

Multiple Choice (Age 7-9)

1. When is the bathing of the Buddha ceremony in the lunar calendar?

- A. 8th day of 2nd month
- B. 4th day of 4th month
- C. 8th day of 4th month
- D. 8th day of 12th month



Answer: C

2. Prostrate to the Buddha can:

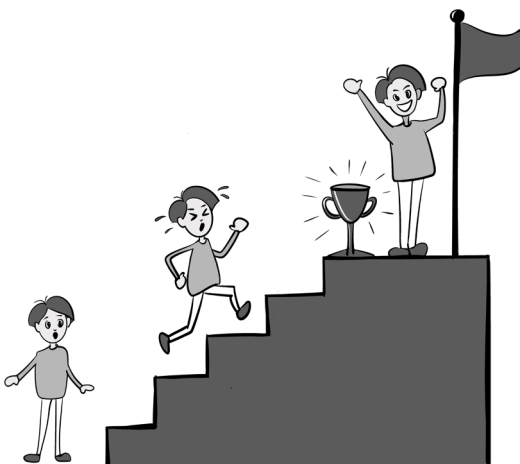
- A. Bring us more good fortune.
- B. Help us fulfill our wishes.
- C. Make our parents happy.
- D. Make us more humble.



Answer: D

3. Which of the following is an example of the Three Acts of Goodness?

- A. Don't apologize if you bump into someone unintentionally.
- B. I don't have to do any household chores during holidays. I can play video games all the time.
- C. Maintain a positive learning attitude and achieve learning goals with persistence and perseverance.
- D. I need to protect my things, so I won't share them with others easily.



Answer: C

4. What is the Three Acts of Goodness Campaign?

- A. Say good words, do good deeds, think good thoughts.
- B. Say bad words, do good deeds, think good thoughts.
- C. Say good words, do bad things, think good thoughts.
- D. Say bad words, do good deeds, think bad thoughts.



Answer: A

Multiple Choice (Age 7-9)

5. How to practice the Three Acts of Goodness in our daily life with respect to “living”?

- A. Take good care of your own body and your parents’ health.
- B. I will communicate with my parents to let them know how I feel.
- C. Get along well with my siblings and work together with household.
- D. All of the above.



Answer: D

6. Why do we prostrate to the Buddha?

- A. It helps us grow humility and respect.
- B. It helps us connect with the Buddha.
- C. It helps us let go of our pride
- D. All of the above



Answer: D

7. The most important thing in prostrating to the Buddha is:

- A. Doing all the steps perfectly.
- B. Making sure everyone sees it.
- C. Sincerely practicing the Three Acts of Goodness and correcting our flaws.
- D. Competing with others to see who does it better.



Answer: C

8. When do we not pay respect to the venerables?

- A. When chanting sutras
- B. When the venerables are standing below us
- C. When the venerables are far away
- D. All of the above

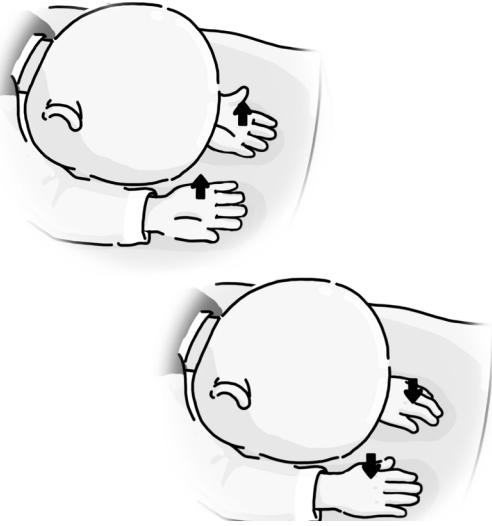


Answer: D

Multiple Choice (Age 7-9)

