

Akashic INTELLIGENCE

Soul Reflections

It's important to set the tone for your experience in advance of our time together. Why? Because your energy is already having an impact on our collective experience! And I can feel it's going to be incredible!

Let's GO!

PREPARATION FOR DAY 1

What is one intention/goal I want to set for myself while participating in this accelerator?

When I reflect on how I've used my intuition to problem-solve in the past, what (if anything) has gotten in the way of getting clear guidance?

Am I open to see my intuition from the lens of the ultimate AI (Akashic Intelligence)? Am I open to release what I've known so that I can make room for the next level of my gifts? (hint: there's always another level)?

DAY 1: INTEGRATION EXERCISE

What is one thing I realized about myself after participating in Day 1 of this “AI” accelerator?

How can I use these tools to make sure I’m sourcing guidance from the “vineyard” ;-) going forward?

How will I show myself gratitude for showing up for myself as a student today?

Additional Soul Reflections:

DAY 2: INTEGRATION EXERCISE

What is one action I will take today to thank myself for showing up for Day 2 of this "AI" accelerator?

How will I tap into AI to boost my confidence with intuitive decision-making?

What additional support do I feel I need to get there?

Additional Soul Reflections:

DAY 3: REFLECT & PREPARE

1:1 SESSION

Before the session:

Now that I've experience the accelerator, is my intention for this session the same? If not, how has it changed?

Now that I have been invited to tap into my intuition in a different way, would I like to feel my gifts expand within AI? If so, what would that look like/feel like? How would that shape the impact I make daily?

How would I like feel after my session?

Additional Soul Reflections:

1:1 Session

After the session:

Stay curious, try to avoid one-word answers...

How do I feel now that the session is complete?

Keeping my intention in mind, what is the most important point that showed up during the session?

What inspired action do I want to take right away?

Additional Soul Reflections: