So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.

St Paul's

Holy Communion (H)

The Peace

Communion

The Lord is here. **His Spirit is with us.**Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself. When we turned away you did not reject us, but came to meet us in your Son.

You embraced us as your children and welcomed us to sit and eat with you.

In Christ, you shared our life that we might live in him and he in us.

He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.

Prayer after Communion

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home.

Dying and living, he declared your love, gave us grace, and opened the gate of glory.

May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world.

Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

HC - H - 2022

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them, saying:

Take, eat; this is my body which is given for you; do this in remembrance of me.

Father, we do this in remembrance of him: his body is the bread of life.

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sins; do this in remembrance of me.

Father, we do this in remembrance of him: his blood is shed for all.

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son.

As we eat and drink these holy gifts make us one in Christ, our risen Lord.

With your whole Church throughout the world we offer you this sacrifice of praise and lift our voice to join the eternal song of heaven:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest.

The Lord's Prayer

Our Father in heaven,
Hallowed be your name,
Your kingdom come, your will be
done, On earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive
those who sin against us. Lead us
not into temptation, but deliver us
from evil. For the kingdom, the
power and the glory are yours, now
and forever. Amen

Breaking of the Bread

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread.

Giving of Communion

Most merciful Lord,
your love compels us to come in.
Our hands were unclean, our
hearts were unprepared; we were
not fit even to eat the crumbs from
under your table.
But you, Lord, are the God of our
salvation, and share your bread
with sinners.