



Acacia Quilt Guild of Orange County, P. O. Box 6821, Buena Park, California, 90620
www.acaciaquiltguild.org

Volume 5, Issue 11

EDITOR'S NOTE

May, 2009



Here's a little newsletter administrative stuff:

As our Acacia year draws to a close, and as I prepare to send out another issue of the newsletter, it occurred to me that this is a good time to ask you if you are satisfactorily receiving our product in a legible form and timely manner.

I know we have had problems this year! Some people have been having trouble reading the e-mail copies. We have tried sending it out via a pdf format to see if that problem clears up. If you are still having problems, please let me know and we will do more work to resolve the issues.

One third of our membership receives their newsletter via "snail-mail". If you are one of these people, please let me know if you would like me to continue sending it this way or if you have automated in the interim and are now ready to read an e-mailed copy. (E-mail copies have some color!) On the other hand, if you would prefer to get a copy mailed to you, please just let me know, and I will see to it.

Do you have any ideas for articles? Let me know? Did you find a poem, recipe, tip—that you think should be shared with the guild? Send it in! Know about a new store opening or an old one going out of business (sales)? I'll find room! This is your paper and we want it to be a benefit to you—Keep in touch!

I am
Sherri Vasquez,
Acacia Newsletter Editor
13265 Anawood Way
Westminster, CA 92683
714-892-3720
Crafty_gramma@verizon.net



*Happy Birthday
To You*

Happy May birthday wishes to our following members:

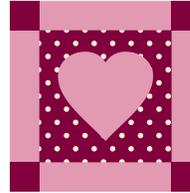
- Phyllis Campbell**
- Carolyn Craig**
- Cathy Dolan**
- Brenda Gibson**
- Rosemary Harding**
- Linda Reese**
- Ralph Smith**
- Lisa Sullivan**
- Nancy Williams**

Thank you for providing refreshments during our General Meeting on May 7.

It has been my pleasure to serve in this Hospitality position. I know the next person who volunteers for this opportunity to serve the guild will find it as rewarding as I have these past two years. Our members are very generous in providing refreshments even when it is not their birthday month. Kudos to you all for your kindness and generosity!

Reminder: For those who bring treats even though it is not their birthday month, please pick up your extra door prize ticket for your thoughtfulness.

Susann Wood
Hospitality Committee



Sunshine and
Shadows

Chairman: Kim

Our hearts go out to Sherri Vasquez and her family at the passing of her mother, an incredible women with a heart for the Lord. She will be missed by all who were blessed by the crossing of their paths.

And always remember, a word of encouragement can brighten the gloomiest of days. Dare to be that ray of sunshine in someone else's day.



**Ways and
Means**
By Verda

**HEY ALL YOU BEAUTIFUL
QUILTERS**

LOOK HERE!!

Remember to bring all your empty ink cartridges to Guild meeting on May 7.

For our Brown Bag event in March we raised \$91.50. **Good job** and **thanks** to all who brought items and participated.

Many thanks to all guild members for your continued support.
Verda, Ways & Means Chairman



Here is a healthier, yet yummy chocolate cake recipe I ran across on line.

Easy Lower Fat Chocolate Cake

Ingredients:

1 cup unbleached all-purpose flour
1/2 cup sugar (can use 1/4 C. Splenda for baking and 1/4 C. sugar)
3 tablespoons unsweetened cocoa powder
1 teaspoon ground cinnamon
1 teaspoon baking soda
1/4 teaspoon salt
8 ounces vanilla yogurt (light)
2 tablespoons vegetable oil (light olive or canola)
1 teaspoon vanilla extract
2 eggs (or 1 egg + 2 egg whites)

Directions:

1. Preheat the oven to 350 degrees F (180 degrees C). Grease an 8" or 9" round cake pan (20 x 4-cm or 23 x 3.5-cm sandwich or cake tin).
2. In a medium bowl, combine the flour, sugar, cocoa powder, cinnamon, baking soda, and salt.
3. In a large bowl, combine the yogurt, oil, vanilla extract, and egg yolks.
4. In a medium bowl, with an electric mixer on high speed, beat the egg whites until stiff peaks form.

5. Stir the flour mixture into the yogurt mixture until just blended. Fold the egg whites into the flour mixture. Pour into the prepared pan.
6. Bake for 35 minutes, or until a wooden stick inserted in the center comes out clean. Cool on a rack for 5 minutes. Remove to the rack to cool completely. &&&

Now for a moist cake and can be frosted with lite Cool Whip or just sprinkled with powdered sugar just before serving.

5 Minute Chocolate Mug Cake!

The most dangerous cake recipe in the world! **You Will Need :**

[4 tbsp Flour](#)

[4 tbsp Sugar](#)

[2 tbsp Cocoa](#)

[1 Egg\(s\)](#)

[3 tbsp Milk](#)

[3 tbsp Vegetable Oil](#)

[3 tbsp Chocolate Chips \(optional\)](#)

[a small splash of Vanilla](#)

[the biggest Mug you can find](#)

Add all the dry ingredients to the mug, and mix well.

