



FASTING AND PRAYER QUIZ

1. **According to the Book of James when we are suffering, what should we do?**
 - a. Praise
 - b. Pray
 - c. Worry
 - d. See a doctor
2. **In addition to fasting and praying for 40 days and nights, Jesus also prayed an entire night before selecting His disciples**
 - a. True b. False
3. **Jesus was hungry during His 40 day fast in the wilderness**
 - a. True b. False
4. **In Jeremiah's time the Nation of Israel had a day of the week for fasting and reading the Word.**
 - a. True b. False
5. **How long did Daniel fast?**
 - a. Three weeks
 - b. Four weeks
 - c. 40 days
 - d. None of the above
6. **How was Barnabas and Paul selected to fulltime ministry?**
 - a. By casting lots
 - b. By prayer and fasting
 - c. By laying of hands
 - d. All of the above
7. **Before Elijah fasted he ate meat that kept him how long?**
 - a. 10 days
 - b. 30 days
 - c. 40 days
 - d. None of the above
8. **When do Buddhists fast?**
 - a. Every full moon
 - b. Every New Year
 - c. Every harvest
 - d. None of the above





9. **When do Hindus fast?**
 - a. Every full moon
 - b. Every New Year
 - c. Every harvest
 - d. None of the above
10. **How often do Mormons fast?**
 - a. Every full moon
 - b. Every New Year
 - c. Every harvest
 - d. None of the above
11. **Roman Catholics fast DURING Lent (from Ash Wednesday to Good Friday) by:**
 - a. Eating no food or water
 - b. Eating no food
 - c. Eating no meat
 - d. All of the above
12. **How many days in all are Christians commanded to fast in the Bible?**
 - a. None
 - b. Three
 - c. Seven
 - d. Forty
13. **During the wilderness journey, Moses fasted a total of how many days?**
 - a. 40
 - b. 80
 - c. 120
 - d. None of the above
14. **What was the length of Queen Esther's fast?**
 - a. Three days total fast from sunup till sundown
 - b. Three days partial fast night and day
 - c. 21 days total fast from sunup till sundown
 - d. 21 days partial fast night and day
15. **How long did Paul fast after he was struck blind on the Road to Damascus?**
 - a. Three days
 - b. Five days
 - c. 7 days
 - d. Tradition says three, but the Bible does not say.





16. Jesus encourages us you look attractive when we fast?
- a. True
 - b. False
17. Muslims break their daily Ramadan fast with:
- a. Matza
 - b. Three dates
 - c. Falafels
 - d. Wine
18. Who is the oldest person recorded to fast in the Bible?
- a. Anna
 - b. Melchizedek
 - c. Moses
 - d. Abraham

[CLICK HERE FOR THE ANSWERS](#)

