departure transfers are
included on a group basis

Support

24-hour support from our local
office

Exclusions

- International Flights
- Any airport taxes
- Any visas required
- Services not mentioned in the itinerary
- Late check out at hotels
- Meals and drinks not mentioned in the itinerary
- Drinks with included lunches and dinners
- Tips for leaders, guide and driver
- Expenditure of personal nature
- Personal Insurance
- Optional activities

We offset these emissions on your behalf. But we know that is not enough, so we also have a carbon reduction target.

Names As Per Passport

First	Middle	Last
Marthe	Kenny	Charles
Kathleen	Theresa	Higgins
Mary Anne		Higgins
Aubrey	Hugh	Kelly
Heather	Elaine	Kelly
Leanne	Melody	Macdonald
James	Ronald	Ritchie
Justine	Kelly	Smith
Sandra	Dewn	Smith
Stephen		Webster
Ulrike		Schubert Webster

Joining Point

WOT Hotel Porto

Address: Rua da Conceição 80, 4050-214 Porto, Portugal

Phone: +351 926 250 769

Joining Point Instructions

Date	Flight	Arrival Time
23 September 2025	AC928	0935

Your group transfer has been organised for the above flight details. Your driver will be waiting for you in the arrivals area near the point you clear customs. Please look for our driver who will either be holding a card with your name on it or a card with the Intrepid Logo. The driver will wait for an hour after your scheduled arrival time. If you have issues location your driver please call our local office on the number listed below.

If you are not arriving with the rest of the group, please organise a separate transfer at an additional cost.

Rooming Configuration

5 x Twin Share Room

1 x Single Share Room

Emergency Contact

If you are travelling with us and experience any issues please contact our local ground representative on the number below and quote your EW-USI6635080 so that the team can locate your booking quickly.

Intrepid's Local Operator: +49 8024 4679 542

Forever Active Adventures Portuguese Camino 10 days/ 9 nights

23 September - 2 October 2025

Day 1 – September 23, 2025 | Arrival in Porto

Welcome to Portugal! Upon arrival, we'll check into our hotel and gather for a welcome meeting with our Forever Active group and Intrepid Travel guide. If you arrive early, take time to explore Porto's medieval riverside, stunning bridges, and local cafés.

Included: Group airport transfer, welcome meeting, pilgrim passport collection

Accommodation: WOT Porto

Day 2 – September 24, 2025 | Begin the Camino: Oia to Baiona (22 km)

We officially begin our Camino journey! A private transfer takes us to Oia, where we start our scenic coastal walk to Baiona, a historic seaside town known for its medieval fortress and fantastic seafood.

Special Highlight: Walking along the Atlantic coastline with breathtaking ocean views

Accommodation: Hotel Vasco da Gama

Day 3 – September 25, 2025 | Walk to Vigo (21 km)

Our route follows the coastline to Vigo, passing beautiful bays and pristine beaches. This vibrant city is surrounded by mountains and the sea, making it the perfect mix of nature and urban charm.

Optional: Swim at Praia De Samil beach if weather permits

Accommodation: Hotel Atlantico de Vigo

Day 4 – September 26, 2025 | Free Day in Vigo

A well-deserved rest day to explore Vigo at your own pace. Stroll the old town, enjoy fresh seafood, or hike to the Castro Fortress for stunning city views.

Accommodation: Hotel Atlantico de Vigo

Day 5 – September 27, 2025 | Walk to Redondela (21.5 km)

We leave Vigo and continue along the Bay of Vigo, passing scenic coastal trails before reaching Redondela, where we officially join the original Portuguese Camino route.

Accommodation: Hostal Antolín

Day 6 – September 28, 2025 | Walk to Pontevedra (20.5 km) + Oyster Tasting

We follow the scenic Camino route inland, stopping in the fishing village of Arcade for a tasting of its famous oysters before reaching the charming town of Pontevedra.

Special Highlight: Fresh oyster tasting in Arcade

Accommodation: Hotel Alda Estacion Pontevedra

Day 7 – September 29, 2025 | Walk to Caldas de Rei (24 km)

Heading inland through lush forests and historic villages, we reach Caldas de Rei, and its ancient thermal springs.