1. Add the egg and mix thoroughly.
2. Pour in the milk and oil and mix well. Add the chocolate chips (if using) and vanilla extract. Mix again.
3. Put your mug in the microwave and cook for 3 minutes at 1000 watts on high. The cake will rise way over the top of the mug, but don't be alarmed! It'll go back down in a little bit.

4. Allow it to cool a bit, and tip it out onto a plate if you want.
5. And why is this the most dangerous cake recipe in the world?
Because now we are only 5 minutes away from chocolate cake at any time of the day or night!

HELP A BLOGGER

Hello! I am hoping you will share this inquiry with members of your quilt guild.

I am currently researching, for the purposes of writing two articles for my blogsite (www.sewcalgal.blogspot.com). I would like to identify the youngest and oldest quilter in Southern California, and capture their story on my blog. My requirement is that these quilters reside in Southern California and that their quilting activity/age be within the past year (e.g. not the eldest person who quilted 50 years ago).

I am also interested in writing an article(s) on people who have combined machine embroidery with quilting.

If you have a member, or know of a quilter(s) that might be interested in consideration for one of these articles, please have them contact me.

Thank you,

Darlene Simmons
5038 Via Papel
San Diego, CA 92122

www.sewcalgal.blogspot.com



Speakers And Workshops

By Phyllis Campbell

Don't Miss "A Thread Runs Through It"

By Phyllis Campbell

We are honored to have Barbara Dieges as our special speaker for May. Be sure to invite your friends and fellow quilters to this special presentation of *A Thread Runs Through it on Thursday, May 7.*

This original one-person play, looks at the life of a quilter and her quilts at the turn of the 19th century. The quilter's stories are told of her life and family, from a time gone by, in a setting of costume, props and music. As the quilts are shown, along with their stories, you will see how "a thread runs through it".



Membership

Sonia Das, Judy Hunsaker, Linda Stearns

Attendance at the March 2009 meeting: 36 members and 3 guests. As of May 1, 2009, Acacia has 70 members.

MEMBERSHIP RENEWAL FORMS WILL BE AVAILABLE AT THE MAY MEETING AS WELL AS VIA AN ATTACHMENT TO THE ACACIA MAY EVENTS EMAIL. RENEWALS ARE \$25.



Birthstones, Flowers and Colors

May: The birthstone associated with May and the astrological sign of Taurus is the emerald. Like the diamond, this precious stone has a long history of being highly valued by many cultures. Emeralds are said to help the mind overcome physical [illness](#) and improve a **body's overall level of [health](#)**. On an emotional level, emeralds help to balance the heart chakra. As with the sign of Taurus, the qualities of the emerald are strong and steady, allowing the wearer to remain grounded and focused.

The delicate Lilly of the Valley is the flower for May. The traditional meaning of this flower is humility,

affection and patience.

Green

In the plant world the majority of living things are green, such as green grass, leaves, trees, and flower stems. Green is the picture frame for life, serving as a backdrop for an enhanced thing of [beauty](#), or supporting that delicate flower as she opens her beautiful petals. Use green when you want to appear supportive or nurturing. In the United States green is also the color of money, making it the color of wealth and good luck. Some people report experiencing periods of good fortune after wearing lots of green. In the Chinese art of Feng Shui, green carpet will be fortune and luck to any [home](#). A peaceful, gentle color with its roots in nature, green is an all-purpose color that looks good on just about everyone.

May	Lily of the Valley, Hawthorne	 Emerald,	Success in Love	Yellow, Red and green
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		Sapphire, Agate, Chrysoprase, Beryl.		
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Okay, Secret Pals, prepare for the revelation!



Secret Pal

*Coordinator:
Sherri Vasquez*

Can you believe this year has almost come to an end?

The Acacia year, I'm talking about!

That's right! In June it will all be revealed! You will finally know who has been giving you all those thoughtful gifts for the last twelve months!

I have prepared a copy of your secret pal's questionnaire from last June, and will mail it to your home so you can select a really special gift for her to say "Thanks".

But don't forget your own Secret Pal, too! That's two special gifts for the June meeting when the secrets will all be made known.

Have you been giving your Secret Pal "Thank You's" throughout the year? I mean the person who has been so thoughtful to you. That is part of this program, and I have been failing to remind you all. If someone has been ignored, please accept my apologies—because I have been complicitous in the neglect.



