



Art for a Sustainable Future

29th March – 5th April 2026
CASTILLA Y LEÓN (SPAIN)



Co-funded by
the European Union



ABOUT THE PROJECT



Routes & Roots (R&R) is a **week youth exchange** that brings together young people from different backgrounds to explore sustainability through art, creativity and shared experiences. Inspired by the idea of **roots** — *our values, identities and connection to nature* — and **routes** — *the paths we choose to shape the future* — the project invites participants to reflect, create and act together.

Through **non-formal education and artistic practices**, the exchange raises awareness about environmental challenges and the urgent need for more sustainable ways of living. Art becomes a common language to understand complex issues, express concerns and imagine alternative futures.

The project offers an **inclusive and safe space** where young people are encouraged to actively participate, share their perspectives and transform ideas into creative actions. By working collaboratively, participants develop a sense of responsibility, environmental consciousness and a positive attitude towards change.

At the same time, **Routes & Roots** aims to build a strong community of young changemakers. By connecting participants through **collective artistic projects**, the exchange strengthens networks of youth committed to sustainability, cooperation and long-term impact beyond the experience itself.

DRAFT PROGRAMME



Day 1 · Arrival & Team Building

Get to know each other and build group connections.

Day 2 · Territory & Nature

Connecting with nature and local heritage through walking, exploration, and direct experience.

Day 3 · Culture in Motion

Discovering culture through sport, rhythm, and body-based expression.

Day 4 · Art & Creativity

Exploring artistic expression through nature-inspired art and creative workshops.

Day 5 · Biodiversity & Environment

Learning about local fauna, flora, and environmental awareness through interactive activities.

Day 6 · Outdoor Life & Team Spirit

Strengthening group bonds through outdoor activities, games, and shared experiences.

Day 7 · Culture, Identity & Urban Expression

Exploring cultural diversity, local heritage, and urban art through creative and intercultural activities.

Day 8 · Reflection & Departure

Reflect on learning, discuss next steps, and say goodbye.

ACCOMODATION



During the youth exchange we are going to stay at the Sierra de Gredos accommodation (Navaluenga, Ávila, Spain) in the heart of the Sierra de Gredos.



This rural accommodation, divided into rooms with bunk beds, occupies a unique space in the centre of the village, allowing us to connect with and get to know the rural area where we are staying.

Please take with you your favorite shampoo, shower gel, towel and other toiletries! (And wait for more details)

TEAM INVOLVED



Clan Tílope

Group of 8 Scout Rovers + 1 team leader with strong interests in international volunteering, nature and social concerns. Experience in projects related with youth and nature.

Mariafer Rebollo

Youth educator for over 20 years and trainer in the field of vocational training in employment, Coordinator of the European Team of the Splora Foundation.



Marta Pavón

Journalist and facilitator working in youth projects and non-formal education. She has experience delivering training on participation, communication and European projects, with a strong focus on accessibility and community engagement.



PARTICIPANTS PROFILE

We are looking for young people interested in protecting the environment and using art to create positive change. Curious and open to new ideas, ready to collaborate with peers from different countries, and motivated to explore sustainable creative practices.

Eager to experiment, share their skills, and take initiative to make a difference in their communities and beyond.

We will be 5 participants + 1 group leader per country.



COVERED COSTS

Accommodation, meals and any other working materials are provided by the organizers. Since the project is funded by the European Union, all travel expenses to and from the venue will be **fully reimbursed**, up to the maximum amount specified by the European Commission's distance calculator.

SOME IMPORTANT DETAILS

1.Wait for our confirmation

Once selected, each partner will organize the search and purchase of flight tickets to the venue. Please wait for our confirmation before proceeding with any bookings.

2.Travel Documents and Reimbursement Guidelines

You need to provide all your original travel documents (boarding passes, travel itineraries, bus/train tickets, etc.). Keep your boarding pass—physical copies if on paper or screenshots if on your phone. We cannot reimburse flight costs without the boarding pass. If you have any questions, please ask us!.

4. Weather in Ávila

Any month in Ávila is quite cold, with average temperatures ranging from 9°C to 1°C. Be sure to bring warm clothing and layers to stay comfortable during outdoor activities.



ABOUT US

Splora aims to engage in international projects offering unique opportunities for learning, collaboration, and innovative growth. We want to:

1. Encourage youth, educators, and volunteers to join European projects and mobilities to share and learn good practices in intercultural settings.
2. Establish strategic partnerships with foreign entities like Splora to strengthen and enrich our structure through international collaboration.
3. Foster local and European innovation through our experience and collaboration with diverse entities



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