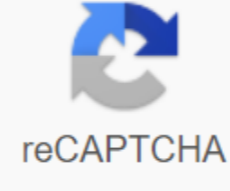




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RECORDS - BOYS MHS Track MVP's Pentathlon Records Brown & Gold Meet Records Yamamoto Invitation Records MHS Track Team Yearbook Pics TRACK 2019 News & Info from the 2019 Track Season Mililani Track & Field Schedule 2019 TRACK 2018 News & Info from the Track Season Mililani Track & Field Schedule 2018 TRACK 2017 News & Info from the 2017 Track Season Mililani Track & Field Program 2017 TRACK 2016 News & Info din sezonul 2016 Mililani Track & Field Program 2016 TRACK 2015 News & Info from the 2015 Track Season Mililani Track & Field Schedule 2015 TRACK 2014 News & Info from the 2014 Track Season Mililani Track & Field Schedule 2014 TRACK 2013 News & Info din sezonul 2013 Mililani Track & Field Schedule 2013 TRACK 2012 News & Info from the 2012 Track Season Mililani Track & Field Schedule and Results 2012 2012 OIA Qualing Standards 2012 State Standarde de calificare TRACK 2011 News & Info din sezonul de urmărire 2011 Mililani Track & Field Program & Field Program and Results 2011 2011 OIA Qualing Standards 2011 State Qualifying Standards TRACK 2010 News & Info from the 2010 Track Season Mililani Track & Field Schedule and Results 20 10 2010 OIA Standarde de calificare 2010 State Qualifying Standards TRACK 2009 News & Info din sezonul 2009 Track Mililani Track & Field Program and Results 2009 2009 OIA Qualing Standards 2009 State Qualifying Standards TRACK 2008 News & Info from the 2008 Track Season Mililani Track & Field Program and Results 2008 2008 OIA Qualifying Standards 2008 State Qualifying Standards TRACK 2007 News & Info from the 2007 Track Season Mililani Track & Field Schedule and Results 2007 2007 OIA Qualing Standards 20 07 State Qualifying Standards TRACK 2006 News & Info from the 2006 Track Season Mililani Track & Field Schedule and Results 2006 2006 OIA Qualing Standards 2006 State Qualifying Standards TRACK 2005 News & Info from the 2005 Track Season Mililani Track & Field Schedule and Results 2005 TRACK 2004 News & Info from the 2004 Track Season Mililani Track & Field Schedule and Results 2004 TRACK 2003 News & Info from the 2003 Track Season Mililani Track & Field Schedule and Results 2003 Trojan Pentathlon Results 2003 Brown & Gold Meet Results TRACK 2002 News & Info from the 2002 Track Season Mililani Mililani & Field Schedule and Results 2002 2002 Trojan Pentathlon Results 2002 Brown & Gold Meet Results TRACK 2001 News & Info from the 2001 Track Season Mililani Track & Field Schedule and Results 2001 2001 Trojan Pentath Results 2001 Brown & Gold Meet Results Girls State Track Finals Results Boys State Track Finals Girls State Track Trials Results Boys State Tracks Boys State Track Meetings States Track Finals Track Track 2000 News & Info From 2000 Track Season Mimilani Track & Field Schedule & Results 2000 2000 Individual PR's 2000 MHS Pentathlon Results 2000 Brown & Gold Meet Results State Championship 2000 Qualifiers State Championship 2000 Trials Results State Champs 2000 Finals - Boys Results State Champs 2000 Finals - Girls Results TRACK 1999 News & Info from 1999 Track Season 1999 Individual PR's Top 5 Times of 1999 Links Mililani High School Cross Country Page Mimilani Track Club Summer Track Team Page Mililani High School Home Page Mililani High School Website Mid Pacific Road Runners Club Website Aloha State Games Track & Field Page Aloha State Games Track & Field Results Mililani Interactive Alumni Page Mililani