

# Full Fork Traditional Marinara Sauce

## Nutrition Facts

6 servings per container

Serving size 1/2 cup (113g/4 oz)

Amount per serving

**Calories** **50**

% Daily Value \*

**Total Fat** 1.5g **2%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 220mg **10%**

**Total Carbohydrate** 9g **3%**

Dietary Fiber 1g **4%**

Total Sugars 7g

Includes 0g Added Sugars **0%**

**Protein** 1g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 1.2mg **6%**

Potassium 400mg **8%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** CRUSHED TOMATOES (Vine-Ripened Tomatoes, Sea Salt, and Naturally Derived Citric Acid), WATER, TOMATO SAUCE (Tomato Puree [Water, Tomato Paste], Water, Less than 2% of: Salt, Citric Acid, Onion Powder, Garlic Powder, Red Pepper), TOMATO PASTE (Fresh Vine-Ripened Tomatoes), ONIONS, OLIVE OIL, GARLIC, SUGAR, SPICES, CITRIC ACID