

Training Catalog

FALL 2021

For Early Care & Education and School-Age Child Care Professionals in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

OCTOBER-DECEMBER

Region 6 Child Care Resource & Referral Training Catalog is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.



REGISTER NOW FOR TRAINING SESSIONS!

- 1 Review the training sessions for topics, dates, times, locations, and credits.
- 2 Review the registration instructions for the county in which your session is offered.
- 3 Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.

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REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register

Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.

By mail or in person: Send registration form with payment to: Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217

By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register

By mail or in person: Send or bring registration form with payment to:

Smart Start Rowan, 1329 Jake Alexander Blvd. S. Salisbury, NC 28146

By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register

Online: Download Stanly County's registration form at stanlypartnership.org

By mail or in person: Send or bring registration form with payment to:

Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001

By phone: Call (704) 982-2038

TRAINING LOCATIONS

Mecklenburg: Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217

Union, in collaboration with South Piedmont Community

College: Tyson Family Center, 3509 Old Charlotte Highway, Room 2602 (Early Childhood Classroom), Monroe, NC 28110

Stanly

Stanly County Partnership for Children, 1000 N. First Street, Suite 8, Albemarle, NC 28001

Rowan

Smart Start Rowan, 1329 Jake Alexander Blvd. S., Salisbury, NC 28146

Cabarrus

Please check training description for location.



Technology Requirements for Online Virtual Sessions

Individual email addresses for registration are required.

Any trainings that are offered virtually will require participants to have access to a computer or other electronic device with internet connection.

Participants must also have the ability to watch and listen to video online, have the capabilities to unmute themselves, share their cameras, and participate via chatbox throughout the session.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers to hear audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: *Most online sessions are 2 credit hours (unless otherwise stated). You will be contacted at least 1 week prior to training with instructions and login information pertaining to your online training.*

LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

Entry - Offers basic background information

Beginner - Explores practical application

Intermediate - Expands existing knowledge

Advanced - Provides specific, in-depth knowledge relevant to field of concentration or interest area

ON DEMAND SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

ALL ABOUT THE SACERS-U

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Technology Requirements

Individual email addresses for registration are required.

These trainings are self-paced and will require participants to have access to a computer or other electronic device with internet connection.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: On Demand sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your On Demand training.

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

BREAST MILK: THE PERFECT BABY FOOD

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

BULLYING: TODAY'S MEAN SCENE

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

CONVERSATION: THE COMMON THREAD IN OUR WORK

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

ON DEMAND SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

FUNDING SCHOOL-AGE PROGRAMS

School-age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

GRANTING CHILDREN THEIR EMOTIONS

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

GREAT PLACES TO BE A BABY: INFANTS' AND TODDLERS' LEARNING ENVIRONMENTS

Research tells us infants and toddlers learn best in environments where they can have secure relationships with caring and responsive adults, where they feel safe and where they feel free to explore and learn. A well-arranged environment can help you meet the needs of infants and toddlers. This session highlights the importance of the environment and provides an overview of what to consider when creating and maintaining developmentally appropriate infant and toddler learning environments.

IT'S OFF TO SCHOOL WE GO

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

MAKING HAPPY HAPPEN: BUILDING RESILIENCE IN CHILDREN

This course helps providers understand specific characteristics or elements in a child's life that most contribute to resilience. Developing these resilient tendencies will give a child the essential life skills needed to cope with challenges, adopt a positive perspective, and develop self-confidence and self-worth – all essential ingredients for happiness. This course is ADA-friendly.

POTTY TIME: WHEN IS THE RIGHT TIME?

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

PRIMARY CAREGIVING

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

CEU COURSES

ACTIVE READING WITH PRESCHOOLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

\$25 | 0.5 CEUs

ACTIVE READING FOR INFANTS & TODDLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

\$25 | 0.5 CEUs

ON DEMAND SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress

and rediscover the joys of providing care and teaching young children.

WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.

**For administrators and those in leadership positions.*

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!

If you have many children with challenging behaviors, or seem to be dealing constantly

with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

ON DEMAND SESSIONS – ROWAN



PROFESSIONALISM

FAMILY PARTICIPATION

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

No fee | 2.0 credit hours | Level: Beginner

SOCIAL & EMOTIONAL DEVELOPMENT

TAMING THE WILD PART 1 & 2

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

No fee | 4.0 credit hours | Level: Beginner

How to Register for Rowan On Demand Sessions

By mail

Send registration form on Page 11 to:
Smart Start Rowan, 1329 Jake Alexander Blvd. S.
Salisbury, NC 28146

By phone

Call (704) 630-9085

SCHEDULED SESSIONS

WORKSHOP TITLE	DATE	TIME	LOCATION	CATEGORY
What to Expect When Working in Child Care	Sat., Oct. 23	10 am-12 pm	Cabarrus/Zoom	Professionalism
Creative Discipline: Time Out or Time For a Change?	Tue., Oct. 26	6-8 pm	Meck/Zoom	Child Development
BSAC	Tue., Oct. 26 & Fri., Oct. 29	10 am-12 pm	Meck/Zoom	School-Age
Classrooms as a Third Teacher	Wed., Oct. 27	6:30-8:30 pm	Rowan	Child Development
Fire Safety	Wed., Oct. 27 & Mon., Nov. 1	6-7:30 pm (Pt. 1)	Union	Health, Safety, Nutrition
ITS-SIDS	Sat., Oct. 30	9-11 am	Mecklenburg	Infant/Toddler
Adult & Child Interactions in Early Care Environments	Mon., Nov. 1	12:30-2:30 pm	Meck/Zoom	Child Development
Virtual Protective Factor Training	Mon. & Tue., Nov. 1 & 2	9:30 am-12 pm	Rowan	Health, Safety, Nutrition
ITS-SIDS	Wed., Nov. 3	6:30-8:30 pm	Rowan	Infant/Toddler
Emergency Preparedness and Response	Thu., Nov. 4	10am-12:30 pm	Union/Zoom	Administration
ITS-SIDS	Thu., Nov. 4	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
Promoting Friendship & Social Play in Preschool	Sat., Nov. 6	10 am-12 pm	Meck/Zoom	Preschool
Children & Stress: How Teachers Can Support Children/Families	Mon., Nov. 8	6:30-8:30 pm	Cabarrus/Zoom	Social-Emotional
A Focus on Recruitment and Retainment in Early Childhood	Wed., Nov. 10	6:30-8:30 pm	Rowan	Administration
ITS-SIDS	Wed., Nov. 10	6:30-8:30 pm	Union/Zoom	Infant/Toddler
ITS-SIDS	Sat., Nov. 13	9-11 am	Meck/Zoom	Infant/Toddler
Shaken Baby Syndrome & Abusive Head Trauma	Mon., Nov. 15	6:30-8:30 pm	Cabarrus/Zoom	Professionalism
Team Building and Staff Motivation	Tue., Nov. 16	10 am-12 pm	Meck/Zoom	Professionalism
How Are You, How Am I?	Tue., Nov. 16	6:30-8:30 pm	Cabarrus/Zoom	Social-Emotional
Using Sign Language with Infants & Toddlers	Wed., Nov. 17	6:30-8:30 pm	Cabarrus/Zoom	Infant/Toddler
Leading the Way: Implementing High-Quality I/T Care	Thu., Nov. 18	6:30-8:30 pm	Union/Zoom	Infant/Toddler
Praise or Encouragement -- What's the Difference?	Tue., Nov. 23	6-8 pm	Meck/Zoom	Child Development
Learning is Happening Right Before Your Eyes	Tue., Nov. 30 & Tue., Dec. 7	6:30-8:30 pm	Rowan	Infant/Toddler
Observing and Recording Behaviors	Thu., Dec. 2	6:30-8:30 pm	Rowan	Child Development
ITS-SIDS	Thu., Dec. 2	6-8 pm	Union/Zoom	Infant/Toddler
It's Off to School We Go	Fri., Dec. 3 & Fri., Dec. 10	12:30-2:30 pm	Meck/Zoom	Preschool
CPR/First Aid	Sat., Dec. 4	8 am-1:30 pm	Rowan	Health, Safety, Nutrition
ITS-SIDS	Sat., Dec. 4	9-11 am	Meck/Zoom	Infant/Toddler
Turning Difficult Situations Around	Sat., Dec. 4	10 am-12 pm	Cabarrus/Zoom	Professionalism
NC FELD	Tue., Dec. 7 & Tue., Dec. 14	6-8:30 pm	Meck/Zoom	Professionalism
ITS-SIDS	Wed., Dec. 8	6:30-8:30 pm	Rowan	Infant/Toddler
Infant and Toddler -- Developing Social-Emotional Skills	Thu., Dec. 9	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
Preparing Staff for Emergencies	Tue., Dec. 14	6:30-8:30 pm	Cabarrus/Zoom	Health, Safety, Nutrition
ITS-SIDS	Tue., Dec. 14	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
The Basics of Inclusion	Mon., Dec. 20	6:30-8:30 pm	Meck/Zoom	Child Development