The Acacia Quilt Guild meets on the first Thursday of each month at 6:45 PM in the

Buena Park Senior Center
8150 Knott Avenue (Corner of Santa Irene, between La Palma and Crescent))
Buena Park 90620-3159
(in the Walter D. Ehlers Community Recreation Center)
(714) 236-3870

**For more information about our Guild, please see our Website:
www.acaciaquiltguild.org**

or contact

Karen Waterbury: 714-209-0165



News staff

Newsletter and Website Staff:

Reach us at:

Mike Waterbury Website

714-209-0165

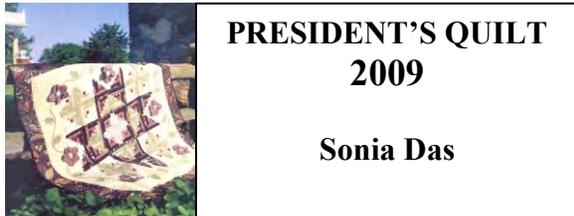
quiltingpiecebypiece@ca.rr.com

Sherri Vasquez Newsletter

714-892-3720

Crafty_gramma@verizon.net

This newsletter is written for you and by you and put out to help you. Please help us keep Current by contacting us with interesting



**PRESIDENT'S QUILT
2009**

Sonia Das

In late April, Diane MacRill, Susann Wood, Phyllis Campbell and I met at Diane's house and we put the President's Quilt together. Thanks to all of them for their hard work.

In May, we will bring the Quilt to the meeting for members to see and in June, we will present Karen with her absolutely super-fantastic, gorgeous, beautiful and wonderful quilt.

Signing the quilt if you made a block

Please see Sonia to sign a muslin rectangle. Special items are being created for the quilt to incorporate the signatures of those who made blocks.

Signing the quilt if you did not make a block

Please sign the cornerstones on the quilt.

Also, if you did not make a block and would like to contribute to the Quilt, please bring donations of the following items to the May meeting. A basket will be available to collect donations which should be able to fit in an 8" square.

- **Fat Quarters**
- **Charm Squares**
- **Chocolate**
- **Notions**

• **Stationery Items**

Thank you to all who made blocks. Also thank you to Phyllis Campbell who will handle the quilting for the Quilt.



Sew -So-Much
Chairman: Sharon
Monge

Has Friday Afternoons been a hard time for you to come to Sew-So-Much at the Bunney Hutch? Some folks find it ideal for their schedules, but some JUST CAN'T MAKE IT!

Well, now we have an option! Not only will there be a Sew-So-Much at the Bunney Hutch on it's regular Friday (the fourth Friday of each month, which in May's case is the 22nd) from 10 am to 5 pm, BUT! (drum roll please)....

NOW there will also be an opportunity for you night owls to get together and sew on your projects at the Tall Mouse!

In May, Tall Mouse Arts and Crafts opens its doors to us on Thursday, May 14 from 5 pm to 8 pm.

Of course, if you love quilting with you guild-mates, and you have a lot to do, you are welcome to come to both Sew-So-Much events! Pack up you projects and bring them to

The Tall Mouse Arts and
Crafts
13233 E. South Street
Cerritos, CA 90703
On Thursday, May 14 from 5 to
8 pm
OR
The Bunney Hut ch Quilt 'N
Sew
4478 Cerritos Avenue

Los Alamitos, CA 90720
(714) 226-9647
On Friday, May 22 from 10 am
to 5 pm.

**Both places will allow us to
bring snacks to share—as long
as we clean up afterward.**

Upcoming Events

May

- 7 General Meeting, Buena Park Senior Center, 6:45 pm
Speaker: Barbara Diegas
- 9 Workshop: Barbara Diegas: Blossom Time
Time: 9 AM to 3 PM, Cost: \$25.00 for members, \$35.00 for non-
Members
- 14 NEW SEW-SO-MUCH NIGHT AT TALL MOUSE IN CERRITOS
- 16 Philanthropy Sew Day
- 19 Board Meeting at 6 pm
- 22 Sew So Much at the Bunney Hutch Quilt 'n" Sew, 10am to 5 pm

June

- 4 General Meeting, Buena Park Senior Center, 6:45 pm
Installation of Officers, Potluck
- 6 Workshop:
Time: 9 AM to 3 PM, Cost: \$25.00 for members, \$35.00 for non-
Members
- 16 Board Meeting at 6 pm
- 20 Philanthropy Sew Day

July

9-12

and 16-19 2009 Southern California Quilter's Run see www.quiltersrun.com

24-26

International Quilt Festival/Long Beach see shows@quilts.com

**ACACIA DOOR PRIZE WINNERS –
APRIL, 2009**
Sonia Das

Congratulations to the following lucky door prize winners at the April 2009 meeting.

Many, many thanks, as always, to our generous donors. Don't forget to send in or turn in those **Thank You** notes to let our donors know how much their generosity is appreciated!

Please remember to support our local quilt shops whose collective generosity helps support many Acacia activities!

<u>QUILT SHOP/DONOR</u>	<u>PRIZE</u>	<u>WINNER</u>
<i>BEAR'S QUILT SHOP</i>	GIFT CERTIFICATE \$10	Beverly Russell
<i>BUNNEY HUTCH</i>		Karen Waterbury Susan MacVicar
<i>MOORES</i>	FQ PACK FQ PACK FQ PACK FQ PACK	Susan MacVicar Helen Whitaker Anna Lee Cecilia Carey
<i>QUILT CUPBOARD</i>		Nancy Carey Diane MacRill
<i>SINGER SEWING CENTER</i>		Jody Burtch

TIMELESS QUILTS

Phyllis Campbell
Nancy Carey

VERDA

FQ PACK
FQ PACK

Kit Boyd
Diane MacRill