

Be sure to look for the special offer at the end of this document.



Loving Guidance for Earthbound Spirits.

This script is to be read out loud for the spirits to listen to. They might be lost, panicky, confused, depressed, disoriented, disappointed, angry, desperate, or any other number of emotions that you can imagine if YOU found yourself out of your own body, and not knowing what to do and where to go! This will explain to them the condition in which they find themselves. After we patiently explain to them what is happening and how they got here, we will assist them in moving on.

This particular script is focused on the souls who were once in human bodies, and for those who are ready and willing to move on. This is not intended to force anyone against their free will choice.

I recommend you get into a meditative state of mind first. Invoke the presence of the Archangels, Rescue angels, and whatever Masters you resonate with.. Ask them for their assistance and their protection for all involved. And then begin to read the script out loud. You can record this for future use, and play back as often as needed. I have placed the word, "me" there, as this is a self-help guide. However, you can fill in the name of someone else, if that seems more appropriate. Read this through completely before you begin, so that you understand the process.

Read slowly, and with as much love as possible.

Deep breath... and.....

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HIGHER SOUL HEALING

“Dearest soul,

I know you're here with "me" but you're not actually "me". You're somebody completely different.

You have a different name, a different personality, different needs, and different ideas.

There WAS a time..... a time in which you lived in your own body. Before you met "me".

Try and remember this time. Think about an enjoyable memory that happened while you were in your OWN body.

I know this might be hard to understand, but something happened to that body..... and it died. YOU continued on, but your physical body died.

When this happened, you were probably surprised that you were very much alive, exactly as you were moments before, but you now felt yourself somehow OUTSIDE of your body. Which died.

At that particular moment, the ideal situation would have been that you go directly to the spiritual world.

But that's not what happened. There WERE helpers there, back then. There WERE loved ones coming from the world of the spirits to accompany you to your new life. But instead of this, for whatever reason, you decided to stay in the physical world and WITHOUT your physical body.

You probably were confused and couldn't understand that your body died. And you didn't understand what was happening.



HIGHER SOUL HEALING

It was right then, that a mistake was made.

Because at that moment, you became a "lost soul", an Earthbound Spirit. A real person, but now in spirit form, with no physical body of your own: STILL here, on this Earthly plane.

Do you remember trying to talk with people and they didn't respond to you? Or when you touched them, they didn't even look up or pay attention to you? They seemed to look directly through you, as if they didn't even know you were there?

Maybe you felt very confused, and alone, and frustrated, and maybe even angry with them. Many thoughts were spinning around in your head.

The reason the people didn't respond to you, is because NOW you're in an INVISIBLE spirit body. You have no actual physical body, and so they can't see you.

They didn't even know you were there.

It isn't that they didn't want to pay attention to you. They just didn't understand that you're actually there with them.

It was after this, at a certain point, that you joined "me", and it was this act that ended up being even worse, unfortunately.

Because until that point you were only hurting yourself.

You see, by the simple fact of you being here with "me", you started to affect "me".

You are and were unknowingly taking energy from "me", causing "me" to be tired and fatigued.



HIGHER SOUL HEALING

You probably have even caused confusion in "me", because "I" can't distinguish YOUR thoughts, desires, and needs from those of my OWN.

Would you be ok with that if somebody did that to you?

Maybe you didn't understand that this was actually causing problems for "me".

Fortunately we can resolve this situation. Because there are loving souls here, right now, that love you SO much and they came from the spirit world to help you.

They are people who, after they died, you thought you would NEVER see again. And yet here they are!

They are so happy to see you, because they've been concerned about you. They've been looking for you, anxious to find you.

And now they found you and are so SO happy to see you!

They're here with their arms open wide.

And now.... they're coming closer to you..... to give you a warm and loving hug. SO full of love.

They are holding you.

Isn't it wonderful to feel that sensation again?!



HIGHER SOUL HEALING

In a few moments you're going to leave "me". And when you do, you are going to see your OWN spiritual body.

THIS is your TRUE body, that you will use for as long as you need it. It's a perfect body in all the senses. A young and attractive body that will never get old, get wrinkled... and never will hurt.

If you were a man, you'll see yourself in a man's body.

If you were a woman, you'll see yourself in a woman's body.

Please know.... that if you are afraid, or if you feel you will go to a place called Hell, I want you to know that there is someone here, who comes from the spirit world; a teacher of religious education, who will explain to you that there's nothing to fear.

If you were raised Catholic, the spirit professor will be a Father or nun. If you're a protestant, it would be a minister of your own denomination. If you're Jewish, your master would be a rabbi. Whoever it may be, they are here to explain to you that you have nothing..... absolutely nothing to fear.

