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Curated tools and references to help you evaluate everyday claims, expose viral myths, and separate fact from fiction.


Use this page when you see a “shocking fact,” a viral story, or a bold statement that doesn’t quite feel right.

## General Fact-Checking


**Snopes** — One of the oldest and most comprehensive debunking sites for internet rumors, viral posts, and urban legends.  <https://www.snopes.com> ↗


**FactCheck.org** — Nonpartisan fact-checking organization covering politics, science, and viral misinformation.  IFCN-Verified  <https://www.factcheck.org> ↗


**PolitiFact** — Checks claims from officials, media, and social posts with a transparent “Truth-O-Meter” rating system.  IFCN-Verified  <https://www.politifact.com> ↗

**The Washington Post Fact Checker** — Investigates widely shared claims and provides context, sources, and Pinocchio ratings.  IFCN-Verified  <https://www.washingtonpost.com/news/fact-checker/> ↗

## Viral Myths & Rumors

**Truth or Fiction** — Specialized in debunking copy-and-paste posts, “share if you agree” content, chain emails, and long-circulating hoaxes.  <https://www.truthorfiction.com> ↗

**Hoaxy** — Visualizes how claims spread across social platforms, showing how misinformation gains traction (useful for seeing echo-chambers and copy-paste networks).  <https://hoaxy.osome.iu.edu> ↗

**Media Bias/Fact Check** — Not a fact-checker; helps you quickly gauge a source’s reliability and political bias before you trust or share it.  <https://mediabiasfactcheck.com> ↗

## Sam’s Tips

**If you haven’t verified it, don’t amplify it.** Most false claims spread because people share first and check later.

**Search the exact claim in quotes.** If only one site is saying it — or many sites repeat the same wording — treat it as unverified.

**Cross-check independently.** Look for confirmation from multiple, unrelated outlets. Convergence = confidence.

**Watch the wording.** Sensational headlines, all-caps warnings, “secret cure,” “they don’t want you to know,” “one weird trick,” and similar phrases are classic red flags.

**Prefer vetted sources.** When possible, start with  IFCN-Verified fact-checkers for higher trust and clear sourcing.