9. The hand gesture during a bow to the Buddha means:

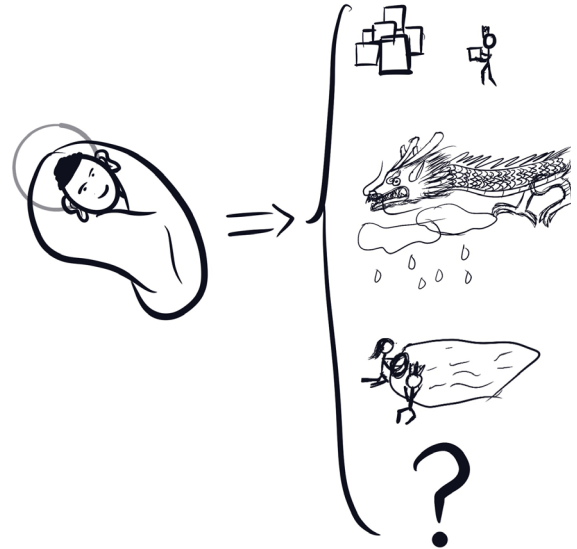
- A. we are prepared to receive a gift from Buddha
- B. to ask the Buddha to teach us the Dharma
- C. to show we have nothing
- D. to show that our hands are clean and to ask Buddha to check them



Answer: B

10. What happened on the day Buddha was born?

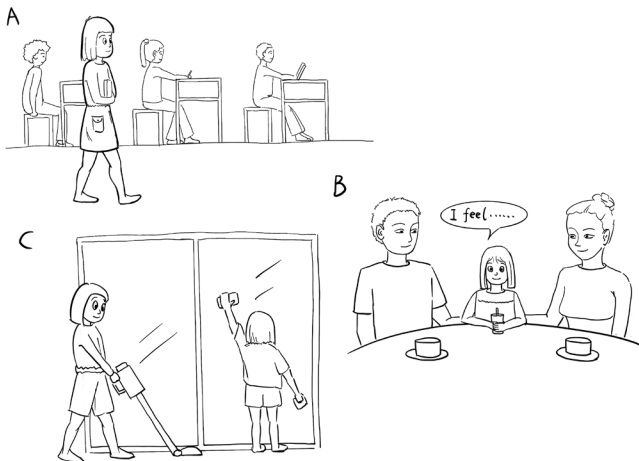
- A. Other kings sent many gifts
- B. Dragons in the sky rained water to bath the Buddha
- C. The King and Queen bathed the Buddha in the Ganges river
- D. None of the above



Answer: B

11. How to practice the Three Acts of Goodness in our daily life with respect to "behaviour"?

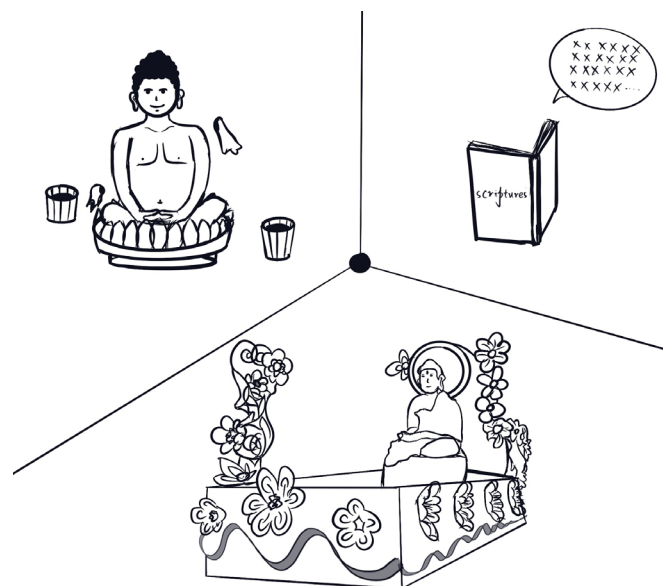
- A. I don't run and make noise in the classroom and in the hallway to avoid disturbing others.
- B. I will communicate with my parents to let them know how I feel.
- C. Get along well with my siblings and work together with household chores.
- D. All of the above



