

Unreasonable Requests – What’s The Block?

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FORMAT:

Groups of 3

Duration: 30 minutes

PURPOSE:

Learn to make unreasonable requests of people to help you deliver your destiny.
What’s the block stopping you from being unreasonable.

SETUP:

Teams spread in the room with their chairs.

INTRO / BACKGROUND:

Unreasonableness:

- Ever since we were children we have been trained to have a good reason for everything that we do. When a parent or teacher asked us why we did something, if we did not have a good reason we may have been punished or reprimanded. We learned it was necessary to have reasons for everything that we did. We have become experts at creating reasons.
- Now we are so entangled in our reasons that the reasons become the determining factor in what is possible for us. Our reasons are part of our box.
- When we say we are going to be somewhere at 9:00 and we are not, what do we have? We have a reason why it did not happen.
- Our reasons seem valid to us. We think that our reasons are real.
- Reality does not depend on reasons. Reality happens.
- If we are living in a world of reasons, even if they are good reasons, the reasons are in our way. They are preventing our growth.
- If we are living in a world of reasons, we cannot make a choice. We have traded choice for reasons.
- Many people willingly surrender the power of choice to their reasons.
- The practice of Creative Leadership is being unreasonable.
- We are not saying reasons are bad or wrong or stupid. We are saying that it is possible for a person to change their relationship with reasons so that reasons serve them rather than them serving the reasons.

Unreasonable Requests:

Think of the valuable impact that someone making an unreasonable request of you has had in your life.

Examples:

- A soccer coach who believed in you more than you believed in yourself.
- A math teacher who challenged you to make extra efforts.
- A boss who stuck their neck out and took a risk to support you for a promotion.

When someone makes an unreasonable request of you, it can feel uncomfortable, stressful, exciting, new possibilities opening up.

Here is the definition of an Unreasonable Request:

- 1) Unreasonable Requests are made of yourself and of others.
- 2) Unreasonable Requests are doable. They do not conflict with the laws of physics.
- 3) Unreasonable Requests happen in relationship. They are not just about you.
- 4) Unreasonable Requests cause something that was not going to happen. They are directed at causing boxes to expand, to generate change in the quality of life, to create relationship.

Creative Leadership:

- A Creative Leader is an Unreasonable Request in action.
- Look at how you got here to this training. Someone made an Unreasonable Request of you. Did you have spare time to come here? No. Was it reasonable for you to come here? No. Did you come here? Yes.
- Someone took a stand for your growth and the quality of your life. Someone was listening to you as successful, way beyond any of your reasons why not.
- We will continue growing and transforming ourselves only by taking a stand for the transformation of others. That is why Creative Leaders are committed to creating other people as Leaders. Taking a stand for the success of others is very unreasonable.

Do you get the cost of NOT asking the impossible of people?

INSTRUCTIONS / PROCEDURE:

Make an increasing series of precise but unreasonable requests for people to take action to you deliver.

- Your gremlin is in the way of making this request.
- How impacted will the camera people be by what they will be filming.
- How will they be prepared for the journey they are about to take?
- Carelessness – joy and fear.

What happens when the proof positive of the power of your work is captured on film and goes out? What are you afraid of?

Fear: to lose control

You only have to look to deliver the information that I have that makes her help a success to make

What distinction do I have that will empower you to produce exactly what I need you to produce? Use my fear to look for what I need. Empowerment. When I tell you something, listen and then stay for me sending the energy you will need to do it.

Here is an unreasonable request: Make some Unreasonable Requests of yourself and others. This exercise has 2 parts.

Part 1: (10 minutes)

- Design Unreasonable Requests of yourself to be accomplished in the **next 48 hours**.
- Design Unreasonable Requests about things in your work or personal life that you want to take on or accomplish or handle within the **next two weeks**.
- Design Unreasonable Requests about things in your work or personal life that you want to take on or accomplish or handle within the **next three months**.
- Design Unreasonable Requests of others, either at work or at home, that will make a real difference for them in their life. Something that you can really stand for for them, a challenge that they might never accomplish without your seriously asking it of them.

Part 2: (10 minutes)

Share 3 of your Unreasonable Requests with everyone else here.

Make an agreement with someone to be accountable to them for accomplishing your unreasonable requests. (For example, to have a phone conversation with them in two days, two weeks, and three months.)

DEBRIEF:

If people fulfill their Unreasonable Requests your business will transform.