Accommodation: Hotel Lotus

Day 8 – September 30, 2025 | Walk to Padrón (22 km) + Wine Tasting

A highlight of the trip! We'll visit a local winery to enjoy a wine tasting experience before continuing our journey to Padrón, the legendary resting place of St. James' remains.

Special Highlight: Wine tasting at a traditional Galician bodega

Accommodation: Hotel Scala

Day 9 – October 1, 2025 | Walk to Santiago de Compostela (24 km) + Farewell Dinner

The final stretch of our pilgrimage! As we approach Santiago de Compostela, the energy builds as we enter the city and stand before the magnificent Cathedral of Santiago—the official end of the Camino. In the evening, we celebrate together with a farewell dinner!

Special Highlight: Receive your Compostela Certificate for completing the Camino

Accommodation: Nest Style Santiago

Day 10 – October 2, 2025 | Departure from Santiago de Compostela

Our adventure concludes today.

Finishing Point

Nest Style Santiago

Address: Rúa do Doutor Teixeiro, 15, 15701 Santiago de Compostela, A Coruña, Spain

Phone: +34 960 66 06 57

Finishing Point Instructions

No departure transfers have been arranged, please make your own way to the airport in time for your flight.

Itinerary Disclaimer

Travel is always an adventure. Our leaders are experts when it comes to dealing with anything unexpected along the journey, so pack your understanding and flexibility, sit back and relax while they take care of the rest.

The word 'adventure' gets thrown around a lot these days. But the way we see it, there are adventures, and there are Adventures. As this itinerary may explore areas that we don't usually go to with our regular product range, places you don't find in your typical travel brochure, it may not have been tried and tested.

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we are visiting on this itinerary sometimes things can and do go wrong. Should anything unexpected occur while you are on your trip, it is best that you discuss this with your group leader or our local representative straight away so that they can do their best to address it and save any potential negative impact on the rest of your trip.

For us, adventures like this are at the heart of what it means to be Intrepid: something original, unexpected, and as far from 'the usual' as you're going to get. Wave goodbye to that beaten path.

Pre Departure Information Portugal and Spain

Important Notes

- We will transport your luggage between hotels, but you are only allowed one bag/suitcase of maximum weight 18kg. No items should be strapped to your luggage, such as shoes, walking poles, etc. Transport of any extra luggage will incur a small fee charged at the Welcome Meeting.

On this trip you will be accompanied by one of our tour leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible.

Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects. We aim to support local guides who have specialised knowledge of the regions we visit. If you were interested in delving deeper into the local culture at a specific site or location then your leader can recommend a local guide service in most of the main destinations of your trip.

OPTIONAL ACTIVITIES:

A selection of optional activities that have been popular with past travellers are listed in the day-to-day itinerary. This isn't an exhaustive list and should be used as a guide only. Prices are approximate, are for entrance only and don't include transport to and from the sites or local guides unless indicated. All activities are subject to availability and it may not be possible to do all the activities listed in the time available at each destination, so some pre-planning for what you are most interested in is advised. When it's recommended that travellers pre-book these activities, look for a note in the Special Information section of the day-to-day itinerary. For most, they can either be organised independently on the day, or just let your leader know you are interested and they can assist.

Where activities are considered medium or high risk, we work with operators whose safety and credentials we have sighted and assessed. This means that it is possible that you may find the same activity cheaper with another operator on the ground, however we cannot vouch for the safety or quality of that operator. Activities not listed above have not been assessed by us and as such our staff and leaders are unable to assist you with organising these activities.

FEEDBACK

Can't stop thinking about your adventure? Tell us all about it! We read each piece of feedback carefully and use it to make improvements for travellers like you. Share your experience with us at:

<http://www.intrepidtravel.com./feedback/>

Passports, visas and entry requirements

PASSPORT

You'll need a valid passport to travel internationally and most countries require your passport to have a minimum of 6 months validity, so remember to check the expiry date.