Answer: D

12. Bathing the Buddha festivities include:

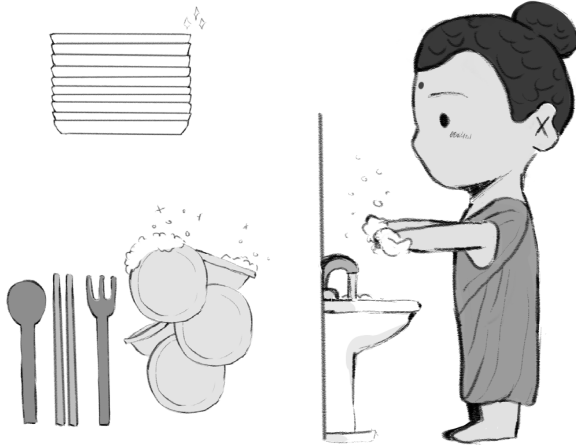
- A. Bathing the Buddha at the temple
- B. Participate in chanting service at the temple
- C. Marching of parade floats
- D. All of the above



Answer: D

13. Like ordinary people, Buddha (Sakyamuni Buddha) needs to do the following before and after eating:

- A. Wash his hands.
- B. Wash the dishes and eating utensils.
- C. Be well organized.
- D. All of the above



D

14. Buddha was Prince Siddhartha before he attained enlightenment. What kind of person was Prince Siddhartha?

- A. He was wise and treated others with kindness and respect.
- B. He was muscular and bad tempered.
- C. He was naughty and enjoyed playing around.



A

15. When we see venerables at temple, we should:

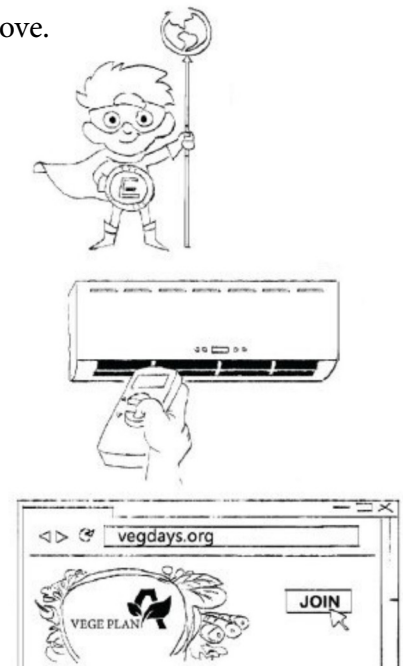
- A. Give them a high-five.
- B. Ignore them.
- C. Join palms together and say: Jixiang



C

16. Mother Earth is ill, what can I do to help?

- A. Become "Captain Earth" and support being green.
- B. Use less air conditioning.
- C. Join "Vege Plan A".
- D. All of the above.



D

Multiple Choice (Age 7-9)

17. What happens if you can not feel remorseful?
A. You can't improve from your mistakes
B. Nothing
C. You will be a great leader



Answer: A

18. What is the first step to truly understand the Buddha Dharma?
A. To know Buddha's intentions
B. To hear what the Buddha said
C. A and B



Answer: C

19. What personality can cause someone not to feel remorseful?
A. Being arrogant
B. Being conceited
C. Ignorance
D. All of above



Answer: D

20. How did the Buddha show Rahula that lying is not good?
A. By yelling loudly at Rahula
B. By hitting Rahula
C. By showing him that he would be like dirty water and people would not like him



Answer: C

21. Which of the following are obstacles in our cultivation?

- A) Greed
- B) Anger
- C) Jealousy
- D) All of the above



D

22. One of the teachings in Buddhism is: _____

- A) All sentient beings are equal.
- B) Life is fun.
- C) Beauty is forever.
- D) You only live once.



A

23. The Buddha teaches us the Art of Listening:

- A. To lead a healthy emotional life.
- B. To shed our emotions.
- C. No necessary to manage our emotions.
- D. Do not care anything you hear.



A

24. When finding money on the floor, I should:

- A. Hand it to the police, teacher or parents.
- B. Share with my best friend.
- C. Put it in my pocket.
- D. Leave it on the floor.