SESSION DESCRIPTIONS

Zoom trainings are offered virtually and will require participants to have the capabilities to mute/unmute themselves, share their cameras, and participate via chatbox throughout the session. Individual email addresses for registration are required.

ADMINISTRATION

A FOCUS ON RECRUITMENT AND RETAINMENT IN EARLY CHILDHOOD (DIRECTORS ONLY)

This training is for directors only and will focus on approaches to retention and recruitment in the early childhood field. Topics discussed will be low- to no-cost benefits packages, methods of advertising open positions, and ways to increase staff morale. Directors will complete a hands-on activity to bring back to their facilities.

Wed., Nov. 10 | 6:30-8:30 pm | Rowan
\$10 | 2.0 credit hours | Level: Intermediate

EMERGENCY PREPAREDNESS AND RESPONSE

This training provides early educators with information and tools to prepare for many types of emergencies and addresses NC child care rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website.

Thu., Nov. 4 | 10 am-12:30 pm | Union/Zoom
\$15 | 2.5 credit hours | Level: Entry

CHILD DEVELOPMENT

ADULT & CHILD INTERACTIONS IN EARLY CARE ENVIRONMENTS

Early care providers have many responsibilities that involve enhancing the development and learning of children in their care while responding to children's needs, interests, and assistance to get along with others in a group care setting. In this session, we will explore the impact of early care providers' roles and responsibilities on adult and child interactions. We will discuss negative, positive, and neutral interactions and the kind of adult support needed and appropriate for children in early care environments.

Mon., Nov. 1 | 12:30-2:30 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Intermediate

CLASSROOMS AS A THIRD TEACHER

Teachers, directors, and assistants will learn unique ways to use their classroom as the third teacher to help facilitate children learning through play both indoors and outdoors.

Wed., Oct. 27 | 6:30-8:30 pm | Rowan
\$10 | 2.0 credit hours | Level: Beginner

CREATIVE DISCIPLINE – TIME OUT OR TIME FOR CHANGE

Once providers learn to make the vital connection between classroom management and children's behavior, the solution is easy! Learn how the environment, positive guidance, routines, and other strategies can play a part in preventing and solving discipline problems.

Tue., Oct. 26 | 6-8 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Beginner

OBSERVING AND RECORDING BEHAVIORS

Observation and recording of behaviors plays an important role in early childhood education classrooms. Participants will learn about the importance of observation and recording, proper techniques, appropriate use, and of course, confidentiality concerning observation and recording of children in early childhood classrooms. Participants will receive take-home materials and practice recording skills during this session.

