



Welcome to Ithaca Dance Gathering | June 18-21, 2026

at [Sky Lake Retreat Center](#) during the Summer Solstice

This year's theme is "Uniting in Gratitude" and we hope you'll join us
In amplifying love, hope and appreciation for each other and all the good in our world.

We have a long tradition of being a free-wheelin' co-created camp that annually builds a Sacred Container in Community over the Summer Solstice.

Firmly rooted in the [Dances of Universal Peace](#), each day of the annual Ithaca Dance Gathering includes a morning and evening session with a diverse group of Dance Leaders and Musicians. We believe that by dancing, singing and praying together, we can bring healing to the world. When we dance face to face, we are not just dancing with the person in front of us, but also their divine spirit. Joining us will be musicians playing guitar, drums, harmonium, accordion, and more.

We invite You to bring your heart and soul, your willingness to co-create, and your unencumbered inspiration. What you bring in body, spirit, and luggage will define what happens when we gather together!

**Whether it's your first IDG or you're a long-timer,
read on for key information.**





Sky Lake Camp and Retreat Center, located at 501 William Law Road, Windsor, NY 13865, is owned and operated by the United Methodist Church. It has been hosting retreats, camps and conferences on its picturesque 900-acre property for more than 60 years. [Visit the Sky Lake Website.](#)

Where We Eat, Dance and Pray Together Morning and evening dance sessions are held in a spacious room on the ground floor of Founders Lodge, where two doors open joyously to a lakefront view. Meals are served upstairs in a light and airy gathering hall. At the lake, enjoy guarded swimming and boating. The other buildings and natural areas at Sky Lake offer ample places to host workshops, jams, and intimate discussions — let us know on your registration form if you're interested in leading something! Wireless internet is available in some areas, but we encourage you to unplug.



Founders Lodge, our dining and dancing space.

Lodging Options

Group or family reservations are easy with our online registration form!

Sky Lake offers a range of lodging options and bathrooms at all sites. Please bring whatever you need to make yourself comfortable in your chosen lodging [see p.g. 5 for recommendations and checklist].



Camping (\$220/person)

Cheapest, 20-min trek or 3-min drive from dancing and dining

Camping spots are in or nestled against the edge of the forest. A rustic bathhouse is nearby, but campers are invited to use the comfortable showers in Founders Lodge. Picnic tables and fire pits are available, but cooking and the use of non-native wood is prohibited. Sky Lake sells native wood.



Cabins (\$260/person)

Rustic Shared Space with Half Bath

Containing about six plank beds per shared space, there are two cabins adjacent to Founders Lodge, set in the woods with serene lake views. Each has screened windows and a half bath with a toilet and sink. Cabineers are invited to shower in Founders Lodge. Note that these cabins can be moist and mossy.



Riley Lodge (\$320/person)

Dorm-Like Rooms with Amenities and Linens

Located across the lawn from Founders Lodge and steps from the lake, this dorm-like building accommodates 2-4 people per room with adjacent bathrooms. The beds are simple platforms with camp mattresses. Each room has AC outlets. Individuals, couples, and groups will be placed in a sensitive manner that minimizes crowding.

Noise and Activity Notice: In the daytime, Riley Lodge is used for programming and vending. Evening gatherings may take place there as well and the campfire pit is nearby.

Water Damage Notice: Please be aware that Riley Lodge is affected by water damage and non-toxic mold may be present. If you are sensitive, consider bringing a dehumidifier or an air purifier. Screen windows are in each room, which are opened before your arrival. Box fans are supplied for each room, and we encourage participants to bring an additional fan for comfort.



Underwood Lodge (\$380/person)

Modern Shared Rooms with Amenities and Linens

Seven of these 3-person rooms are available close by Founders Lodge. Each room has three twin beds, a ceiling fan, sash windows, and a large bathroom. To maximize use, these rooms must host three people. Couples should have a roommate in mind. First come, first serve; please register as a group of three if you can.

Commuting (\$200/person)

At Nearby Hotels or Unique AirBNBs

Just in case none of these lodging options meet your needs, the commuting option covers registration for activities and all nine meals. Hotel and Airbnb accommodations are available 20-30+ minutes away in Deposit, Windsor, Hancock or Binghamton, New York.