Interactive Sports Corner Hawaii Sports Network Mililani Soccer Club Mililani High School Baseball Page Mililani High School Girls Wrestling Page Oahu Interscholastic Association Site Hawaii High School Sport Page Punahou Girls Track Page Olani Sport Sites Page Iolani Cross Country Page BHF KauTech.com USA PageTF-HI Site Pearl City Harriers Page St. Anthony Trojans Track Official Website Chaminade University Cross Country Site Unofficial Chaminade University Cross Country Site SportsHigh.com Updated August 5, 2020 Sign My Guestbook View My Guestbook Field Schedule 2020 OIA Track Schedule 2020 ILH Track Schedule 2020 Hawaii Track Meets on Athletic.net 2019 State Track & Field 24th Place Times & Marks 2019 O.I.A. Track & Field Qualing Standards NEXT EVENTS JANUARY 2021 Cross Country Season moved to JANUARY 2021 In response to the recent increase in COVID-19 cases, HHSAA has moved all High Risk Autumn Sports until January 2021 Given this latest change, the start of Off Season Conditioning will begin at a later date to be determined (TBD) STAY TUNED as additional information develops Wednesday 19 August TBD Off-Season Conditioning for 2020 Cross Country on HHSAA mandate due to 2020 COVID-19 Pandemic , there will be a No Contact period with any specific sports activity until Wednesday, August 19, when we will be allowed to go ahead with the off-season conditioning and weight training STAY TUNED as additional information develops Mililani H.S. Track & Field Team T-Shirt Refund Info Friday, June 12 Friday, June 19Pick up will be at Mimilani HS TrackGoogle Sign-up Sheet Link If you can please bring Own pen Please sign up via the Remind app on your smartphone or other devices for the latest information and messages Mililani H.S. Track & Field Team directly with Mimilani H.S. Track & Field Team T-Shirt/Singlet Order for the 2020 season wasC A N C E L L E D due to the california manufacturer's closure. Please contact Coach Ryan for refund information. Mar. 16- Apr. 17 S P R I N G B R E A K - 6 weeksN O P R A C T I C ETentated Return APRIL 30, 2020 Apr. 17 Whole Hawaii High School Athletics SeasonC A N C E L E D NEWS & NOTES Oahu Interscholastic Association Track & Field Site O.I.A. Track & Field RESULTS Site I.L.H. TRACK & FIELD SITE News and Events Previous March 16 - April 6 S P R I N G B R E A K - 6 weeksN O P R A C T I C ETentator Return APRIL 30, 2020 O.I.A. Qualifying Track Meet #4 at Mililani H.S.Sat Apr. 04C A N C E L E Meet Timeline : NONEField Events : NEVER, Running Events: TRACK Track Meet #3 at Pearl CityC A N C E L E D Sat. Mar. 28 Participating Teams: N O N E Cal Track/Ruby Tuesday InvitationI Meet C A N C E L E D Sat. 21 Participating Teams: N O N E O.I.A. Qualifying Track & Field Meet #2 RESULTS LIVE MEETS1:00pm Field Events, 14:00 Running Events Saturday 14 Mar. at Mililani High School Track Teams: Farrington, Kailua, Kapolei, McKinley, Nanakuli, Pearl City, Waialua, Waianae O.I.A. Qualifying Track & Field Meet #1 ResultsSat. Mar 07, 1:00 Field Events, 14:00 Running Events at Mililani High School Track Games: Campbell, Kahuku, Kaiser, Kalaheo, Pearl City, Nanakuli, Waialua 2020 Mimilani HS Track Brown & Gold MeetFri. February 28 - 3:30 p.m. at Mililani High School Track Events: High Jump, Pole Blow, Shot Put, Discus, Long Jump, 60m Hurdles, 100m Dash, 1500m Run, 400m Dash, 150m Low Hurdles, 800m Run, 200m Dash, 4x400m Relay 2020 Mililani HS Troian Pentathlon Friday February 21, 3:30 pm to Mimilani High School Track Events: High Jump, Shot Put, Long Jump, 1000m Dash, 400m Dash Mililani High School Athletics Parent Meeting Wednesday, February 26, 6:30 p.m. at Mililani High School Gymnasium Mililani HS Yearbook Track Team Picture TakingWed. February 26, 3:45 pm to Mililani High School Track Team Outfit: White Shirt, Black Shorts 2020 Mililani HS Troian Pentathlon Friday, February 21, 3:30 pm at Mimilani High School Track Events: High Jump, Shot Put, Long Jump, 100m Dash, 400m Dash First Day of Regular Track Season PracticeMon. February 10th Monday 4:00 am at Mililani High School Track Last Day one Monday, Feb. 03 Mon 15:00 at Mililani High School Track 2020 Lililani H.S. Track Sign Ups Tues. Jan. 28 3:30 pm at Mimilani High School Track Mililani H.S. TRACK Off Season Conditioning for 2020 Track Season Monday, Tuesday Thursday through February 3, 2020Mon. Dec 02, 2019 - 16:00 La Mililani High School Track Tuesday la GYM 2019 Mililani H.S. XC Off Season Conditioning Luni 08 Iunie -Luni, Miercuri & Joi 16:00 la Mililani High School Track 2019 Mililani Summer Track Practices Luni 03 Iunie - Luni & Joi 16:00 la Mililani High School Track 2019 USATF Hawaii Summer Track Program. Jun 08 - 13:30 la Pearl City High School Track Meets va avea loc atât la Pearl City & Punahou sâmbătă la 13:30 pe tot parcursul veri 2019 USATF Hawaii Summer Track Meet Results Felicitări pentru 2019 Mililani Track & Cross Country MVP Girls Track Co-MVP- Mackenzie Reed & Ryanne Navarro Boys Track Co-MVP, Jacob Manuel & Dylan Miyamura Girls JV Track MVP, Laiey Sapla Boys JV Track MVP, Tracen Higa Girls Cross Country MVP, Ryanne Navarro Boys Cross Country MVP , Ethan Ballou Girls JV Cross Country MVP, Zianya Gonzalez Boys Cross Country MVP, Kale Glunt 2019 State Track & Field Championship YouTube Video Felicitări câștigătorilor Campionatului De Stat Track & Field 2019 Trent Schuppe - Locul 5 Boys Long JumpElle Rimando - Locul 8 Fete Triple Jump Malia Bokanski - Locul 7 Fete Pole Vault Mackenzie Reed - Locul 2 Fete 100m Dash , 4th 400m Dash, Două 200m Dash Luis Garcia - Locul 8 Boys 800m Girls 4x100m Releu - locul 2 Hayley Labonte, Elle Rimando, Jaiiah Bowen, Devan Pogue Girls 4x400m Relay - Locul 4 Kaela Soberman, Ryanne Navarro, Hope Ishizaka, Mackenzie Reed 2019 State Track & Field Championship Meet Results State Track & Field Championship Trials Resultsat War Memorial Stadium, Wailuku, Maui Performance/Entries List LIVE RESULTS on Athletic.net State Track Championship Information Packet State Track & Field Timeline Discus 11:00am , Field Events 1:00pm, Running Events 3:30pm I.L.H. Last Chance Qualing Meet Results la Punahou School PERFORMANCE/ENTRIES LIST 3:30pm Field Events, 3:45pm Running Events Participating Schools: All Olyaua invitat Hawaii High Schools Congratulations to the Mililani HS Girls Track Team forwinning the 2019 OIA Track & Field ChampionshipsO.I.A. Varsity Track & Field Championship Rezultate Rezultate imprimabile Copy O.I.A. Varsity Track & Field Championship Finals Printable Results Copy 4:00pm Field Events, 17:30 Running Events Meet Info Meet Program Printable Meet Program Trials Results Performance List LIVE Meet Results Participants Schools: All O.I.A. Schools O.I.A. Varsity Track & Field Championship Results Copy Performance List LIVE Meet Results Participating Schools: All O.I.A. Schools Antrenat de Nathan Aragaki, Dane Matsunaga, Ryan Mitani Chadan Miyamoto, Jonovan Santos, Desta RudolphShonta Tucker, Marc Ramento, Adam Guzman, Sean Dagan Edwin Alfaro (Part-time fostul operator de dispozitiv de alertă tur final & a înfintat unele obstacole) Antrenori anterioroare Dan Johnson, Fred Culp, Sayoko Hackler (Pole Vault Coach), Ciera Senas (Volunteer Jumps Gordon, Marshall Eye, Angela Battitori (Asst. Distance Coach), Donte East (Assist. Coach), Tiffany Tang, Josh Bruskotter, Adriane Stone (High Jump Coach), Tiffany James (Assist. Coach), Dina Ishihara, Brian Santos, Kenton Kong, Aaron Ibrao, Parish Sinn,

