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Into the forest i go shirt

it was a shirt my daughter loved and could no longer wear. instead of giving it away or trashing it, I decided to make it a pillow. my daughter loves it and now on her bed.find and the old t-shirt you no longer wear, make sure it's clean and dry.turn the shirt on the wrong side out, the sleeves should be cut off, then sewn closed well sewn neck opening closed.then turn the shirt back the other way. the bottom of the shirt should be an open.now stuff shirt with stuffed from a hobby store or other place, selling sewing or crafting material. last tuck the tail of the shirt so that it looks like a hem, and sew it closed. Switch to the main contentRD.COMTake that wears the shirt off the back and put it on one of these new uses. Shorten the shirt with long sleeves. Take that worn shirt off your back and put it on one of these new uses. Shorten the shirt with long sleeves. If your shirt has frayed cuffs, but otherwise look good, cut off and hem sleeves to make it short sleeves. You'll get a lot of extra wear from itsClotted-out long sleeve shirts to make great coloring socks. For your next household project, don an old long sleeved shirt. You will not have to worry about the splash of paint and mud. And, of course, old shirt socks are ideal for children during creative colors or arts and crafts at home or school. Make a shirt in a backpack. Tie the knot at the bottom of the shirt and stuff items through the collar part. Tie the ends of the sleeve together and sling it over your shoulder. This is a good way to take a small load of laundry to the laundromat. Old shirts make great rags. They are especially good for cleaning cobwebs and other dust from the ceiling and corners. Just stick to the end of one of the brooms and start the dust. Rags from shirts are also good shoe polishers. Make napkins. Cut your back shirts into 12-inch squares of fabric. Hem on each side together and you have a new set of dinner napkins. Cut off the finish. Remove all the buttons and embellishments from your shirt, and set it aside for your children who love all the trinkets you've given them for art and craft projects. Originally Published: April 09, 2011 Originally published in Reader Digest Enjoy the BEST stories, tutorials and jokes! Split Second Styling TipsThe A Slightly Embarrassing Way I Keep My Shirts In PlaceThis Bizarre Style Tip Keeps Your Shirts Moving Around Your Sweater, But It's A Bit Weird to Do. All it takes is a rearrange in order. Specify By Find dresses to wear any season with our long sleeves, short sleeves, and sleeveless options. Many of our dresses come in different styles, such as evening cocktail dresses, A-line, maxi, shifts, fit-and-flare, and vagina. No matter what schedule you may have, many of these dresses would be perfect for your daily wear. Shop from brands likes like free people, Jessica Simpson, Ralph Lauren, Michael Kors, Nine West, and more on our most Styles. With all these designer dresses to choose from in one place, you will be taking the city with friends catching everyone's eye. Spruce/Mollie Johanson Dress Pillow or Two success with this DIY shirt pillow cover. You do not need to sew one zipper or even make an overlap back, because the built-in buttons do all the work for you. It's a great way to upcycle an old shirt and make it into something new. And since you need only a part of the shirt, you can use the rest of the fabric for other small sewing projects, such as pincushions or small bags. Adult size button-up shirt Pillow shape Thread Spruce / Mollie Johanson This project can work with most adult shirts, but it's easier with bigger shirts. The more fabric in the shirt, the more options for placement and cutting. Larger shirts also give you the opportunity to use a larger pillow shape. The sample pillow shirt is male big and the pillow is 14 inches. It is also best to use a shirt without darts or making. These elements could change the way the cover fits on the pillow. Spruce / Mollie Johanson the front and back of the pillow cover must be one inch larger than the shape of the pillows. For example, with a 14-inch square cushion, the fabric should be 15 inches x 15 inches. With the shirt fully buttoned, use a ruler to visualize how to cut the front piece. If your shirt has a pocket, try to keep all your pockets on the pillow in front, as well as about an inch on the side. Depending on the size of your pillow, you may be able to center the button placket. But you can also make it off-center. Try to leave at least one inch of the buttons at the top and bottom. Mark where you need to cut out the front of the shirt. Spruce/Mollie Johanson It is possible to cut both the front and rear at the same time, however, you will most likely end up with uneven or crooked pieces. Instead, cut the edges so that you can open the shirt by holding the front button. Use a rotary cutter and ruler to cut the front piece, then cut back to match. You may find that you want to cut back the square lower than the front so you can avoid the yoke. Cutting back separately is also useful if you want to match any stripes or other patterns on the shirt. Spruce /Mollie Johanson Pin front and back shirt cushion pieces with right side together. Be sure to pin the button placket, keeping the layers aligned. Sew around all four sides with a 1/2 inch seam allowance. Back stitch over the button plackets the top and bottom of the reinforcement. Trim corners to reduce the volume. Spruce / Mollie Johanson Reach through the button placket and unbutton one or two buttons. Turn the pillow cover on the right side, and poke the corners in shape. Press the cover to remove the wrinkles. Un button the rest of the then slide the pillow into the