Financial Assistance Available - Thanks to the generosity of a grant from the Oneness Project of DUPIN, we are able to offer a limited number of \$100 discounts to low-income and “Next Generation” participants. Please contact Rukmini Miller (see page 4) to inquire about a possible scholarship.

Pet Policy We kindly announce that no service or emotional support animals may be brought to the camp, as this is a private event with specific guidelines. Thank you for your understanding.

More About Dining Our meals together begin with dinner on Thursday and conclude with lunch on Sunday. The cost of these nine meals is reflected in the lodging fees. All meals are handled solely by Sky Lake — while some of us miss the camaraderie of working together at mealtime, Sky Lake has to follow specific NYS Health Department regulations. Please do not enter the kitchen.

We are especially grateful to Sky Lake for working with us to provide wholesome, **mostly vegetarian and organic meals**. Fresh organic fruits and vegetables will be available at every meal. Some gluten free, dairy free, vegan, and meat supplemental options will also be available; however, participants will need to **notify us when they register** if they require any of these options.

Additional Food Needs Notice: Both Riley and Underwood Lodges have a kitchen with a refrigerator. If you have special dietary needs beyond GF, DF, and/or vegan, please register for one of those options so that you may easily bring your own foodstuffs. Don't forget to label your items!

Allergen Notice: The online registration form provides a designated place for you to notify us of any food allergies you may have.

Participant-led Workshops We encourage you to co-create our camp by leading workshops, small rituals, discussions, free make-and-takes, music jams, somatic practices, skill-sharing, and so much more! These hour-long workshops will take place in the afternoon on Friday and Saturday of camp. During registration, tell us you'll lead a workshop, and we'll assign you a location and time. Workshops and activities are not spaces for selling items. If you want to sell items, consider...

Vending We will be accepting vendors again this year and encourage your participation! Our dance camp market can be quite different each year, but there are always treasures!

Free Swap Room for treasures to give away. Bring special clothing, books, jewelry, altar items etc. Any leftover items need to return home with you.

Cancellation and Refund Policy All registrations and payments must be received no later than Friday June 5th to enable us to submit a headcount to Sky Lake. If you need to cancel before June 5th, you will receive a refund check for your registration amount minus a \$30 processing fee 2-3 weeks after the event. Unfortunately, we cannot provide any refunds for cancellations received after June 5th.

About the Lake Swimming and boating are ONLY allowed during lifeguarded hours. To protect the pristine waters, outside kayaks or canoes are prohibited.

Illness Protocol We suggest you pack a COVID test kit and masks as a precaution. Sadly, if you do fall ill, you will have to leave the event as there is no safe way to isolate at Sky Lake.

Alcohol and Recreational Drugs are strictly prohibited by Sky Lake.

Sky Lake Gift Shop Adjacent to the dining hall, Sky Lake's gift shop will be open during mealtimes. It carries a variety of souvenirs like t-shirts and mugs. We encourage participants to visit and consider making a purchase to support the wonderful work Sky Lake does to host and care for the land.

If you have questions, please contact:

Lodging options... Rukmini Miller: gmiller108@gmail.com 929-284-6648	Registration and payments... Rukmini Miller: gmiller108@gmail.com 929-284-6648
Workshops or vending... Contact Olivia Alger: oliviamalger@gmail.com 952-913-2270	General questions or Karma Yoga... Contact Cheryl Botts: cheradanze22@gmail.com 607-277-1620

Ithaca Dance Gathering Packing List

- Earplugs are good for community sleeping areas
- Essentials by Location
 - Campground... tent, gear, bedding, towels, folding chairs
 - Cabin... bedding, towels, folding chairs
 - Lodges... fans or dehumidifiers, special food with labels
- Indoor Shoes if you don't want to dance barefoot, our space is carpeted
- Raingear including boots or shoes for wet ground
- Outdoor Shoes you may consider bringing multiple pairs for mixed-terrain and water
- Clothing weather appropriate, layers, some dress for the divine while others for comfort
- Toiletries and Medications please do not pack perfumes or strong fragrances
- Sun Protection
- Insect Repellent unscented is preferred
- Hand Mirror to check for ticks
- Flashlight/Headlamp
- Travel mug, water bottle

Optional

- Swimsuit
- Swap Table Items we have a dedicated swap room, give to get
- Games like frisbees, soccer balls, cards, etc.
- Vendor Goods if vending
- Workshop Leader Supplies if hosting