Thu., Dec. 2 | 6:30-8:30 pm | Rowan
\$10 | 2.0 credit hours | Level: Entry

PRAISE OR ENCOURAGEMENT – WHAT'S THE DIFFERENCE?

Most educators agree that children need to be in supportive, friendly environments. But can too much praise be counterproductive? This workshop will explore how to support children's efforts with encouragement and learn to stop saying, "Good job," "Great," and "What a beautiful picture!"

Tue., Nov. 23 | 6-8 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Intermediate

THE BASICS OF INCLUSION

This workshop will look at typical development of preschool children, early warning signs of a disability or delay, and what to do if a teacher suspects a child has a delay or disability. Also covered will be features of a quality inclusive program and how to arrange and adapt the environment for children with disabilities.

Mon., Dec. 20 | 6:30-8:30 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Intermediate

HEALTH, SAFETY, & NUTRITION

FIRE SAFETY (UNION)

Does your program have a fire safety plan? This session will address county fire codes and guidelines for general precautions, emergency planning and fire drills, equipment services features and systems, fire-related construction and protection, restrictions for interior wall and ceiling covering in the classroom, means of egress, and the use of portable fire extinguishers. This session will also provide information on how to ensure compliance for fire safety. **This session is part one of a two-part training. Part 1 is a virtual session, and part 2 will follow up with a face-to-face/hands-on activity. Participants will sign up for Part 2 slots during Part 1.*

Wed., Oct. 27 & Mon., Nov. 1 | Part 1: 6-7:30 pm; Part 2: 30 minutes by appointment
Union | \$15 | 2.0 credit hours | Level: Entry

PREPARING STAFF FOR EMERGENCIES

Every child deserves to be cared for by teaching staff who are aware of and practice emergency preparedness. This session will cover the basics of what teachers need to know in the event of an emergency, including how to plan for natural disasters or man-made events.

Tue., Dec. 14 | 6:30-8:30 pm | Cabarrus/Zoom
\$15 | 2.0 credit hours | Level: Beginner

SHAKEN BABY SYNDROME AND ABUSIVE HEAD TRAUMA

This session will address the importance of understanding and preventing Shaken Baby Syndrome and Abusive Head Trauma, devastating forms of physical child abuse that can occur in homes as well as in the child care environment.

[Mon., Nov. 15 | 6:30-8:30 pm | Cabarrus/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

CPR/FIRST AID

This training will go above and beyond regular CPR and First Aid. It is child-oriented but will also discuss adult CPR. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to your needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults.

[Sat., Dec. 4 | 8 am-1:30 pm | Rowan](#)
\$60 | Level: Entry

INFANT/TODDLER

INFANT AND TODDLER DEVELOPING SOCIAL-EMOTIONAL SKILLS

Children begin developing social-emotional skills from infancy. Understanding how to support development during this critical period is vital to infants and toddlers' overall well-being and future success in school and life. This professional development event explores the developing social-emotional skills of infants and toddlers. Participants will learn to define and describe social emotional development, identify key social emotional skills that contribute to school readiness, and gain richer insight into strategies that support social-emotional development for infants and toddlers. (DCDEE 3, 7)

[Thu., Dec. 9 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

ITS-SIDS

This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other best practice recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly. (DCDEE 1)

[Thu., Nov. 4 | 6:30-8:30 pm | Meck/Zoom](#)
[Wed., Nov. 10 | 6:30-8:30 pm | Union/Zoom](#)
[Sat., Nov. 13 | 9-11 am | Meck/Zoom](#)
[Thu., Dec. 2 | 6-8 pm | Union/Zoom](#)
[Sat., Dec. 4 | 9-11 am | Meck/Zoom](#)
[Tue., Dec. 14 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Entry
[Wed., Nov. 3 | 6:30-8:30 pm | Rowan](#)
[Wed., Dec. 8 | 6:30-8:30 pm | Rowan](#)
\$10 | 2.0 credit hours | Level: Entry

