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WORK-LIFE BALANCE OF EMPLOYEE PRODUCTIVITY: BASIS FOR A WELLNESS FLEXIBILITY PROGRAM

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ABSTRACT

This study assessed the work-life balance of employee productivity basis: for a Wellness Flexibility program. It focused in the assessment of work-life balance of employee productivity.

The participants of this study of two hundred seventeen (217) employees, with the sample size determined using the Cronbach method. Purposive sampling was employed in selecting the respondents. The researcher administered a survey questionnaire specifically designed to gather relevant information about the respondents' profiles, particularly their age, sex, and employee flexibility, as well as their assessment of the status of work-life balance and employee productivity in terms of the of opportunity for promotion and! workplace, and competence. The study yielded the following findings: Majority of the respondents belong to age bracket 18 to 30 years old, female with task flexibility. The respondents agree that employees' opportunity for promotion, workplace and competence, have impact on the assessment of the work-life balance of employee productivity. There was no significant difference on the assessment of the respondents in the Work-life balance of employee

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flexibility when profile was considered. Hence, the employee productivity program is crafted designed by the researcher based on the result of the study.

Keywords: *Work-life balance of employee productivity, opportunity for promotion, workplace, flexibility of the employee*

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