We need your passport information to get everything ready for your trip so it's important that the information on your booking matches your passport exactly. Please take care to provide the correct details. We recommend carrying a copy of the photo page of your passport while travelling and leaving a copy at home with family or friends.

VISAS & ENTRY REQUIREMENTS

Many countries require a visa and obtaining the correct visa for your trip and any countries you may transit through is your responsibility. We recommend you check your visa requirements as soon as you have booked your trip. This will ensure you have time to prepare your documents and for your visa application to be processed. You can check the entry requirements for your nationality on your government's foreign travel advisories, consular websites or on our page here: <http://www.intrepidtravel.com/visa-entry-requirements>

Medical and health information

GENERAL HEALTH

All travellers need to be in good physical health in order to participate fully on this trip. For the safety and wellbeing of yourself and others, if you are unwell prior to travelling, please stay at home and contact us to make alternative arrangements.

When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to manage and enjoy our style of travel. Please note that if in the assessment of our group leader or local representative a traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, we reserve the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a first aid kit as well as any personal medical requirements in their original packaging as they may not easily be obtained while travelling. If you are carrying medication, ensure you check your government's foreign travel advice for any local restrictions or requirements.

Food and dietary requirements

While travelling with us you'll experience the vast array of wonderful food available in the world. Your group leader or local representative will be able to suggest restaurants to try during your trip. To give you the maximum flexibility in deciding where, what and with whom to eat, generally not all meals are included in the trip price. This also gives you more budgeting flexibility. As a rule, our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. If you have dietary requirements and/or food allergies, please let your booking agent know prior to departure.

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Food in Europe is varied and differs significantly between countries and regions. Expect to sample delicious local meals in almost every location you'll visit on this trip. However, if you do not feel like having a local delicacy, world type food is also widely available, especially in bigger cities. European diet is mostly meat based; vegetarians might find the menu selection less varied than they would see at home. Vegetarianism is not as common in this region and choices may be limited to soups, salads, bread, cheese, fruit, yoghurt, eggs etc. Vegans and those on gluten-free diets will find this region very challenging and may need to supplement meals with their own supplies from supermarkets and markets. Wherever possible we will cater for dietary needs for included meals, but there may be times when those with special requirements may need to provide their own.

European breakfasts are often basic and may simply include bread/toast or pastries, butter, jam, coffee/tea/juice (or similar.)

Part of this trip will lead you through the coastal part of Portugal and Spain therefore you can expect delicious and fresh seafood being available in most of the places. If you are not in to a seafood diet, there will be other options ready to choose from too.

As this is a walking trip, it will be a good idea to stock up on snacks you can fuel on during the day; mixed nuts, energy bars and sweet fruit are usually the best choice for this sort of activity.

Accommodation

Hotel (9 nights)

The style of accommodation indicated in the day-to-day itinerary is a guideline only and may change. On some occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our preferred accommodation. In these cases, we will use a similar standard of accommodation.

Throughout the trip, we request that our properties prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. However, this isn't always possible which means we won't be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination or on some trips, have use of shared day rooms until all rooms are available.

We've sourced our accommodation very carefully and picked the best possible hotels in line with the Intrepid style of travel, but please note that service and accommodation in Europe may be different to the standards you are used to. Your accommodation may not always have private en suite facilities or air-conditioning. European hotels generally don't provide kettles or fridges and in particular destinations, rooms may be rather small.

TWIN SHARE

Accommodation on this trip is on a twin-share basis. We pair up solo travellers with another traveller of the same gender as per the gender marker on each of their passports. Please note there may be times where facilities will be shared rather than ensuite (even when you book single room supplement).

CHECK-IN TIME

Throughout the trip we request that our hotels prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. However this isn't always possible which means we won't be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination.

Transport

Private minivan, Taxi, Walking

This is a walking trip so the most of transportation is going to be done on foot. From Porto to Oia, where the walking starts, you will be transferred by a minivan. There may also be small sections that we will cover by taxis, to either the start of the walk, or from the end of it, only to avoid walking on busy roads.