LEADING THE WAY: IMPLEMENTING HIGH-QUALITY INFANT TODDLER CARE

No matter what our role is in child care, we share a common goal: to provide quality group care for infants and toddlers. But what does that look like? In this training, we will discuss evidence-based practices and policies that support the high-quality infant toddler care we strive to provide. As we discuss quality infant-toddler care practices and how different programs approach implementing these practices, we'll reveal the benefits for children and their caregivers. We will look at six essential program policies that support relationship-based strategies in child care and examine your beliefs and philosophy as they relate to evidence-based quality group care.

[Thu., Nov. 18 | 6:30-8:30 pm | Union/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

LEARNING IS HAPPENING RIGHT BEFORE YOUR EYES: SEEING AND SUPPORTING INFANT AND TODDLER COGNITIVE DEVELOPMENT (PARTS 1 & 2)

Many adults still think of babies as helpless and simply a "clean slate." If you watch infants and toddlers closely, you will see that they are engaged in thoughts and actions of discovery and learning in almost every waking moment. These thoughts and actions are the complex learning processes and abilities we will discuss as we define cognitive development. We will further describe cognitive development in terms of six different types of discoveries infants and toddlers make when exploring and experimenting with the things and people in their world. Opportunities to apply your knowledge of these discoveries will help you see the learning happening as infants and toddlers are developing cognitively. In the end, you will leave with some strategies and experiences you can use daily to support infant and toddler cognitive development. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking; Activities, Interaction, Program Structure, and NCFELD Domain: Cognitive Development. (DCDEE 2, 3, 7, 8) **Participants must attend both sessions to receive credit.*

**Homework assignment will be required.*
[Tue., Nov. 30 & Tue., Dec. 7 | 6:30-8:30 pm](#)
[Rowan](#) | **\$15 | 5.0 credit hours | 0.5 CEUs**
Level: Entry

USING SIGN LANGUAGE WITH INFANTS AND TODDLERS

Teaching infants and toddlers to use sign language gives them the opportunity to see, feel, and hear language. This professional development experience will guide you through the discovery of how to use sign language as a tool to promote children's confidence, classroom management, and form connections. Participants will learn the benefits of using sign language with young children, tips, techniques, and common sign language early educators can use to support and enhance the learning environment for young children.

[Wed., Nov. 17 | 6:30-8:30 pm | Cabarrus/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

PRESCHOOL

IT'S OFF TO SCHOOL WE GO (PART 1 & 2)

Many would say school readiness includes a child's ability to get along with others and to recognize some numbers and letters. These skills are important, but school readiness also includes the many skills that develop over time from birth to school entrance age. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development and how they each contribute to a child's readiness for school. **Participants must attend both sessions in order to receive credit.*

[Fri., Dec. 3 & Fri., Dec. 10 | 12:30-2:30 pm](#)

[Meck/Zoom | \\$25 | 5.0 credit hours](#)

[0.5 CEUs | Level: Intermediate](#)

PROMOTING FRIENDSHIP & SOCIAL PLAY IN PRESCHOOL

This session will give practical ideas and strategies for dealing with children who have a difficult time making friends. It will also provide information on how teachers can help in this process and an overview of the children who may experience difficulty in making friends.

