

MY  
*Prayer*  
PATHWAY

— NOTEBOOK —

*This Prayer Notebook  
Belongs To*

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# MAKING A PRAYER PATHWAY NOTEBOOK

## FORMS AND INSTRUCTIONS

MAKING PRAYER PATHWAY NOTEBOOKS can be a fun group, family, or individual project. This packet includes the following forms and resources in two printable formats. You will also need the supplies listed below.

### Forms

My Weekly Prayer Planner  
Today's Prayer List  
I'm Praying For  
Prayer Verses  
PRAYERS Day Trip

### Resources

Prayer PathWay cover sheets  
Some Names of God  
God Is . . .  
The "I Am" Statements of Christ  
A Month of Daily Prayer Themes

### Additional Supplies

A binder (either 8.5" x 11" or 8.5" x 5.5")  
Printer and printer paper or loose-leaf notebook paper  
Dividers (7 minimum; up to 18 suggested)  
Pen or pencil

### Optional Extras

A second binder (either 8.5" x 11" or 8.5" x 5.5")  
Photographs of people or groups you would like to pray for  
Scrapbook paper  
Markers or colorful pens  
Stickers

## PREPARE YOUR BINDER

- ♦ Get a binder (or two) from an office supply store. Decide whether you'd prefer a letter-sized binder (8.5" x 11") or a half size (8.5" x 5.5"). I like to leave my binder out on the counter as a prayer reminder throughout my day, so I prefer a smaller size. If you choose to make a family prayer notebook to share, a larger binder might be better.
- ♦ Create a cover (or covers). Some binders have a clear plastic sleeve on the front so that you can design your own cover and slide it in. You might choose to print out favorite verses, photos of people you pray for—anything that will inspire you to grab the notebook to pray! Scrapbooking paper/markers/stickers can make your cover a work of art. (But don't feel the pressure to do an ornate art project if that will derail you from starting a new prayer routine.)

## SET UP THE INTERIOR

### For a Prayer Notebook

- ♦ Create the sections for the PRAYERS acrostic. Label seven dividers, one for each of the seven steps of Prayer PathWay (Praise, Repent, Ask, Yield, Express Thanks, Rejoice, Shalom).
- ♦ Print out some Prayer Verses pages or use binder paper from the store.
- ♦ Start jotting down some verses and/or quotes that help you to pray!

### For a Personal Prayer Planner

- ♦ Print out the forms you will need (My Weekly Prayer Planner, Today's Prayer List, I'm Praying For, Prayer Verses, and PRAYERS Day Trip).
- ♦ Label the first divider for your weekly prayer plan. Insert the Weekly Prayer plan sheet.
- ♦ Label seven dividers, one for each day of the week. Insert the prayer lists for each day. You may wish to add an I'm Praying For form in each section as well.
- ♦ Label one divider for a month of daily prayer. Insert the Month of Daily Prayer Themes form.
- ♦ Label one divider RESOURCES. Print out extra forms and resources so that they're handy when you need them!
- ♦ Label one divider MISCELLANEOUS.

## WORK THROUGH THE FORMS

- ♦ Start by filling out My Weekly Prayer Planner. Don't rush this process. Prayerfully think of people, groups, ministries, and others for

whom you would like to pray. Revise your chart until you feel satisfied with your plan. I find it helpful to use different colors of ink to designate different prayer groups (e.g., red for my own family, green for extended family, blue for friends, pink for missionaries, black for church and other ministries). If you've never done a list like this before, start small—you may add to it in the future!

- ♦ Transfer each day's list from My Weekly Prayer Planner to that day's Prayer List form. Each day should have its own Today's Prayer List. Write the day in the upper righthand corner. (For example: everything from the Sunday column of your Weekly Prayer Planner should be copied onto a Prayer List form in the Sunday section of your binder.) Write the name of each person or group on an individual I'm Praying For form. For some of the people I pray for, I start this sheet with ongoing prayer needs and with Bible verses that apply (I call these "prayer pointers"). The rest of the page can then be used for specific prayer requests/answers/updates. Some people add photos of those they're praying for. This is a good way to use the Christmas card photos and missionary prayer letters you receive!

**EXAMPLE:** If you listed your grandparents on your Weekly Prayer Planner in the Monday column, transfer their names to Monday's Today's Prayer List. Then place their names on an I'm Praying For form, along with prayer pointers. Place that page in the Monday section, behind Today's Prayer List. Refer to that sheet if you'd like to be reminded of what to pray or to add more details or requests.

I make extra copies of my Weekly Prayer Planner to put in my Bible, with my calendar, on my bedside table, and on the kitchen cupboard—anyplace where it can catch my eye to remind me to be constant in prayer. I also make a calendar event in my calendar app so that my phone and laptop send me daily reminders of who's on that day's prayer list.

**CAUTION:** If filling out forms will cause you to get distracted from praying—don't use them! They're meant to be an encouragement to your prayer discipline—not another item on your to-do list.

**ANOTHER CAUTION:** If you record personal information and prayer requests about yourself or other people, please don't leave your notebook where others can read it or where you could possibly misplace it. Confidentiality is crucial!

