



St Paul's

FAMILY NEWS Sunday 18th October

Sunday Services

Will continue both in the building and also be streamed live at 10.30am every Sunday via Zoom. An invite will be emailed with details each week.

Monday Simple Supper Service

Will be streamed live at 7pm every Monday via the St Paul's Facebook page. Please follow the link on the website.

Wednesday Morning Prayer

Continues weekly at 7.30am via Zoom. Details can be found in the services email.

Church Services

If you are able to volunteer to help maintain the appropriate protocols before, during, and after the Sunday service and would be willing to go on a rota please email one of the church wardens ([warden1@](mailto:warden1@stpauls.org) - Ann or [warden2@](mailto:warden2@stpauls.org) - Frances). Thank you.

Message from Michael

We are so sorry to all those who tuned in to join the service last Sunday morning on zoom. Suffice to say there were technical difficulties that proved unsurmountable. We very much hope that normal service will be resumed by next Sunday morning.

Michael

Men's Breakfast

THIS Saturday 17th October, 9am at The Earl of Derby (please note later time!). Maximum of 6 inside, but plenty of undercover seating outside!

Subject: the legacy of Cain.

Michael Bloy

Ladies Drinks

Members of St Paul's have been very generous in donating to the Al Ahli Hospital's breast screening programme in Gaza. We are sorry not to be seeing everyone in person but instead are planning a zoom "Ladies drinks and Nibbles" as a fundraiser later this year. Do have a look at the Amos webinar (details below) in the meantime to find out more about how the hospital is doing.

Webinar 6pm - Thursday 15th October

October is breast cancer awareness month or 'Rosy October' as it's known in Gaza. Join Amos Trust to hear from Dr Suhaila Tarazi, Director of Al Ahli Arab Hospital in Gaza City and members of her team as they talk about Al Ahli's breast cancer screening programme.

<https://www.amostrust.org/diary/>

Caroline Bone and Sarah Rose

Helen Christie – Book of Messages

Please continue to contribute to the book of messages, memories and thanks for Helen. Please send any thoughts you would wish to pass on via Dianne in the office at [hello@](mailto:hello@stpauls.org) so we can continue compiling a book.

Harvest-tide Giving

The Mission Group writes: St Paul's has made a Harvest-tide gift of £100 to Romsey Mill.

Help Needed by 21st October

We have had a donation of a freezer for the Centre kitchen from a kind neighbour of Larry Zazzo in Little Shelford. Larry is happy to help with the transportation but we need someone with a van to also help please. If you are able to assist, please email Larry - lzazzo@hotmail.com. Thank you.

“Hope into Action don't just offer accommodation [to homeless people], they offer love”.

Read about Hope into Action in a newly released book by the founder Ed Walker. 'A House built on Love' is available at spckpublishing.co.uk/a-house-built-on-love. Use offer code HOUSE1 to get the discounted price of £6.99. Or you can borrow a copy from Frances.

HIA partner with churches, not only to house the homeless but to offer practical support and nurture. Ed Walker will be speaking at St Paul's on 22 November. Want to know more? Read about HIA at www.hopeintoaction.org.uk, or ask Frances.

Frances Harris

Letter from James McWilliams, Housing Advice Service Manager

Please find attached a thank you in response to the letters sent by the congregation to Suzanne Hemmingway regarding accommodation for those at risk of sleeping out during the pandemic.

The Church Schools of Cambridge (CSoC) Trustee Position

CSoC has a Trustee vacancy from the South Cambridge Deanery Synod appointing body. If you are someone who goes to church within this area and are interested in this role, please email admin@csoc.org.uk for more details.

St Martin's & St Thomas's Cambridge are looking for an Office Manager. If this is of interest, please find attached the job description.

St Paul's School Christmas Pudding Drive

St Paul's School are delighted to be able to offer Christmas puddings again this year. We are offer a lemon pudding and the ever popular sticky toffee pudding. Details of how to buy pudding are in the link. These puddings also make great gifts for family and friends. Please see <https://st-pauls-primary-school-ptfa.square.site/christmas-puddings>.
Kate Sharkie

Slow Me Down Lord

Thank you to Anthony Pearson for this poem.

Slow me down Lord.

*Ease the pounding of my heart by the quieting of my mind.
Steady me with the vision on the eternal reach of time.
Give me, amid the confusion of my days, the calmness of the everlasting hills.
Break the tensions of my nerves with the smoothing of the streams.*

*Help me to know the restoring power of sleep.
Teach me the art of taking one minute holidays.
Slow me down to look at a flower, to chat with a friend, to read a few lines from a book.*

*Remind me each day that there is more to life than increasing its speed.
Let me look into the branches of the towering trees and know that they grow great and strong; because they grow slowly and well.*

*Slow me down, lord, and inspire me to send my roots down into the soil for life's enduring values that I may grow towards the stars of my great destiny
Slow me down, lord.
Slow me down
Slow me down.*

The Maranatha Community

Church Bank Details

For confidential giving our church bank details are: -
Sort code: 40-52-40
A/C No: 00015142
A/C Name: PCC of St Paul's Cambridge

Prayer Streets for October 2020

Please pray for residents and businesses in - Fitzwilliam Road, Shaftesbury Road, Clarendon Road, Glenalmond Avenue. Thank you

Please send all articles for the next Family News by 5pm on Tuesday 20th October to congregation@stpaulscambridge.org.uk.
Thank you

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St Paul's Eco-church website:

<https://ecochurchchair.wixsite.com/stpaulsecochurch>