

MACHA POKÈ

IS ALWAYS
A **GOOD IDEA**



@machacafemilano
www.machapokemilano.it

BESTSELLER POKÈ

*Available in **REGULAR** size. Also available in **LARGE** size* **for just 3,00€ more**.



BEST OF POKÈ BOWL 12,50 €

Sushi rice, Norwegian salmon, teriyaki Norwegian salmon, edamame, avocado, tomatoes, marinated red cabbage, crispy onion, sesame, ponzu sauce



WARM POKÈ BOWL 11,90 €

Sushi rice, pulled Norwegian salmon, edamame, fresh white cheese cubes, sweet potato, corn, sesame, teriyaki sauce

Try it hot!



SALMON POKÈ BOWL 11,90 €

Sushi rice, Norwegian salmon, baby spinach, avocado, edamame, nori seaweed, sesame, soy sauce



HAWAII POKÈ BOWL 14,90 €

Sushi rice, Norwegian salmon, tuna, prawns, avocado, pineapple, baby spinach, edamame, nori seaweed, chives, sesame, mango sauce

TACOS STYLE



SHRIMPS TACO **4,90 €**

Prawns, lamb's lettuce, fresh white cheese cubes, mango sauce, poppy seeds, almond grain

SALMON TACO **4,90 €**

Norwegian salmon, sushi rice, avocado, spicy mayo sauce, chives, flax seeds

CHICKEN TACO **4,50 €**

Chicken, sushi rice, tomatoes, teriyaki sauce, crispy onion, sesame seeds

SIDES all for just **5,50 €**



CHICKEN & VEGETABLE GYOZA *(5pcs)*

With soy sauce, chives

MEATBALLS *(5pz)*

With lamb's lettuce, mayo sauce, crispy onion



BUILD YOUR OWN POKÈ

1. Choose a **SIZE**



SNACK **9,90€**

1 base | **3 ingredients**
1 protein | 1 topping
1 sauce | 1 seed



REGULAR **11,90€**

2 bases | **4 ingredients**
2 proteins | 1 topping
1 sauce | 2 seeds



LARGE **13,90€**

2 bases | **5 ingredients**
3 proteins | 2 toppings
2 sauces | 3 seeds

EXTRA** ingredients: **+1,20 €** | **EXTRA** protein: **+2,00 €
EXTRA** topping: **+0,50 €** | **EXTRA** sauce: **+0,30 €

2. Choose a **BASE**

Basmati rice | Sushi rice | Black rice | Quinoa |
Lamb's lettuce | Baby spinach | Sweet potato

3. Add **INGREDIENTS**

Chickpea hummus
Mozzarella
Olives
Avocado *+0,60 €*
Wakame seaweed*
Pineapple
Carrots
Marinated red cabbage
Chickpeas
Cucumber
Cream cheese
Edamame
Fresh white cheese cubes
Corn
Mango *+0,60 €*
Sweet potato
Tomatoes
Baby spinach
Zucchini

4. Add **PROTEINS**

Norwegian salmon
Pulled Norwegian salmon
Teriyaki Norwegian salmon
Prawns
Tuna *+0,60 €*
Teriyaki tuna *+0,60 €*
Chicken
Teriyaki chicken
Meatballs
Gyoza
Mozzarella
Tofu
Boiled egg
Fresh white cheese cubes

5. Add **SAUCES**

Wasabi mayo
Oil and balsamic vinegar
Yoghurt
Spicy mayo
Oil and lime
Extra virgin olive oil
Ponzu
Soy
Spicy
Teriyaki
Mango
Mayo

6. Add **TOPPINGS**

Nori seaweed
Crispy onion
Almond grain
Ginger

7. Add **SEEDS&SPICES**

Chives
White sesame seeds
Black sesame seeds
Sunflower seeds
Flax seeds
Poppy seeds
Pumpkin seeds

COFFEE

ESPRESSO COFFEE 1,50 €

MACCHIATO COFFEE 1,50 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

DECAF COFFEE 1,60 €

AMERICANO COFFEE 1,60 €

DOUBLE ESPRESSO 3,00 €

MAROCCHINO 1,60 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

MACCHIATONE 1,60 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

CAPPUCCINO 2,00 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

LATTE MACCHIATO 3,50 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

WHITE MILK 2,50 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

GINSENG | BARLEY *small* 1,70 €

GINSENG | BARLEY *large* 3,00 €

GINSENG | ORZO CAPPUCCINO 2,20 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

