

BRINGING HEALTH CLOSER TO HOME

In 2015, with funding from the Charles Hayward Foundation and other donors, two new Health Outposts will be constructed at Kashitu West and Fibawe villages which will enable the 2,000 people living in the area to attend regular health clinics. At present most health outreach clinics held in these rural communities are conducted in temporary shelters, derelict buildings or under trees. In recent years the Kaloko Trust has been seeking to improve the situation by implementing a programme to build simple multi-purpose Health Outposts. These enable the staff from the local Rural Health Centres to run routine outreach clinics and provide more accessible and comprehensive healthcare facilities to the inhabitants of many remote villages.

Each basic building has a waiting room, a consultation room and a storeroom. When not being used for health clinics the buildings can be utilised as classrooms for the nearby primary schools; for adult training; and for general community meeting rooms. The project has a dual goal of decreasing the vulnerability of women and girls to HIV and improving access to healthcare. The project will increase the provision of integrated services including expanding Anti-Retroviral Therapy (ART) services and palliative care. The participative project design means that the community, including people living with HIV/Aids, play a key role in developing services, improving their quality of life and exercising self-determination. In the past few years Kaloko has constructed 12 Health Outposts in the Luansobe area allowing up to 12,000 people new access to regular health care close to their homes.



The Fibawe Health Post Committee on the stones they have collected ready for building



Kiln with burnt bricks - part of the community contribution for the Fibawe Health Outpost

Reaching out to those most in need

Many of the poorest families in the Luansobe area are female-headed households, often Aids widows looking after their grandchildren orphaned by the disease. Living in remote rural communities these elderly women have limited economic opportunities. In 2014 Kaloko Trust assisted a group of 20 such women with training on how to rear goats which, when sold in their nearby markets, generate much-needed household income. After training, each participant received three female goats and one male. The project includes a pass-on component so that families who have received the initial goats pair up with another similar family in their village and pass on the same number of young goats

when they are reared. In 2014 Kaloko Trust could only assist 20 of the 81 widows who applied to join the programme and in 2015 now plans to train an additional 20 elderly women to rear goats at their own homes.



Goats near their raised pen

Clean water for all

Kaloko Trust has, since 2000, been working in partnership with donors and poor rural communities to drill boreholes and fit them with hand-pumps. Each hand-pump provides up to 250 people with access to safe and adequate water.



A shallow well is the present dirty water source at Ngandu village

With no local water reticulation the target communities have to walk long distances to fetch safe water or use closer unclean sources in muddy pools, stock watering dams or river beds. The boreholes project provides two major benefits. It improves the health of families by reducing the incidence of water-borne diseases and it reduces the time spent by women and girls fetching water.

Communities contribute resources such as labour and local materials and site the boreholes in locations that are most appropriate. To ensure that water will be available into the future, Kaloko trains and equips community-elected women and men to work together as a committee to maintain, repair and manage the water systems. In the past eight years Kaloko has drilled 27 boreholes bringing clean water to nearly 5,500 people. In 2015 with funding from the African Borehole Trust, Just a Drop and Wilmslow Wells for Africa we hope to drill five to ten more boreholes giving another 1,000 to 2,000 people new access to clean water.

Ready and waiting for quality education

Too many primary school children in rural Zambia either have no local school to attend or have to take their classes in temporary buildings or outside under trees, taught by willing but unqualified volunteer teachers. Kaloko Trust together with the local communities is working to improve the situation of schools in the Luansobe area of the Copperbelt.

In 2013 Kaloko Trust, with funding from the Equitable Charitable Trust, built a two-classroom block incorporating an office, stationery store and strong-room, near Mwaitwa village. Makango Primary School now has over 130 pupils taught by one government teacher assisted by two untrained volunteers. The government has committed to providing more teachers to community schools if the schools meet certain conditions: reasonable enrolment, a good quality school building and houses for teachers.

In 2015 Kaloko Trust with funding from the Vitol

Foundation now plans to build two small houses to accommodate the existing teacher and another, which the government has undertaken to supply once reasonable accommodation is ready.



The pile of stone ready for the new Makango School project



Leather curing: As part of its small business development programme Kaloko Zambia is busy expanding the leather production enterprise started many years ago in Kwesha community. Hides are cured locally and made into bags and belts for sale in Lusaka and Ndola.

Bicycle shipping rolls on

Kaloko sent its first full container of second-hand bicycles to Zambia, in partnership with Re~Cycle, in 2009.

The project continues without the need for further external funding because the bicycles are sold at an affordable price to eager members of the community.

The demand is high and we plan to send four shipments, totaling over 1500 bicycles in 2015!

Downwards and Upwards

In 2008 the local community completed the construction of a three-classroom block and one teacher's house at Malembeka Primary School. However, the school is growing and the new classrooms are now in full use. With 370 children across seven grades, many classes are still held outside under the trees with frequent disruptions in the wet season.

Malembeka is a small, remote school with limited resources. Yet, despite these problems it has been trying its best and teachers run two shifts a day to attempt to teach the ever-growing number of pupils. Malembeka's Parent Teachers Association has worked tirelessly to meet the needs of the pupils and has now turned to Kaloko Trust for help. Since the school's first classroom block was completed, parents have continued to raise funds and have contributed materials and labour towards the building of a second classroom block. Funding has been hard to raise and the association has asked, if it is able to make the bricks and collect stone and sand, whether Kaloko could help with the construction and completion of the building.

During a recent monitoring trip to Zambia, Kaloko's UK Director, Renato Gordon visited the school and met teachers and parents. He found 6,000 bricks ready for use and in 2015 Kaloko Trust with funding from the Marr-Munning and A&N Ferguson Trusts plans to help the school to implement the construction.



Members of Malembeka's Parent Teachers Association digging the foundations for the new classroom

LOOKING FOR SPONSORS

We have a fantastically supportive group of class sponsors (thanks all of you), but we still want more so that we can help pupils in more schools!

£15 a month supports a class at Kwesha or Kamabaya School, providing basic teaching materials, classroom furniture, school meals & school fees for deserving pupils.

If you, or someone you know, can help by sponsoring a class, giving more children a better education, please contact Kaloko.

Beekeeping it in the family

Building on Kaloko's success in training and equipping new beekeepers and establishing a cooperative in the Luansobe area, this project will train 50 beekeepers in nearby Kashitu in 2015.

Subsistence farmers in rural areas of Zambia have very few opportunities to generate income for their families. Rain-fed agriculture is one option but rainfall is irregular so it is precarious. Also popular is charcoal production, but this is often environmentally damaging. Beekeeping offers a sustainable alternative that is relatively easy to undertake, is low in risk and supports the preservation of forests. Kaloko has trained over 300 beekeepers and helped establish and register the Luansobe Beekeepers Cooperative Society (LBCS). However, there remains considerable local demand for further training. Each of the 50 new beekeepers trained by this year's project will be provided with a starter kit of equipment to help them establish their apiary. The kits include moulds so the beekeepers can manufacture mud hives and thus expand their apiaries as quickly as they want.

The project will also work to develop the marketing capacity of the local beekeepers through improving processing and packaging, arranging exchange visits to other beekeeping groups and developing contacts with potential markets. The local beekeeper group will be able to offer its members improved technical support and advice as well as better prices for their honey.

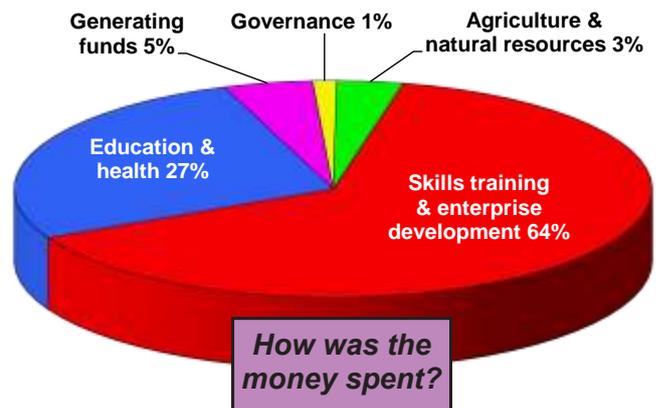
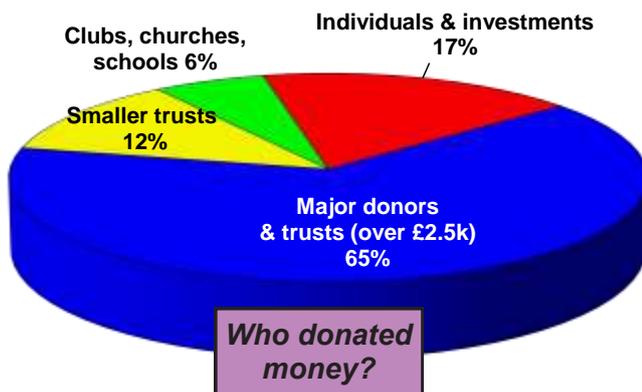


Father and son inspect their homemade mud hive

Kaloko Trust makes a difference thanks to you

Targeting 35,000 people living in isolated Luansobe and Kashitu rural communities in northern Zambia in 2014 Kaloko Trust implemented 13 development and five sponsorship projects using funding raised in the UK.

Kaloko's annual income declined slightly to £235,000 (2013=£243,000) but by keeping down the costs of governance and fundraising to only 6% of total expenses we still managed to increase funding for charitable activities by 4% to £228,000. With £55,000 already carried forward for new projects in 2015 we look forward to continuing our activities at present levels. In 2014 Kaloko projects benefited about 21,000 people of whom at least 13,000 were children. We can only assist these poor communities because of the generosity of our donors. So 'thank you' to all of you for your continued support.



Celebrating Independence: Kaloko Trustees Domino Champe (left) and Chair Jim Smyllie joined the Zambian High Commission's celebrations in October. The High Tea in London marked 50 years of Zambian Independence.



Support Kaloko When You Shop

Each time you shop on-line, and at no extra cost to you, easyfundraising will donate a small percentage of your purchase to Kaloko Trust. Just register at easyfundraising.org.uk, and use their website to access over 2000 shopping sites including M&S, John Lewis, Argos, Amazon and eBay. With just 15 of our supporters already signed up, between them they have raised £278 this way.

Could you join them and help too?

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The Kaloko Trust UK works to relieve poverty and raise livelihoods in rural communities in Zambia, southern Africa. Promoting local development of agriculture and self-help projects to generate income, it encourages the sustainable and responsible use of natural resources. The Trust promotes education and healthcare through improved access to schools, clinics and clean water.

Established in 1995 as a registered charity (No. 1047622), The Kaloko Trust UK (KTUK) supports the activities of our partner organisation, Kaloko Trust Zambia (KTZ) by securing funds for KTZ programmes and providing management support and capacity building. It also offers technical assistance, recruits specialist volunteers and publicises KTZ's activities. In 2014, 94% of funds raised were spent on charitable activities with the rest used for governance and generating further funds.



HELPING RURAL ZAMBIAN COMMUNITIES TO HELP THEMSELVES

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