



Threshold 2026: Closing Doors & Making Choices

Pre-Masterclass Reflection Prompts

Artwork: Juan Carlos Duran

Dear Participant,

Before we begin, please take 15-20 minutes to ponder the following. There are no “right answers”. Only presence. Simply let these prompts open you in curiosity.

These questions are here so you arrive with clarity and readiness. 2026 will demand more from us than previous years, spiritually, morally, psychologically, politically.

1. The Threshold We Stand At 🌱

- What events, trends or realities in the world tell you that “business as usual” is over?
- Where do you feel the “closing of doors” most clearly — politically, spiritually, personally, environmentally, socially?
- What feels like it cannot continue into 2026 — either in the world or in your own life?

2. Your Crossroads 🌱

- What major decisions, commitments or shifts are sitting in front of you as we approach 2026?
- Where do you feel yourself split between two paths — comfort vs truth, safety vs conscience, habit vs evolution?
- What are you being asked to choose, even if the consequences feel uncomfortable or uncertain?

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3. The Doors That Must Close 🌱

- What beliefs, roles, strategies, identities or relationships have reached their completion? Which karmic cycle? What collective role or identity are you no longer willing to carry?
 - What are you still holding onto that you know is quietly costing you integrity, peace or power?
 - If you could close one door fully before stepping into 2026, what would it be — and what would that make possible?
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4. The Anchor That Holds You 🌱

- When everything is unstable, what brings you back to center?
 - What principles, values, or non-negotiables guide you when the path ahead is unclear?
 - Who are you — at the deepest level — when nothing external is certain?
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5. How You Will Travel Through 2026 🌱

- What inner qualities will you need to cultivate (discipline, embodiment, boundaries, discernment, courage, focus)?
 - What forms of support, accountability or community would help you stay awake and engaged through what's coming?
 - As the system continues to collapse, who do you intend to be in the story?
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6. Intention for the Masterclass 🌱

- What do you want most from this experience?
- Complete the sentence:
“During this Masterclass, I want to remember...”
- And also:
“I am willing to leave behind...”

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