A

Multiple Choice (Age 7-9)

25. What happens if you keep telling lies?

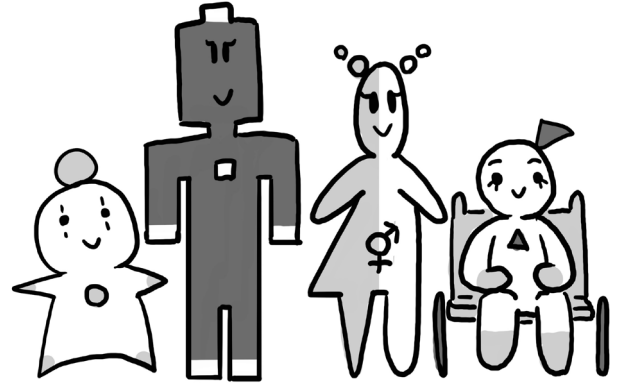
- A. People will stop caring about you
- B. People will not trust you anymore
- C. You will have more friends
- D. A and B



Answer: D

26. Who can be a volunteer at the temple?

- A. Adults
- B. Anyone
- C. A rich person
- D. A smart person



Answer: B

27. Which of the following is not a quality of a good volunteer?

- A. Compassion
- B. Patience
- C. Always looking for a reward
- D. Always wanting to help others



Answer: C

28. How can you practice compassion?

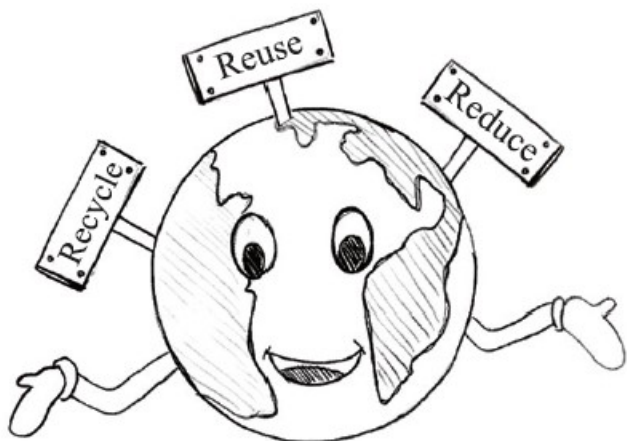
- A. Be nice to others
- B. Play video games at home
- C. Be a volunteer
- D. A and C



Answer: D

29. Which of the following can help prevent pollution?

- A. Recycle
- B. Reuse
- C. Reduce
- D. All of the above



D

30. How can we help to protect the environment?

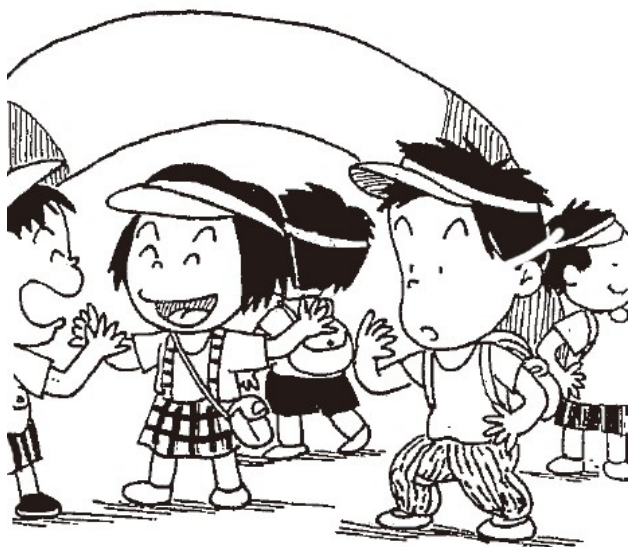
- A) Minimize the use of disposable plates.
- B) Bring your own shopping bags.
- C) Buy and use more recycled materials
- D) All of the above



D

31. What can I learn by taking part in extracurricular activities?

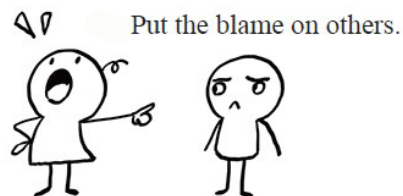
- A. Team spirit and getting along with others.
- B. How to fool around.
- C. How to be alone.
- D. How to skip responsibilities.



A

32. What should I do when I have done something wrong?

- A) Lie about it.
- B) Put the blame on others.
- C) Bravely admit my mistakes and try my best to improve.
- D) Refuse to apologize.