Money matters

SPENDING MONEY

When it comes to spending money on the trip, every traveller is a little different. You know your spending habits better than we do, so please budget an appropriate amount for things like optional meals, drinks, shopping, optional activities, and laundry. Make sure you have read the itinerary and inclusions thoroughly so you know what is included in the trip price and what you may need to pay for while travelling.

EUROPE

The Euro (EUR) is the official currency in the following destinations: Andorra, Austria, Belgium, Croatia, Cyprus, Estonia, Finland, France, Germany, Greece, Ireland, Italy, Kosovo, Latvia, Lithuania, Luxembourg, Malta, Montenegro, the Netherlands, Portugal, Slovakia, Slovenia, Spain. All other European countries still have their own national currencies.

You can use your credit/debit card in ATMs, which are common throughout Europe. You can obtain EUR cash prior to arriving through normal outlets such as banks and currency exchange offices.

BUDGET Please budget for additional meals and expenses while on your trip. We suggest EUR 350.00 for meals not included on this trip. Our suggestion is based on past traveller feedback but you may choose to spend more or less.

TIPPING

Tipping can be an appropriate way to recognise great service when travelling. While it may not be customary in your home country, it is an entrenched feature of the tourism industry across many of our destinations and is greatly appreciated by the people who take care of you during your travels. It is always best to avoid tipping with coins, very small denomination notes, or dirty and ripped notes, as this can be regarded as an insult rather than the goodwill gesture it is intended to be.

We recommend budgeting approximately EUR 10-20 per person per week to tip local service providers for activities included in this trip, in local currencies. This doesn't include a tip for your leader.

YOUR GROUP LEADER OR LOCAL REPRESENTATIVE

Tipping your group leader or local representative is highly appreciated if you feel they've provided outstanding services throughout your trip. The amount is entirely a personal preference; however, as a guideline, the recommended amount is 4-7 USD or EUR per traveller per day (in a currency relevant to your destination). Of course, you are free to tip more or less as you see fit, depending on your perception of service quality and the length and involvement of your group leader or local representative on your trip.

CONTINGENCY FUNDS

We try to plan for every eventuality, but there are still some things beyond our control. We reserve the right to change an itinerary after departure due to local circumstances or a Force Majeure Event. In such emergency circumstances, the additional cost of any necessary itinerary alterations will be covered by you. Please note we are not responsible for any incidental expenses that may be incurred as a result of the change of itineraries including but not limited to visas, vaccinations or non-refundable flights. Make sure you have access to an extra US\$500 for emergencies (e.g. severe weather, natural disasters, civil unrest) or other events that result in unavoidable changes to the itinerary (e.g. transport strikes or cancellations, airport closures). Sometimes these things necessitate last-

minute changes to enable our trips to continue to run, and as a result, there may be some extra costs involved. The recommended amount is listed in USD for the relatability of universal travellers, however, local currency may be needed once in the country to cover these costs.

Packing

LUGGAGE

Alongside your main piece of luggage, we recommend bringing a small to medium backpack (25-30 litres) for day walks. A backpack with a waist strap will be the most comfortable option for all included walks.

ESSENTIALS

Lightweight, comfortable and quick-drying clothing is recommended. Laundry facilities may not be available every day.

- Warm layers such as a light jacket, fleece and base layers.
- Breathable, non-cotton t-shirts.
- Long hiking pants or zip-offs.
- Nylon hiking shorts.
- Wind and waterproof outer layers (jacket and trousers).

Hiking boots with a good grip, ankle support and waterproof membrane that are comfortable to wear for an entire day.

Walking poles for support on steep uphill sections and longer descents.

Comfortable shoes or sandals for shorter walks or time spent not hiking.

A water bottle that holds 1 – 2 litres.

Sun protection – sunscreen, sunglasses, hat, bandana.

Torch, flashlight or headtorch.

ADDITIONAL RECOMMENDATIONS

For general packing considerations, check out our ultimate packing list:

Climate and seasonal information

SUMMER

Summer temperatures can be extreme in many of the regions visited (over 40°C/104°F), which can be uncomfortable. It's important to use sun protection and drink plenty of water. Please carefully consider the time of the year you wish to travel and your suitability to that season.