[Sat., Nov. 6 | 10 am-12 pm | Meck/Zoom](#)

[\\$15 | 2.0 credit hours | Level: Beginner](#)

PROFESSIONALISM

NC FELD (NORTH CAROLINA FOUNDATIONS FOR EARLY LEARNING AND DEVELOPMENT)

This session will provide participants with an introduction to Foundations, North Carolina's new early learning and development guidelines; how they are structured; and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classroom planning and practice. **Participants must attend both sessions.*

[Tue., Dec. 7 & Tue., Dec. 14 | 6-8:30 pm](#)

[Meck/Zoom | \\$25 | 5.0 credit hours](#)

[0.5 CEUs | Level: Beginner](#)

[Tue., Oct. 19 & Thu., Oct. 21 | 6:30-8:30 pm](#)

[Rowan | \\$25 | 5.0 credit hours](#)

[0.5 CEUs | Level: Intermediate](#)



TEAM BUILDING AND STAFF MOTIVATION

This workshop will provide opportunities to practice various team building exercises and to understand the importance of bringing staff together toward a common goal.

[Tue., Nov. 16 | 10 am-12 pm | Meck/Zoom](#)

[\\$15 | 2.0 credit hours | Level: Entry](#)

TURNING DIFFICULT SITUATIONS AROUND

No matter what you do in life, there will be challenging situations to face, both personally and professionally. These types of challenges need to be corrected and handled with openness to learn from the situation. In this session, we will explore the eight common causes of conflict in the workplace and the strategies to use to resolve conflicts to turn difficult situations around!

[Sat., Dec. 4 | 10 am-12 pm | Cabarrus/Zoom](#)

[\\$15 | 2.0 credit hours | Level: Beginner](#)

WHAT TO EXPECT WHEN WORKING IN CHILD CARE: IS IT THE RIGHT PATH FOR YOU?

The early years of a child's life are the most important: this is when they develop motor, sensory, and social skills, and start to learn about the world. Child care providers go to work every day knowing they are planting the seeds for the next generation to bloom. Could a career in child care be the perfect fit for you?

[Sat., Oct. 23 | 10 am-12 pm | Cabarrus/Zoom](#)

[\\$15 | 2.0 credit hours | Level: Entry](#)

SCHOOL-AGE

BSAC (BASIC SCHOOL-AGE CARE)

This training is targeted toward school-age care professionals who are new to the field. It is required by the NC Division of Child Development for school-age care professionals working in licensed programs, but it's a great training for new staff in any after-school program setting. The training includes a well-rounded review of six modules. Course requirements to receive a completion certificate include attending two 2-hour virtual online sessions, and completing a 2-part (1-hour) homework assignment between sessions that includes sketching or writing out examples of indoor/outdoor learning environments using "7 elements of a Quality School-Age Space" and viewing a video that will later be used for discussion. The attended session consists of reviewing handouts, viewing video vignettes, participating in activities and completing a post-knowledge assessment and session evaluation. These activities will involve participating in small group activities, as well as group discussion. You must have paper and a pen/pencil.

[Tue., Oct. 26 & Fri., Oct. 29 | 10 am-12 pm](#)

[Meck/Zoom | \\$25 | 5.0 credit hours](#)

[0.5 CEUs | Level: Entry](#)

SOCIAL & EMOTIONAL DEVELOPMENT

CHILDREN AND STRESS: HOW TEACHERS CAN SUPPORT CHILDREN AND FAMILIES

Research shows severe stress can be harmful to a child's well-being. Providing children with supportive, responsive relationships early in life can prevent or reverse the damaging effects of stress. Understanding stress can help broaden safety practices and create conditions in which children can prosper. This

session reminds us that children thrive best in safe environments, which includes stable, nurturing relationships with adults.

[Mon., Nov. 8 | 6:30-8:30 pm | Cabarrus/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

HOW ARE YOU, HOW AM I?

Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify,

understand, and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. We'll examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.
[Tue., Nov. 16 | 6:30-8:30 pm | Cabarrus/Zoom](#)
\$15 | 2.0 credit hours | Level: Entry



REGISTRATION FORM

*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: _____

Organization Address: _____

City: _____ State: _____ County: _____ Zip Code: _____

Organization Phone Number: _____ Fax Number: _____

Email Address: _____

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _____

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

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Check or Money Order made payable to Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217 *Credit Card Payments accepted online only.