MATCHA

MATCHA Ceremonial Grade COLD | HOT 4,00 €

MATCHA HOT 2,50 €

MATCHA COLD 3,50 €

MATCHA CAPPUCCINO 3,50 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

MATCHA LATTE Ceremonial Grade COLD | HOT 5,00 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

MATCHA LATTE COLD | HOT 4,00 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

ICED MATCHA LATTE 4,00 €
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut
Milk, matcha, agave syrup

ADD:
Toppings *chocolate | strawberry | caramel* **+ 0,30 €**
Whipped cream + 0,50 €

JUICING

ORANGE JUICE *Orange*	4,00 €	6,00 €
ORANGE JUICE PLUS *Orange, matcha*	4,50 €	6,50 €
MATCHA GREEN SUPER BOOST *Green apple, cucumber, baby spinach, matcha*	4,50 €	6,50 €
FOREVER YOUNG *Orange, green apple, carrot, lemon*	4,00 €	6,00 €

BUBBLE TEA

BLACK BUBBLE TEA* — **5,00 €**
Black tea, mango bobas

OUR ICONIC BUBBLE TEA* — **4,50 €**
Matcha green tea, agave syrup, mango & yoghurt bobas

YELLOW BUBBLE TEA* — **4,50 €**
Milk with mango, strawberry topping, mango bobas
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

PINK BUBBLE* — **5,00 €**
Matcha green tea, milk, strawberry topping, yoghurt & strawberry bobas
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

CHOCO BUBBLE SHAKE* — **5,00 €**
Milk with chocolate, agave syrup, chocolate topping, yoghurt & strawberry bobas
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

COFFEE & **CARAMEL*** — **5,00 €**
Milk, coffee, caramel topping, yoghurt bobas
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

MATCHA BUBBLE TEA* — **5,00 €**
Matcha green tea, milk, yoghurt bobas, caramel topping
CHOOSE YOUR MILK Milk | Soy | Almond | Oat | Coconut

ENERGY BUBBLE TEA* — **5,00 €**
Red Bull Energy Drink, yoghurt & strawberry bobas, passion fruit & strawberry topping

BUILD YOUR OWN BUBBLE TEA! 4,50 €

Choose **BASE:**
- milk
- water

Choose **1 FLAVOR:**
- black tea
- green tea
- matcha
- mango
- chocolate

Choose **1 TOPPING:**
- chocolate
- coffee
- strawberry
- caramel
- matcha
- passion fruit

Choose **1 BOBAS:**
- strawberry
- yoghurt
- mango

EXTRA: Topping *+0,30€* | Whipped cream *+0,50€* | Bobas *+0,50€*



DRINKS

WATER *Still | Sparkling*	**1,50 €**
COCA - COLA *Original | Zero Sugar*	**2,50 €**
FUZE TEA ICED TEA *Peach | Lemon*	**2,90 €**
WANDERFUSE ICED TEA *Green Tea, Ginger & Lime* *Guayusa, Mint & Lemon*	**2,90 €**
COCONUT WATER	**3,90 €**
POKKA JASMINE GREEN TEA	**2,90 €**
RED BULL *Energy drink | Zero Sugar*	**3,50 €**
ICHNUSA BEER	**4,00 €**
ASAHI BEER *Super Dry | Super Dry 0.0*	**4,00 €**

SWEET & MORE

PLAIN CROISSANT	**1,90 €**
FILLED CROISSANT	**2,00 €**
VEGAN CROISSANT	**2,00 €**
PAIN AU CHOCOLAT	**2,50 €**
VEGAN CARROT CAKE	**4,50 €**
GLUTEN-FREE CAKE	**2,60 €**
MINI PLAIN / FILLED CROISSANTS	**1,30 €**
COOKIE	**2,90 €**
MOCHI	**2,50 €**
PINEAPPLE CUP	**4,00 €**



ONLY 100% NORWEGIAN SALMON

SEAFROM NORWAY

All underlined products are defrosted. All the dishes served can contain substances that can cause allergies or intolerance. For more information please consult the documentation available at checkout, on our website in the dedicated section or ask our staff. The fish intended to be eaten raw or partially raw has undergone a preventive treatment in compliance with the requirements of EC Reg. 853/2004.

**Contains colouring agents (E102, E110, E129) which may have a negative effect on the activity and attention of children.*