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This sixth edition reflects nearly 40 years of scholarship as well as professional and personal practice in recreation, parks and tourism. The text has become one of the most adopted titles in university courses worldwide. In this new edition of the book, the phenomenon of leisure is presented through new research findings and modern social dilemmas that suggest that leisure time is one of the most interesting, relevant and exciting study subjects today. The book reflects a wide range of material from the subjects of leisure studies, sociology, psychology, economics, political science, anthropology, geography, humanities and media and cultural studies. In fact, more than a textbook, this is very much a point of view. Leisure is presented as a human phenomenon that is individual and collective, vital and frivolous, historical and modern, factual and subjective, and good and bad. As a learning tool, this sixth edition learns more. It contains updated and new illustrations of concepts through field-based cases, biographical features, exploratory activities and research studies. In the first part, leisure time is defined as a state of mankind. Its meanings are traced through the humanities and history, as well as in today's connotations. The benefits of leisure are presented, ranging from freedom to pleasure to risk to spirituality, and leisure benefits to healthy well-being are demonstrated. In addition, some of the text presents theories to explain recreational behavior. Part two discusses leisure as a cultural mirror - its societal context. Chapters include leisure and anthropology, geography, technology, popular culture and taboo recreation. Finally, in part three, the functional side of leisure is explored in terms of its instrumental relationship with work, money, time and equity. Leisure systems for public, private and commercial sponsorship are described to confirm the leisure tool. Teacher resources and a student resources website available. Originally published in 1996, Pastime introduced an exciting new text that explored leisure and leisure philosophy and science, the various subfields, and the leisure services industry. The purpose of this fifth edition of Pastime is to expand the discussion of leisure time in society to new concepts supported by new research findings and commentary. Throughout the course, the author has pursued the most interesting, relevant, exciting and modern information possible. First, as an introduction to the phenomenon of leisure, the book must be updated. Significant changes, actual and alleged, have always been the root of leisure expressions and experiences. To match, Pastime again reflects a wide range of material from the disciplines of leisure studies, sociology, psychology, economics, political science, anthropology, geography, humanities and media and cultural Second, as a learning tool, this fifth edition learns more. It contains new illustrations of concepts through field-based cases, biographical features, exploratory activities and research studies. While the basic organization remains similar, some previous concepts have been moved in addition to new material. For example, the theme of history and its meanings for leisure is now combined into one chapter. Also, the discussion about work is now combined with that about economics in the same chapter. Theories explaining recreational behaviour are now organized according to their home discipline. A chapter on wellness and leisure is a new feature, and due to the amazing speed of change, the chapter on leisure and technology has been completely rewritten. The chapter in time is also expanded. Finally, the final chapter on leisure systems has a new section on professional preparation. But, more than a textbook, pastime is very much a point of view. Leisure is presented as a human phenomenon that is individual and collective, vital and frivolous, historical and modern, factual and subjective, good and bad. Stock Image Ruth V. Russell Published by Venture Publishing, Inc. (2017) ISBN 10: 1571678204 ISBN 13: 9781571678201 New Paperback Quantity Available: > 20 Seller: NetText Store (Lincoln, NE, USA) Rating Seller Rating: Book Description Venture Publishing, Inc., 2017. Paperback. Condition: New. Usually shipped within 24 hours in quality packaging. Satisfaction guaranteed. Books are in a new state. Your satisfaction is guaranteed! Goods are delivered in quality packaging within 3 working days. Seller Inventory # 8800035930530 More information about this seller | Contact this seller © 1996-2014, Amazon.com, Inc. or its affiliates Dimensions: 11 × 8.5 × 1 in This sixth edition of Pastime reflects nearly 40 years of scholarship as well as professional and personal practice in recreation, parks and tourism, offering a wide range of material from disciplines of leisure studies, sociology, psychology, economics, political science, anthropology, geography, humanities and media and cultural studies. This book presents theories to explain leisure behaviour, discusses leisure in a societal context, and explores the instrumental relationship between leisure time to work, money, time and equity. The author has taught at the higher education level. She has also published a number of textbooks at the college level, published research in leisure sciences in condemned journals, and lectured internationally. Part 1: Leisure as a condition for being human: Personal context Chapter 1: Meaning of leisure Chapter 2: Why leisure is important chapter 3: Explaining recreational behavior Chapter 4: Leisure and health Part 2: Leisure as a cultural mirror: Social context Chapter 5: Leisure anthropology Chapter 6: Leisure geography Chapter 7: Leisure and cultural mirrors: Chapter 5: Leisure Anthropology Chapter 6: Leisure Geography Chapter 7: Leisure and leisure Chapter 8: Popular Culture Chapter 9: Taboo Recreation Part 3: Leisure as an Instrument: Systems Context Chapter 10: For and Against Productivity Chapter 11: Freedom of Time and Tyranny Chapter 12: Is Leisure Fair? Chapter 13: Leisure Systems Systems

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