Kayden IwasakiBrittany McClay, Colby Takeda, Nadia Romero, d'Andre Benjamin, Melissa Kawana, Charnay Bland, Amber Camody, Roderick Gray, Leiann Chun, Evan Young, Kylie Sakamoto Deputy Coaches, Denise Anders, d'Andre Benjamin, Mark Bridenstine, Ehren Ching, John Cobin, Daniel Brians, Gavin Doi, Shawn Gallup, Leila Hammonds, Jodi Enomoto, Kristin Halbert, Ian Helms, Chadensen Kaikala, Andrew Kamikawa, Leilani Kaluhiokalani-Myers, Sabrina Kawana, Jeff Lim, Donald Hopper, Clint Imholte, Melissa Kelly, Cenia Kila, Monique Mata, Jess Matsuda, Henry Workman, Bryan Mills, Matt Mor Mei Li Nickles, Robby Philipp, Nadia Romero, Vera Simms, Kylie Sakamoto, Tyler Yonemura, Parish Sinn, Deanne Soon, Elizabeth Teixeira & Rosemary Workman RE-RETRAS ANTRENORI Edwin Alfaro (Ex-Coach / Athlete), Marshall Eye (Former Head Coach) , Mr. & Mrs. Jeff & Jessica Caldwell Shane Akamine (Semi-Partially Retired Head Coach, but still Coaches) RETRAS/ANTRENORS REFERRING MILLIANI Art Agon, Clint Lacaden, Jeff Lim (Assist. Distance coach), Art Katahara (Jumps Coach), Andrew Padilla, Marshall Eye, Donte East, Shaun Kawakami, Andrew Kamikawa (Assist. Distance coach), Derek Higa, Miles Kaneshiro, Troy Gunter, Joel Flores, Robert Graham, Paul Oshiro, James Oshiro, Coleen OshiroMarielle Schammel, Edward Sawada (Retired/Spectator/Critic), Darnell Arceneaux, James Millwood, John Chadron, Ed Skipa Diaz, George Yamamoto, Mitchell Otani, Jonathan Sousley, Clyde Ching, Hermel Gordon, Chris Ware, John Zirkel, Ken Johnson, Rick Thiede, Scott St. John, Gail Kaihou, Horace Itosu, Brad Bennett, Rollin Drayton, Gordian Boteilho,Duke Ota, Derek Ota, Diana Ota, Jason Pati, Ron Saiki, Daniel Stock, Tim Stock 4th annual Aloha Cross Country Camp will be held July 25-29 Camp Erdman. (5days, 4 nights) for received 8-12 degrees \$329 includes all food, accommodation, activities, seminars, goodie bag, etc. Mimiilani Athletic Director John Kauinana Memorial Student-athletes who were lucky enough to have participated in the sport at Mililani High School during John Kauinana's tenure as sports director and coach from 1973 to 2001 know first hand leading, Quality and heart put into the Athletic Program, and even today's athletes still benefit from many of his achievements that have contributed to the Department of Athletics and Mimiilani High School. John Kauinana died on June 5, 2011. A memorial to celebrate his life, held at Mimiilani John Kauinana Stadium, on June 26, where many his friends, family and others who have been touched by his life, reminisced reminisced the good times they lived while he was around. Those of you who could not attend the memorial, please take some time to remember Big John and everything he did for Mimiilani HS and keep his spirit alive. News & Info from Track Season 2019 News & Info from the Track Season News & Info 2018 from the Track Season News & Info 2017 from the Track Season Sign My Guestbook e-mail here This page is maintained by Edwin Alfaro, Mililani Track Coach

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