C

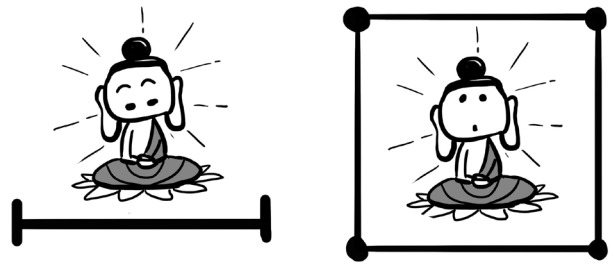
Multiple Choice (Age 7-9)

33. What does "Offering The First Incense" mean?
- A. Head Incense
 - B. Offer incense in the order of 1, 2, and 3
 - C. The first sincere offering every year can be considered as "Offering The First Incense".
 - D. Offering incense ahead of others is called "The First Incense".



Answer: C

34. How does Buddhism view the concept of time?
- A. Circular
 - B. Straight line
 - C. Square
 - D. None of the above



Answer: A

35. What we can do at the temple on the first day of Lunar New Year?
- A. Offering the first incense
 - B. Striking the first drum
 - C. Sounding the first Bell
 - D. All of the above



Answer: D

36. What did Prince Siddhartha eat to gain his strength back after he fainted because he was hungry?
- A. Gruel (Rice milk)
 - B. Ice cream
 - C. Chips
 - D. Candy



Answer: A

37. Which of the following is an act of compassion?

- A. Comfort classmates with kind words and keeping them company when they are sad
- B. Taking care of my pets with love
- C. Helping those who are in need
- D. All of the above



D

38. Buddhist knowledge can guide us to:

- A. Doing good deeds
- B. Self-control
- C. Attain wisdom
- D. All of the above



D

39. What kind of person is the Buddha?

- A. An enlightened person who benefits all sentient beings
- B. Someone who enjoys telling lies
- C. Only a man-made idol, in reality there is no such person



A

40. The Buddha attained enlightenment on ___ of the Chinese lunar calendar:

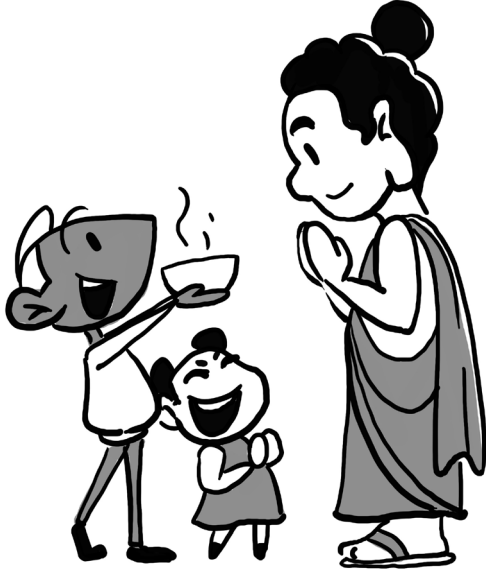
- A. March 8
- B. July 1
- C. May 23
- D. December 8



D

Multiple Choice (Age 7-9)

41. What did Prince Siddhartha realize was the correct way to attain enlightenment?
- A. Eat only a single rice grain a day
 - B. Earn lots of money
 - C. Do nothing
 - D. Live on the Middle Path, not looking for suffering or pleasure



Answer: D

42. In our daily life, masters are those who receive recognition for their expertise in specific field. So which one can be called as master?
- A. The Most Handsome Tractor Driver
 - B. The Best Chef
 - C. Venerable
 - D. A and B



Answer: D

43. In Buddhism, Venerable means:
- A. A teacher who teaches me Dharma
 - B. Someone that fulfill my life with wisdom
 - C. A chef who cooks delicious meals
 - D. A and B



Answer: D

44. How to practice the Three Acts of Goodness in our daily life with respect to “eating”?
- A. Eat on time and avoid overeating.
 - B. Concentrate on eating instead of watching TV.
 - C. Cherish the food and thank everyone who prepared my meal.
 - D. All of the above.



Answer: D