SHOULDER SEASON

In contrast, weather in shoulder season can be unpredictable, and snow is not unheard of at higher altitudes. If you travel at the start or towards the end of the European season please pack accordingly with warm and/or waterproof clothes (preferably layers). The advantage of travelling during this time is that there are less tourists around.

Group Leader

All group trips are accompanied by one of our group leader or local representative. The aim of the group leader or local representative is to take the hassle out of your travels and to help you have the best trip possible. Intrepid endeavours to provide the services of an experienced group leader or local representative however, due to the seasonality of travel, rare situations may arise where your group leader or local representative is new to a particular region or training other group leader or local representative.

Your group leader or local representative will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends.

While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious, and social aspects. At Intrepid we aim to support local guides who have specialised knowledge of the regions we visit. If you are interested in delving deeper into the local culture at a specific site or location then your group leader or local representative can recommend a local guide service in most of the main destinations of your trip.

All Intrepid group trips in Europe are accompanied by one of our local European group leaders. 'Local' in this context means a leader who is European or lives in Europe. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. Intrepid endeavours to provide the services of an experienced leader however, due to the seasonality of travel, rare situations may arise where your leader is new to a particular region or training other group leaders. Your leader takes care of logistics, will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects.

At Intrepid we also aim to support local guides in the individual cities or locations we travel to. If you are interested in delving deeper into the local culture at a specific site or location then your leader can recommend an optional local guide service in most of the main destinations of your trip.

Safety

TRAVEL ADVISORIES & ALERTS

We recommend that you check your government's foreign travel advisory for the latest information about the destination before you travel. You will also need to ensure that your travel insurance covers you for all destinations and activities on your trip. We also recommend saving the phone number for emergency consular assistance for your government's consulate in the destination/s you'll be travelling. Links to travel advisories and any current travel alerts for our trips can be found here: <https://www.intrepidtravel.com/travel-alerts>

PERSONAL SAFETY

Ensure you have a secure method of carrying your passport, phone, credit cards and cash while travelling such as a money belt. Leave all other high value items, including jewellery, at home Use safety deposit boxes at hotels to store your valuables when available and ensure your luggage is lockable. Be aware of the risk of pick-pocketing and petty theft. Exercise caution when walking at night, don't walk alone and stick to well-lit streets wherever possible. Be vigilant on public transport and look out for your fellow travellers. Take precautions such as carrying your bag in front of you and never leaving personal items unattended.

LGBTQIA+ TRAVELLERS

Intrepid welcomes all LGBTQIA+ customers on our trips, however we operate in parts of the world that are less accepting. We support LGBTQIA+ customers to travel to these destinations and are committed to ensuring they face no discrimination on any part of the trip we control. We recommend you visit Equaldex (<https://www.equaldex.com/>) and your government's foreign travel advice for LGBTQIA+ travellers when choosing your trip.

<https://www.intrepidtravel.com/safety-guidelines>

PETTY THEFT AND PERSONAL SAFETY

While travelling there is always the risk of pick-pocketing and petty theft, particularly in the more touristy cities. We recommend that you exercise caution when walking alone at night and encourage you to walk together and only on main, well-lit thoroughfares. Be particularly vigilant on public transport. Simple measures like carrying your day pack on your front, not hanging your bag over the back of your chair or on the floor and wearing a money belt will reduce any chance that your valuables should go missing.

Community guidelines

Intrepid won't tolerate any kind of violence, harassment (whether physical, verbal or sexual), or disrespect toward fellow travellers, our teams or local communities.

To ensure the wellbeing of everyone on the trip, decisions made by your group leader are final.

Romantic relationships between travellers and group leader or local representative are not permitted while on trip.

Any behaviour that prevents your leader from continuing the itinerary as planned, breaks local laws or opposes any of these guidelines may result in Intrepid denying your booking or removing you from the trip.

If something concerns you during your travels, please speak to your group leader immediately. Alternatively, you can contact us on the emergency contact number detailed in the Problems and Emergency Contact Information section of this Essential Trip Information.