pillow Unbutton the pillow cap and your new pillow is finished. Spruce/Mollie Johanson Want to spruce up your shirt pillow cover? Add an embroidered monogram. Use another fabric on your back (you could even use two shirts to create two reversible pillows). Create a pocket square for your pocket. What you wear reflects your deepest desires, whether it's a power-suit screaming I crave success, or a Tron suit screaming : I crave Jeff Bridges! For clothing catering to what every man craves, grab two Shirts.Specializing in t-shirts depicting shameless shots of nude/almost nude women. Seattle-based, S.I.T.S. has based all their activities on simple yet bold spaces that everyone wants to have sex, deeply more exciting truisim than behind their previous recommended, Food, Shelter and Love Collection. The new holiday line trots out such uplifting numbers as Carol & Cheryl, to whom said the ladies are (santa-hatted while tongue fights; Gifted, depicting the final xxmas morning, complete with strategically placed ribbons; and twice as Nice, sporting a pair of seasonal underwear'd hotties, perfect as Santa already knows you're a rock coal pimp. More freshness includes Smoke (martini drinking girl blowing logo'd smoke rings), Umbrella (accidentally long-haired Brunette sucking on fruit) and impeccable (girl w/ bright hued lips and giant matching jewel), thematically related as women with alcohol, women with fruits, and women with diamonds all simply make sense; Also recently available are vampiric True Blood, and Good Greens, depicting a hot, ganja smoking golfer engaged in a game putt, putt, dot. Future T.I.T.S. plans include collabs with Tera Patrick and local hip-hop crew Dyme Def; Right now, they're also offering \$100 gift cards to their online sexy Halloween costume contest winners – whoever wins just need to remember to wash those lacy bits on the Light Cycle. Forests cover almost a third of all land on Earth, providing vital biological infrastructure for some of the planet's densest, most diverse collections of life. They support countless species, including our own, yet we often seem to be not aware of it. People now clear millions of hectares of natural forests each year, especially in the tropics, allowing deforestation to threaten some of the Earth's most valuable ecosystems. We tend to accept forests as a fairy tale without underestimating how irreplaceable they are to everyone on the planet. It would quickly change if they all disappeared, but since humanity might not survive in this scenario, the lesson would not be very useful until then. As The Once-ler finally understands Dr. Seuss Lorax's crisis, for example, deforestation depends on indifference. Unless someone like you cares a whole awful lot, Seuss wrote: Nothing is going to get better. It's not. Indifference, in turn, often depends on So, in order to bringing better forests around the world, we would all be wise to learn more about the benefits of forests – and share that knowledge with others. This is the goal of events such as Arbor Day and The International Day of the Forests, A.N. Feast observed annually on March 21. But forests support us every day of the year, and as deforestation works rampant around the world, they increasingly need us to return to the favor. Hoping to shedding more light on what forests do for us, and how little we can afford to lose them, here are 21 reasons why forests are so important: Treehugger/Christian Yonkers Forests pump out the oxygen we need to live in and absorb the carbon dioxide we exhale (or emit). It is estimated that one mature, deciduous tree will cause daily oxygen supply anywhere from two to 10 people. Phytoplankton is more productive in the ocean, providing half of Earth's oxygen, but forests remain the main source of quality air. Treehugger/Christian Yonkers Nearly half of the Earth's known species live in forests, including 80% of biodiversity on earth. This breed is particularly rich in tropical rainforests, but forests teem with life around the planet: Insects and worms work nutrients in soil, bees and birds spread pollen and seeds, and keystone species like wolves and big cats keep hungry herbivores in check. Biodiversity is a big deal for both ecosystems and human economies, but deforestation is increasingly threatening it around the world. Treehugger/Christian Yonkers Approximately 300 million people live in forests around the world, including about 60 million indigenous people whose survival is almost entirely dependent on local forests. Many millions more live together on or near the fringes of the forest, but even just scattering urban trees can raise property values and reduce crime, among other benefits. Growing a canopy on a hog of sunlight, trees also create vital oases in the shade on the ground. Urban trees help buildings stay cool, reducing the need for electric fans or air conditioners, while large forests can solve daunting tasks such as limiting the city's heat island effect or regulating regional temperatures. Treehugger/Christian Yonkers Trees is also another way to beat the heat: to absorb CO2 that fuels global warming. Plants always need some CO2 photosynthesis, but Earth's air is now so thick with additional emissions, forests are fighting global warming only by breathing. CO2 is stored in a tree, leaves and soil, often for centuries. Treehugger/Christian Yonkers Large Forests can influence regional weather patterns and even create their own microclimates. The Amazon rainforest, for example, creates atmospheric conditions that not only contribute to regular rainfall there and nearby farmland, but perhaps as far away as the Great Plains in North America. Tree roots are key allies in strong rain, especially areas, such as river plains. They land absorb more flash