

HOW TO BE A BETTER TRAVELLER

Welcome to our town.

We hope you enjoy our unique culture, heritage and beautiful natural environment. Get out and explore. There are many scenic route to choose, ask local experts for alternative unique experiences than the popular treks.

No matter where you go or what you do please take a few moments to read our Dos and Don'ts to better prepare you for your stay in our community.

DON'T GIVE GIFTS DIRECTLY TO CHILDREN



Giving candy, pens, balloons etc. only leads to a begging mentality. We want our children at school not asking you for presents. If you want to give an appropriate donation ask your guide how this can be arranged.

DO WEAR SUITABLE CLOTHING



You are visiting rural communities, not taking a beach holiday. When in villager's homes or monasteries your shoulders from knees should be covered. Very revealing clothing is never appropriate.

DON'T LITTER



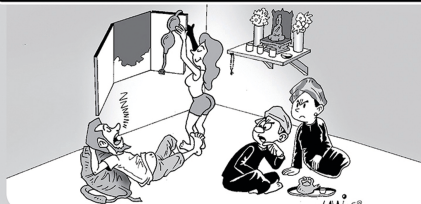
Keep your rubbish and dispose of it correctly. Waste management is an issue in rural areas. Set a good example and carry your waste until it can be disposed of correctly.

DO CHECK YOU ARE REGISTERED FOR OVERNIGHT TREKS



For your safety and regulation of tourism in the region ask your guide to confirm that you have been formally registered with the Tourism Police before commencing your trek.

DO RESPECT THE FAMILY SHRINE



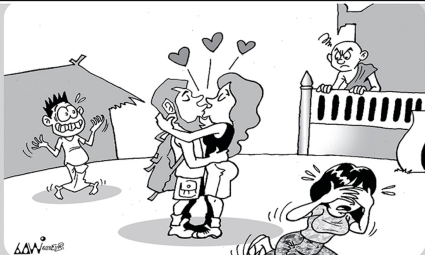
Every household will have a shrine. Never point your feet at it, never hang clothes above it and never sleep with your feet pointed towards it.

DON'T DISRUPT VILLAGE LIFE



Remember you are a guest. Drunken behaviour is not acceptable. If you are staying overnight keep quiet after 10pm.

DON'T KISS IN PUBLIC



Excessive displays of affection should remain private. Communities, villager's homes and monasteries are not the places to demonstrate your fondness for another.

DO USE WATER WISELY



Many regions including our Township suffer from severe water shortages. Little ways that you can help include; limit the length of your shower, turn off taps when not in use, tell your hotel that you don't need new towels or linen each day, wash clothes after not during your overnight trek.

DO LET YOUR GUIDE KNOW IF YOU HAVE A PROBLEM OR QUESTIONS



Your guide is here to assist and explain local culture. If you are unsatisfied with your guide's knowledge, provide constructive feedback to them and their agency. Tourism is a new industry in Myanmar. Help us to improve our services.

DON'T SIT ON THE PILLOW



In Myanmar culture the head is the most sacred part of the body. The pillow is where your head rests not your bottom!

DON'T GET CLOSE TO ANIMALS



Buffalo are unpredictable and can have a nasty temper.

DO ENJOY YOUR HOLIDAY



Smile, ask questions and immerse yourself in our unique culture.



Supported by
giz
Deutsche Entwicklungszusammenarbeit
Deutscher Bundestag