

Life-Controlling Problems

A life-controlling problem is anything that masters our lives.

“Everything is permissible for me’—but not everything is beneficial. ‘Everything is permissible for me’—but I will not be mastered by anything.”

I Corinthians 6:12

Life-controlling problems fall into three categories:

- 1) **Substance**—drugs, alcohol, food, prescription medications
- 2) **Behavior**—Gambling, pornography, outbursts of anger, etc.
- 3) **Relationships**—Co-dependent, unhealthy, or enmeshed relationships

Definitions:

Lifeline Connection – non-residential community effort, using the *Living Free* model

Living Free/Turning Point –model for small groups--**training and curriculum** for recovery

Teen Challenge – faith-based residential recovery

Life-Plan – self-inventory and goal setting for clients ongoing recovery

Living Free Recovery

Living Free Recovery provides faith-based, small-group training, curriculum, and resources for dealing with some of life's tough problems. These resources provide hope and encouragement that lead to change in a person's life and real transformation of communities. *Living Free* provides a general model that is adaptable to any community or individual situation. **Establishing *Living Free Recovery* in your community is a vital part of transforming a community.**

Living Free Groups

Living Free Recovery groups endeavor to accomplish three things:

- 1) **Provide essential hope** to those who are unable to function reasonably in their addiction, referring and assisting them to go on to a long-term *residential* program, if they make the choice.
- 2) **Provide extensive opportunity** to those that are reasonably functional in their addiction. This also allows *families* to work through issues as a family, encouraging the client to be responsible for daily necessities, and
- 3) **Provide effective follow-up** to those clients that *have* completed long-term recovery programs, providing continued *positive peer choice, accountability, boundaries, and consistency*.

Websites:

www.livingfreerecoveryac.org

www.connectionpoints.org

www.selepri.com

www.teenchallengeusa.com



Facilitator Training

Training for the faith-based community—offering a faith-based solution!

2112 Inwood Dr.
Fort Wayne, IN

260.209.4596

Email: info@connectionpoints.org

Living Free Recovery
is a Ministry of
Connection Points Inc.
and aligned with
Adult & Teen Challenge USA



Faculty Training for Living Free Recovery

Training for the faith-based community, offering a faith-based solution!

Date: Saturday, October 12, 2019

Connection Points Ministry

2112 Inwood Dr.

Fort Wayne, IN 46815

Faculty Trainer:

Daniel Schreck, PhD, LCAC, NCAC-II
President/Executive Director/Recovery Pastor
Connection Points/Living Free Recovery
Fort Wayne, IN

DATE: _____ from **8:30 a.m.** until **4:00 p.m.** (Onsite Registration at 8:30 a.m.)

Topics covered include:

- Definition of a life-controlling problem
- 4 Phases of Addiction
- Family Influences
- Walls of Protection
- The Small Group Strategy
- Communicating the Truth in Love
- Foundation for Facilitating
- Launching a Small Group Ministry

Registration \$30/person includes:

Lunch, *Living Free* workbook and Q & A time!

Send to: Connection Points /Living Free Recovery
2112 Inwood Dr
Fort Wayne, IN 46815

Onsite Registration: 8:30 a.m.

**For more information, call 260.209.4596 or
Email: info@connectionpoints.org**