Travelling on a group trip

As you travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. Your fellow travellers will probably come from all corners of the world and likely a range of age groups too. We ask you to be understanding of the various needs and preferences of your group - patience with your fellow travellers is sometimes required for the benefit of everyone's travel experience. Remember too that you have responsibilities to the group. If you are requested to be at a place at a certain time, ensure that you don't keep the rest of the group waiting. We have found time and time again that the very best trips we operate are those where the dynamics within the group work well - this takes just a little effort on your part. Due to privacy reasons, we are unable to provide you with contact details and any personal information about your fellow travellers booked on your trip prior to departure.

SOLO TRAVELLERS

On our trips, rooming is organised on a twin-share basis. We pair up solo travellers with another traveller of the same gender, as per the gender marker on each of their passports.

We also offer an optional single supplement on most trips for travellers who prefer to have their own room. This only applies to accommodation during the tour. Pre-trip and post-trip accommodation booked through us will always be on a single-room basis.

On a small selection of trips some accommodation will be open-gender and multishare, such as a felucca in Egypt or an overnight train in Vietnam. Please review the Accommodation section of the Essential Trip Information for details about your trip.

LGBTQIA+ TRAVELLERS

We strive to create a safe and inclusive environment for everyone. If your gender identity differs from what is indicated on your passport, please contact us so that we can discuss rooming options with you.

Travel insurance

Travel insurance is compulsory on all our trips for those travelling internationally. We require that, at a minimum, you are covered for medical expenses, including emergency repatriation. If you are travelling within your home country or region, please confirm before travel that you are entitled to access the public medical system easily should an accident occur. We strongly recommend all travellers have a policy that also covers personal liability, cancellation, curtailment and loss of luggage or personal effects. For international trips, you will not be permitted to join the group until evidence of travel insurance and the insurance company's 24-hour emergency contact number has been sighted by your group leader or local representative.

If you have credit card insurance, your group leader or local representative will require details of the participating insurer/underwriter, the level of coverage, policy number, and emergency contact number, rather than the bank's name and your credit card details. Please contact your bank for these details prior to arriving in-country.

For travellers who reside within the European Union, Switzerland or the USA, the requirement to purchase travel insurance cannot be compulsory. However, the purchase of travel insurance is still highly recommended, and each country you visit may have its own specific entry requirements. For example, some mandate travel health insurance

for all foreign travellers, regardless of their nationality. Travellers from the European Union, Switzerland or the USA who decline travel insurance when travelling outside their home region must sign a Travel Insurance Waiver Form at the Group Meeting, recognizing personal responsibility for emergency medical and repatriation costs should they arise.

For assistance with travel insurance or other services, please visit the link below:

<https://www.intrepidtravel.com/booking-resources/our-services>

Responsible travel

We believe strongly in low impact or rather positive impact tourism. Broadly speaking this means that we try to minimise the negative aspects of tourism on the local cultures and environments that we visit and highlight the positive aspects. Please visit our website for further details and suggestions on how you can be a responsible traveller.

<http://www.intrepidtravel.com/ourtrips/rt/responsibletraveller>

DRESS CODE

In general, there are few dress restrictions in Europe. Note when visiting churches, monasteries or other religious sites modest dress is required - shorts or skimpy tops may not be permitted, for both men and women.

The Intrepid Foundation

Our non-profit, The Intrepid Foundation, gives travellers more opportunities to make a positive impact in the places they visit.

We have over 50 Intrepid Foundation partners across the globe addressing four key focus areas: protecting the environment, taking a stand for wildlife, addressing inequality and empowering communities.

Intrepid matches all post-trip donations dollar for dollar and takes care of the admin fees – this doubles your impact and ensures every cent goes to our partners on the ground.

Visit our website for more info: <http://www.theintrepidfoundation.org/>

This trip supports REFOOD, who work directly with local communities in Portugal to rescue quality food from going to waste and use this to provide meals for those in need. Donations help them promote a circular movement that benefits the environment and helps to feed those living in food scarcity. Intrepid will double your impact by dollar-matching post-trip donations made to The Intrepid Foundation. To find out more or make a donation, visit: <https://www.theintrepidfoundation.org/t/refood>