

# Information and Coordination Centre for Dependent Persons and their Families

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## About the idea

The essence of the idea is to enable older people to stay at home and in their own communities for as long as possible, with the support of their family, local care institutions, health centers, volunteers and local authorities.

The Centre is a place where a dependent elderly person and their family would receive comprehensive support in reaching every available form of assistance offered by various social assistance and health care entities. An elderly person and their carers would not have to deal with an uncoordinated and hostile system. The employees and volunteers of the centre would help one break through the maze of legal tricks in obtaining the benefits the elderly are entitled to sign up for a doctor's visit, obtain rehabilitation equipment etc. Specialists available in the Centre would strengthen the sense of subjectivity of the beneficiaries and offer their support in crisis situations.

The activities of the Centre would cover three areas: information, education and accompanying.

## Benefits of the idea

In the Centre, seniors would receive personalized help- taking into account their location and real needs. Thanks to it, they would have a chance to remain independent and stay in their own environment.

*The Polish care system is a scattered Rubik's cube that an elderly person cannot handle alone. The FOSa federation has extensive experience in running projects for seniors. We know the needs*

*of older people because we meet them every day. We are convinced that the launch of such a Centre will radically change the situation of the elderly and their families. The Centre will become the most important address for them, a chance for comprehensive information on the available forms of care, financial or rehabilitation support*

Aneta Fabisiak-Hill and  
Monika Michniewicz

Do you want to know more about this idea? Go to the website:  
[www.inicjatorpomocy.pl/en](http://www.inicjatorpomocy.pl/en)

### **„Inicjator PoMocy”**

The „Inicjator PoMocy” competition (eng. „emPOWERment Initiator”) is part of the „PoMoc. Together, we can do more” implemented by the Shipyard Foundation on behalf of the EVZ Foundation (Remembrance, Responsibility and Future). In the competition, we were looking for innovative ideas aimed at improving the quality of life of Nazi persecution survivors.

### **The competition is funded by the EVZ (Remembrance, Responsibility and Future) Foundation.**

In remembrance of the victims of National Socialist injustice, EVZ Foundation works to promote human rights and understanding between peoples. The Foundation is thus an expression of the continuing political and moral responsibility of the German state, the private sector and society as a whole for Nazi injustice and towards the victims.

More at [www.stiftung-evz.de](http://www.stiftung-evz.de).

### **The organizer of the „emPOWERment Initiator” competition is the Shipyard Foundation.**

For over 10 years, we have been creating and supporting effective solutions to social problems, involving citizens in deciding on public matters as well as helping other organizations and institutions to better plan and conduct their social activities.

More at [www.stocznia.org.pl](http://www.stocznia.org.pl).