- Now the moment has arrived that you are going to go on to your beautiful new life.

Take the hand of your loved one, or your Master, or angel... or whoever is there for you.

Know that in a few moments, you will be in the Light, which is now beaming down from above.



HIGHER SOUL HEALING

Maybe you see it at a distance,
or maybe it's NOW coming closer to you.

You can go into this Light... with your loved one or guide beside you.

In the same instant you do this, you will be in your new and perfect body.

When you go to the Light, you will experience something that transcends words.

Indescribably beautiful.

You will feel entirely loved and accepted.

There's a beautiful life waiting for you.

You'll be with your loved ones, family members, and friends.

You will never be alone again.

The worst is over. You're OK now.

Now is the time to leave.

I want you to know, that I forgive you.

Whatever pain or uncomfortable feelings that your presence has caused, I
completely forgive it.



HIGHER SOUL HEALING

I release you, and bless you. And send you on, in love.

Go in peace, in light, and in love.

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And so it is.

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You will probably feel their presence lifting. You will probably feel the loving presence of Spirit. It is normal to cry. Ask the Hierarchy for whatever ties that might still be there, to be cut. Visualize these cords being cut. Ask for their assistance in restoring your energy. Ask for and visualize golden light filling you up, and feel into the protection and love given to you.

Much gratitude for your service.

Namaste

This script is intended for those spirits who are willing and ready to go to the Light.

Many spirits may still have fears, or aren't quite ready to leave, and need more in depth counseling and guidance.

Some spirits have grievances and have feelings of revenge. Some are worried about their loved ones, and will stay to try and take care of everything. They need to understand that it is ok to move on.

Some spirits are actually held back by the living, who are still in grief and mourning, and this strong emotion holds the spirit here unintentionally.

Some energies are not of human origin, but are extra-terrestrial in nature. Some energies are Thoughtforms, others are what is termed "auto-obsession" and are your own personalities that come from your past lives.



HIGHER SOUL HEALING

The work that Zé and I do, is considered Deep Healing work, and truly affects the physical, emotional, and mental health of both the living, and the dis-incarnate. YOU are the ones who come to us for healing and guidance, yet we get to help BOTH of you at the same time! It's such amazing and beautiful work... and is indeed DEEP work.

Once we can guide the entity on, not only are THEY helped, but the LACK of the entity being around you means that the symptoms that THEY were feeling, will not affect YOU any longer. And you will get better.

Once we guide this entity on, you might still have affects of your own past lives, that show up as separate personalities, and they can be called "entities", as well. We will work in the astral realm, to help free these layers of emotional pain that have been circulating for many lifetimes! These personalities can show up in the form of phobias, nauseas, strong reactions to things that are considered by others to be "normal"..

When these two factors are removed, (the Earthbound spirit, and your own Personalities) which is done as Distance work, it's now just YOU with YOU, and now what might remain is emotional pain that occurred in THIS lifetime, and we work with you directly, on an energetic level, to work through these traumas. We offer sessions on Skype or Zoom.

We also do very in-depth palm readings that will show you your life plan that your soul chose before incarnating. This also shows the traumas that happened in this lifetime, as well as shows tendencies that were not resolved in your past lives. It is a true map of the Soul, and Zé has been an expert at this for more than 30 years. The anayslis takes place offline, and then the reading is given online via Skype or Zoom.

I am creating online courses about mediumship, reincarnation, and subtle energy healing work.

I offer mentorship packages to help in your mediumship development, as well as guiding you along in your healing journey. I truly love the one to one work in these mentoring sessions. I've been through so much trauma, and so much study, that it fulfills me to help others navigate their way through this.

If you feel like any of this resonates with you, and you would like to know more, please get in contact with me at: kristen@highersoulhealing.com



HIGHER SOUL HEALING

AS A SPECIAL PRESENT FOR WHO REQUESTED
THIS SCRIPT TO HELP OUR BROTHERS AND SISTERS
IN THE SPIRIT WORLD.....

I am offering a 21% discount on our Soul Map Reading and on our Distance Healing work. First session only, and to be used within a month of receiving this script.

Mention the words SPIRITUAL HIERARCHY to get this discount.

Also, I am offering my services as your personal mentor, at 21% off my 12 -week Spirit Mentoring package. To get this discount, mention the name SANANDA; also to be used within a month of receiving this script.

Contact details:

kristen@highersoulhealing.com
www.highersoulhealing.com

Thank you dearly for your presence on this planet, for your beautiful work in this world, and for your Divine soul that chose to incarnate at this transitional time on Earth.

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In love and service,
Kristen and Zé

Namasté