## Some Names of God

<b>Elohim</b>	He is Creator	Genesis 1:1
<b>El-Elyon</b>	He is God Most High	Genesis 14:19b
<b>El-Olam</b>	He is the Everlasting God	Isaiah 40:28
<b>El-Roi</b>	He is the One Who Sees	Genesis 16:13
<b>El-Shaddai</b>	He is God Almighty	Genesis 17:1
<b>Adonai</b>	He is Lord Almighty	Deuteronomy 10:17
<b>Jehovah-Jireh</b>	He is the Provider	Genesis 22:14
<b>Jehovah-Maccaddeshem</b>	He is the Sanctifier	Exodus 31:13
<b>Jehovah-Nissi</b>	He is our Banner	Exodus 17:15
<b>Jehovah-Rapha</b>	He is the Healer	Exodus 15:26
<b>Jehovah-Sabaoth</b>	He is the Lord of Hosts	Psalms 23:1
<b>Jehovah-Rohi</b>	He is the Shepherd	Isaiah 6:1-3
<b>Jehovah-Shalom</b>	He is Peace	Judges 6:24
<b>Jehovah-Shammah</b>	He is the Lord Who is Present	Ezekiel 48:35
<b>Jehovah-Azar</b>	He is my Helper	Psalms 54:4

## The "I AM" Statements of Christ

Jesus said: "I am <b>the bread of life.</b> "	John 6:48
Jesus said: "I am <b>the light of the world.</b> "	John 9:5b
Jesus said: "I am <b>the door.</b> "	John 10:7b
Jesus said: "I am <b>the good shepherd.</b> "	John 10:11a
Jesus said: "I am <b>the resurrection and the life.</b> "	John 11:25a
Jesus said: "I am <b>the way, the truth and the life.</b> "	John 14:6a
Jesus said: "I am <b>the vine.</b> "	John 15:5a

# GOD IS . . .

## **GOD IS HOLY**

It is written, “You shall be holy, for I am holy.”

1 Peter 1:16

## **GOD IS UNCHANGING**

For I the Lord do not change.

Malachi 3:6a

## **GOD IS COMPASSIONATE**

As a father shows compassion to his children, so the Lord shows compassion to those who fear him.

Psalms 103:13

## **GOD IS STEADFAST**

Give thanks to the God of heaven, for his steadfast love endures forever.

Psalms 136:26

## **GOD IS PATIENT**

The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance.

2 Peter 3:9

## **GOD IS LOVING**

God is love.

1 John 4:8b

Scripture quotations are from the ESV® Bible (*The Holy Bible, English Standard Version*®), copyright © 2001 by Crossway, a publishing ministry of Good News

## **GOD IS FORGIVING**

As far as the east is from the west, so far does he remove our transgressions from us.

Psalms 103:12

## **GOD IS FAITHFUL**

Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations.

Deuteronomy 7:9

## **GOD IS SOVEREIGN**

I am God, and there is none like me, declaring the end from the beginning and from ancient times things not yet done, saying, “My counsel shall stand, and I will accomplish all my purpose.”

Isaiah 46:9b–10

## **GOD IS OMNISCIENT**

You know when I sit down and when I rise up; you discern my thoughts from afar.

Psalms 139:2

## **GOD IS OMNIPRESENT**

Where shall I go from your Spirit? Or where shall I flee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!

Psalms 139:7

## **GOD IS OMNIPOTENT**

Is anything too hard for the Lord?

Genesis 18:14

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PRAYERS Day Trip

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PRAISE .....

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REPENT .....

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ASK .....

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YIELD .....

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EXPRESS THANKS .....

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REJOICE .....

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SHALOM. ....

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Today's Prayer List

20 horizontal dotted lines for writing.

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Today's Prayer List

20 horizontal dotted lines for writing.

I'm praying for:

What I'm praying:

I'm praying for:

What I'm praying:



# Prayer Verses

# Prayer Verses

Blank lined area for writing prayer verses on the left page.

Blank lined area for writing prayer verses on the right page.

# A MONTH OF DAILY PRAYER THEMES

❧ For My Loved Ones ❧

## I PRAY THAT MY LOVED ONES WOULD . . .

1. love God the Father, Son, and Holy Spirit (Mark 12:30).
2. love others (Mark 12:31a).
3. resist Satan, flee from sin, and eagerly repent (James 4:7b).
4. submit to discipline and correction (Prov. 19:20).
5. be drawn to the Word and to prayer (Ps. 119:97).
6. not love the world (Rom. 12:2).
7. resist temptation (Rom. 12:9b).
8. trust God with their future (Prov. 3:5–6).
9. be pure (2 Peter 3:14b).
10. know that they are precious to God (Zeph. 3:17).
11. be satisfied in God (Ps. 27:4a).
12. be true worshipers of God (Luke 4:8b).
13. show the fruit of the Spirit in their lives (Gal. 5:22–23a).
14. have godly influences and friends (Prov. 13:20).
15. have servant hearts (Mark 9:35b).
16. be peacemakers (Matt. 5:9).
17. follow the narrow path (Ps. 16:11).
18. be disciplined in thoughts, words, and actions (1 Cor. 9:27a).
19. grow in spiritual discernment (Prov. 3:7).
20. live in joy (Jer. 31:13b).
21. be doers of the Word, not hearers only (James 1:22a).
22. be content (Phil 4:11b).
23. not be anxious (Phil. 4:19).
24. be forgiving and not hold grudges (Eph. 4:32).
25. not be proud (Phil. 2:3–4).
26. desire excellent character in themselves and others (1 Sam. 16:7b).
27. be honest (Prov. 12:19).
28. be teachable (Prov. 12:1).
29. persevere under trials (James 1:2–3).
30. be spiritually strong (Eph. 6:10–11).
31. abide in Christ (John 15:9).

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7. resist temptation (Rom. 12:9b).
8. trust God with her future (Prov. 3:5–6).
9. be pure (2 Peter 3:14b).
10. know that she is precious to God (Zeph. 3:17).
11. be satisfied in God (Ps. 27:4a).
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— MY *Prayer Path Way* NOTEBOOK —

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