floods, reducing soil loss and property damage, slowing the flow. Treehugger/Christian Yonkers On top of flood control, soaking up surface runoff also protects ecosystems downstream. Modern rainwater is increasingly carrying toxic chemicals, from gasoline and lawn fertilizer pesticides and pig manure that accumulate through watersheds and eventually produce low oxygen in the dead zone. Treehugger/Christian Yonkers Woods is like giant sponges, catching runoff instead of letting it roll across the surface, but they can't absorb all of it. Water that gets past its roots trickles down into water heaters, adding groundwater supplies that are important to drinking, sanitation and irrigation around the world. Farming near the forest has many advantages, such as bats and track birds that eat insects or owls and foxes that eat rats. But tree groups can also serve as blazers, providing buffers for wind-sensitive crops. And after protecting these plants, less wind also makes it easier to beties to pollinate them. Treehugger/Christian Yonkers Forest Root Network stabilizes a huge amount of soil, bracing the entire ecosystem foundation against erosion by wind or water. Not only do deforestation ruin everything, but the resulting soil erosion can cause new, life-threatening problems such as landslides and dust storms. In addition to soil retention, forests can also use phytoreikatherapy to clean up some pollutants. Trees can either sequester toxins away or worsen them to be less dangerous. It is a useful skill in allowing trees to absorb wastewater overflows, road leaks or contaminated run-off. Treehugger/Christian Yonkers We herald house plants for purifying the air, but don't forget the forests. They can clean up air pollution on a much larger scale than just CO2. Trees absorb a wide range of pollutants in the air, including carbon monoxide, sulphur dioxide and nitrogen dioxide. In the United States alone, urban trees are estimated to save 850 lives a year and \$6.8 billion in total health care costs just by removing pollutants from the air. Treehugger/Christian Yonkers Sound fades into the forests, making trees a popular barrier to natural noise. The muffling effect is largely due to rustling leaves – plus other forest white noise, such as bird songs – and only a few well-placed trees can reduce background sound by 5 to 10 decibels, or about 50% as heard in human ears. Treehugger/Christian Yonkers Not only trees produce fruits, nuts, seeds and juices, but they also allow abundance off the forest floor, from edible mushrooms, berries and beetles to bigger game like deer, turkeys, rabbits and fish. Treehugger/Christian Yonkers Woods gives us a lot of natural medicine, and increasingly inspire synthetic spin-offs. The asthma drug theophylline comes from cocoa trees, for one, but the compound in the east cedar needles fight drug-resistant bacteria. Approximately 70% of known plants with cancer-fighting properties occur only in tropical rainforests, but less than 1% of tropical rainforest plants have been tested for therapeutic effects. Even just walking in the woods can offer health benefits, too, including stress relief, low blood pressure and a stronger immune system. The latter may be partly due to trees releasing airborne compounds called phytoncides, which force our bodies to promote natural killer (NK) cells that attack infections and guard against tumors. Treehugger/Christian Yonkers Where should people be without wood and resin? We have long used these renewable resources for everything from paper and furniture to homes and clothing, but we also have a history of getting carried away as a result of overforestation and deforestation. However, thanks to the growth of tree cultivation

and sustainable forestry, it is easier to find responsibly extracted tree products. Treehugger/Christian Yonkers More than 1.6 billion people rely on forests to some extent for their livelihoods, according to the N.N., and 10 million are directly employed in forest management or conservation. Forests account for around 1% of the world's gross domestic product, consisting of timber production, other than timber products, of which only up to 80% of the population in many developing countries. The beauty of nature can be the most obvious and even the least tangible benefit forest offers. An abstract mixture of shade, greenery, activity and tranquility can bring concrete benefits to humans, however, such as persuading us to appreciate and preserve old growth forests for future generations. Treehugger/Christian Yonkers Our innate attraction to forests, part of a phenomenon known as biophilia, is still at a relatively early stage of scientific explanation. We know biophilia draws us to forests and other natural landscapes, though, encouraging us to rebuild ourselves by researching, wandering or simply rewinding the desert. They give us a sense of mystery and wonder, evoking the wild boundaries that molded our distant ancestors into ways. And thanks to our growing understanding that spending time in the woods is good for our health, many people now look for these benefits with the Japanese practice of shinrin-yoku, usually translated into English as forest bathing. Like the famous carpet of the Big Lebowski, the woods really tie everything together – and we often don't appreciate them until they're gone. After all their special ecological perks (which can't even fit into the list for so long), they've reigned on eons as Earth's most successful setting for life on earth. Our species probably couldn't live without them, but it's up to us to make sure that we never have to try. The more we enjoy and understand the forests, the less likely we miss them to the trees. Trees.

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