



BREAKFAST ALL DAY

Wednesday - Thursday - Friday

ENGLISH MUFFIN BREAKFAST 14
Two warm, fluffy eggs, bacon and cheese are layered on toasted homemade English Muffin and drizzled with Yeti's lovejuice to create the classic taste of breakfast perfection. Served with some sweet raw veggies.

ENGLISH MUFFIN RANCHEROS 14
Guacamole, black beans, hot sauce and sour cream living la vida loca with your two fried eggs. Hot. Also served with some sweet raw veggies.

CINNAMON ROLL PANCAKES 12
Introducing the greatest breakfast mashup of all time! 3 large pancakes topped with drizzled cream cheese glaze.

BLUEBERRIES PANCAKES 14
3 fat babies stuffed with fresh blueberries. We top them with a dollop of lime cream. This will make your day.

OUR FAMOUS GRANOLA 8
Homemade granola, topped with fresh but also picked fruits on local yoghurt.

RUM KISSED COCONUT GRANOLA 10
Boozy style, add shot of Rum and coconut flakes.

SUPER FOOD GRANOLA BOWL 10
Blended açai with local yoghurt, coconut powder, dried goji & mulberries, fresh blueberries, banana, granola.

MEATY OMELET 11
3 eggs omelet with hot chorizo, spring onion, ore-gano. Served with fresh toasted buttered bread.

SPRING OMELET 10
3 eggs omelet with spinach and goat cheese. Served with fresh toasted buttered bread.

EGGS YOUR WAY 7
Two organic eggs from a chicken named Karen, served with buttered fresh toasted bread.

Sunny side up - fried - scrambled to perfection
poached on toast - rustic omelet
egg white omelet

guacamole ^{3,5} - goat or cheddar cheese ^{3,5}
bacon ^{3,5} - roasted spinaches ³ - season salad ³
mushrooms ³ - beans ³

PANCAKES YOUR WAY 7
Two big fat pancakes made to order, topped with grass fed sweet or salty butter.

Peanut butter ^{3,5} - maple syrup ^{3,5} - caramelized
bacon ^{3,5} belgian chocolate ^{3,5} - banana ³
jam ^{2,5} - season fresh fruits ³

LUNCH FROM NOON

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TAMAGO KAKE GOHAN 7,5
Japanese comfort food at its simplest : rice mixed with a raw organic egg and tamari. Served with extra raw yolk, spring onions, furikake spices and nori. Homemade kimchi as a gift from the Gods.

ONSEN TAMAGO 10
Steamed jasmin white rice mixed with a raw organic egg, topped with a Perfect Egg (silky egg whites and custard-like yolk), avocado and lumpfish roe. It's great.

NAAN PIZZA 16
A freshly baked flat bread in our clay oven, topped with our season inspiration :

Dating a Goat : goat cheese, walnuts, beetroot & sesame paste, mushrooms, poached figs and greens.

Shakshuka : two eggs cooked in a spicy tomato & roasted paprika sauce served on hummus and naan.

Bollywood : homemade roasted paneer cheese marinated in mint yoghurt, cilantro sauce, spicy mango chutney, roasted cucumber, red onion rings and crushed peanuts

MEATY OMELET 11
3 eggs omelet with hot chorizo, spring onion, ore-gano. Served with fresh toasted buttered bread.

SPRING OMELET 10
3 eggs omelet with spinach and goat cheese. Served with fresh toasted buttered bread.

SIDES

Cheese naan	3,5
Garlic naan	3
Goat cheese & Ajwan spices	3,5
Salad bowl	3
Hummus	3
Avocado mash	3
Bacon	3
Gluten free Toast	1,5

SWEET

Carrot cake	5
Belgian chocolate brownie	5
Coconut tapioca pudding	5
Granola yoghurt with fruits	8
I'm on a diet	0

Everything on the menu is made from scratch with high quality local, season and/or organic ngo-free ingredients.

Are you allergic to any particular ingredients or have special dietary requirement? Please ask us.

COLD DRINKS

HOMEMADE ICED TEA 3,5
Mintee : green tea, mint, ginger, cardamom, clove, cinnamon.

Pink Mauritius : hibiscus, honey, black tea, rosewater, sparkling water.

Thai Tee Bob : thai iced tea with concentrated milk.

Ginkgo Lemon Twist : rooibos, quince, apple, ginkgo, jasmin, lemongras, kiwi.

DAVID RIO ICED CHAI 4
Tiger Spice : Spicy masala chai with cinnamon, clove, cardamom, ginger and black tea.

Tortoise Green : a creamy mixture of green tea and exotic spices.

White Shark : white tea, citrus, black pepper

Power Chai Matcha : craft blended with black tea and Japanese matcha, ginger, clove, cinnamon, star anise and cardamom

FAMILY HOMEMADE APPLE JUICE 3,5
from our family apple orchard in Geraardsbergen

FRESH SQUEEZED ORANGE JUICE 4,5

FROM THE BLENDER 6
Acai Whipp : açai - maca - banana - apple juice

Bulletproof Coffee : coffee - butter - coconut oil

Golden Milk : turmeric - pepper - ginger - almond milk

WATER 2,5 / 4,5
Spa Monopole - Spa Barissart in 20cl/50cl

FRITZ 3
Fritz Kola
Fritz Kola sugar-free
Fritz Limo apple, cherry and eldeberry
Fritz Limo orangeade
Fritz Limo lemonade
Fritz Spritz cloudy sparkling apple
Fritz Spritz sparkling rhubarb
Mischmasch kola-orange-lemonade

CLUB MATE 3,5

BOTTLED LOCAL BEERS

Titje de Silly - white beer	3
Bio Pils de Silly	3
Taras Boulba	4
Jambe de Bois	4
Zinnebir	4
Bertinchamps 50cl bl/br/tr	5,5

WINE 3
Ubi - Côtes de Gascogne

BUBBLES 5
Cerdon - sparkling red
1+1=3 - cava from Barcdelona
Cider Wignac