THE RELATIONSHIP SCALE

Your rating of the relationship: _____

The other person's rating of the relationship: _____

What the other person suggested in order to increase that number:

_____

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Your new rating of the relationship: _____

The other person's new rating of the relationship: _____

Reflections on the new rating:

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Alison Donaghey ~ DominoThinking.com ~ Alison@DominoThinking.com

Domino Thinking
Have you considered the outcome?