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## WE LEARN IT BY DOING

**LAURENCE SALE ARMADILLO**

**Teacher II**

Pantalan Senior High School

Teachers received adaptable training that prepared them to manage duties in both academic and sporting contexts. Managing both academics and athletics is not an easy undertaking. Years went by, and He answered my fervent prayers by enabling me to pass the teacher licensing exam. There is absolutely no such thing as quick success; it takes work and faith, just like in athletics.

I've learnt in recent years to view every problem I face as an opportunity for both career and personal improvement. In exchange, I was able to perfect the craft of teaching via trial and error, much like I would practice before participating in any activity. Teaching MAPEH, or physical education, was enjoyable and thrilling because this subject area included tactile activities like dance and sports, in addition to knowing the fundamentals of how each linked to the other.

Over the past few years, I've discovered how to view every problem I face as an opportunity for both professional and personal growth. In exchange, I was able to perfect the technique of teaching by trial and error, much like when playing any kind of sport, which requires practice. While this subject area encompassed tactile activities like dancing and playing sports in addition to grasping the fundamentals of how each related to the other, teaching MAPEH or physical education was enjoyable and engaging.

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The art of teaching starts by teaching from the heart, embracing ourselves both in weaknesses and maintaining positivity using our unique skills. Listening without handling the good well and taking each day as a person or educator teaches us to smile despite of difficulties, we encounter teaching Physical Education. While this subject area encompassed tactile activities that requires learning experiences and doing.



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