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**Examination of arterial pulse**

**Procedure-**

**Position of arm-**

**Rate-**

**Rhythm-**

**Common causes of increased pulse rate-**

**Common causes of decreased pulse rate-**

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**Examination of blood pressure**

**Position of patient-**

**Position of BP apparatus-**

**Palpatory method-**

**Auscultatory method-**

**3 common causes of hypotension-**

**3 common causes of hypertension-**

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**Recording the body temperature**

**Oral/axillary-**

**Variations in body temp-**

**3 common causes of fever-**

**3 common causes of hypothermia-**

**Different devices available for recording the body temp-**

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**Examination of tongue**

**Light-**

**What to see-**

**Colour-**

**Papillae-**

**Coating-**

**Causes of coating-**

**Colour variations-**

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**Examination of throat**

**How to examine-**

**Position of pt and doctor-**

**Light-**

**Structures to be seen-**

**Colour and position of soft palate and uvula-**

**Tonsils-**

**Posterior pharyngeal wall-**

**3 common abnormalities-**

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**Examination of nose**

**Position of pt-**

**Light-**

**Turbinates-**

**Nasal septum-**

**Discharges-**

**Common abnormalities-**

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**Examination of ear**

**Position of pt and doctor-**

**Light-**

**Ext auditory canal (common abnormalities)-**

**Tympanic membrane-**

**Cone of light-**

**Normal anatomical structures-**

**Discharges-**

**Tenderness (causes)-Common abnormalities-**

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**Pallor**

**Sites to be examined-**

**Investigations to be advised-**

**3 Common causes-**

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**Icterus**

**Common sites to be examined-**

**Investigations to be advised-**

**3 common causes-**

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**Clubbing**

**How to examine-**

**3 common causes-**

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**Oedema**

**Sites to be examined-**

**How to examine-**

**Causes- Unilateral-**

**Bilateral-**

**Face-**

**Shin and feet-**

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**Lymph nodes**

**Common sites to be examined-**

**Cervical-**

**Pre-auricular-**

**Post-auricular-**

**Supra clavicular-**

**Inguinal-**

**Common causes of each-**

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**Eyes**

**Structures to be seen-**

**Colour-**

**Pupils-**

**Watering-**

**Discharges-**

**Swelling-**

**Common causes of each-**

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**Nails**

**Colour-**

**Shape-**

**Ridges-**

**Nail bed-**

**Common abnormalities-**

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**Teeth and gums**

**Teeth-**

**Colour-**

**Coating-**

**Gums-**

**Swelling-**

**Bleeding-**

**Ulceration-**

**3 common abnormalities-**

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**Liver**

**Position of pt-**

**How to palpate-**

**3 common causes of hepatomegaly-**

**Investigations to be advised-**

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**Spleen**

**Position of pt-**

**How to palpate-**

**Common causes of enlargement-**

**Investigations to be advised-**

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**Kidney**

**Position of pt-**

**How to palpate-**

**Common causes-**

**Tenderness in renal angle-**

**Investigations to be advised-**

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**Ascites/ P/A examination**

**Inspection- Distension, status of umbilicus, veins on anterior  
abdomen wall**

**Palpation- tenderness, pain, lump**

**Percussion-**

**Common causes of distension-**

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**Heart sound**

**Site-**

**How to examine-**

**Normal-**

**Three common abnormalities-**

**Types of murmur-**

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**Respiration**

**How to examine**

**Position of patient**

**Vesicular breathing and bronchial-**

**Common causes of increased respiration rate and decreased rate-**

**Crepts , wheeze , rhonci**

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**Epigastric region**

**Position of patient**

**Pain/ tenderness-**

**Common causes-**

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**Right hypochondriac region**

**How to examine/ position of patient**

**-liver**

**-gallbladder**

**-murphy's sign**

**Pain and tenderness-**

**Common causes-**

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**Left hypochondriac region**

**How to examine**

**Swelling / lump-**

**Common causes-**

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**Umbilical region**

**How to examine**

**Swelling / lump/ hernia, tenderness-**

**Common causes of pain-**

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**Hypogastric region**

**How to examine-**

**Distension-**

**tenderness/ pain-**

**Common causes-**

**Examination in female- common causes-**

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**Iliac fossa**

**How to examine**

**Right – pain, tenderness**

**Left – pain, tenderness**

**Swelling**

**Mcburney's point**

**Common causes-**

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**Common sites of hernia**

**Femoral – where and how to examine**

**Inguinal - where and how to examine**

**Umbilical- where and how to examine**

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**Examination of cervical spine**

**How to examine-**

**Position of patient-**

**Movement, stiffness, pain, tenderness-**

**Common causes-**

**Neurological symptoms-**

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**Thoraco-lumbar spine**

**How to examine-**

**Position of patient-**

**Movement, stiffness, pain, tenderness-**

**Common causes of backache-**

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**Lumbo-sacral spine**

**How to examine-**

**Position of patient-**

**Movement, stiffness, pain, tenderness-**

**Common causes-**

**Straight leg raising test-**

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**Knee joint**

**Local examination**

**Pain**

**Tenderness**

**Motility**

**Restricted movements**

**Shin**

**Common causes of knee pain**

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**Common clinical conditions where X-ray chest is to be  
advised**

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**Normal findings of Chest X-ray.**

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**Clinical conditions when to advise Complete blood  
count, ESR, BUL, Sr. creatinine**

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**When to advise Widal test and test for Malarial  
parasite.**

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**When to advise Urine routine exam.**

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**How to read ECG correctly.**

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**Examination of facial nerve**

**Common abnormalities-**

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**Examination of 3<sup>rd</sup>, 4<sup>th</sup> and 6<sup>th</sup> cranial nerve**

**Common abnormalities**

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**Testing superficial reflexes**

**Common abnormalities**

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**Testing deep reflexes**

**Common abnormalities**

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**Sciatic nerve examination**

**Position of pt-**

**Movements-**

**Tingling numbness-**

**Pain-**

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**Clinical examination of thyroid gland**

**How to examine-**

**Common abnormalities**

**Investigations to be advised-**

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**When will you advise T3, T4 and TSH?**

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**Clinical examination of hernia (cough reflex)**

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**Waist – Hip ratio measurement**

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**Calculation of BMI**

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**How to access dehydration**

**Common causes-**

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**How to put intracath**

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**How to insert Foley's self retaining catheter.**

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**Indications for IV fluids**

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**Dressing under aseptic precautions**

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**Illness certificate**

**When to give-**

**When not to give-**

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**Fitness Certificate**

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**Homoeopathic prescription writing**

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**Importance of diagnostic and peculiar symptoms in a  
case.**

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**Selection of miasm with its characteristics.**

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**Evaluation of symptoms**

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**Homoeopathic medicines in first aid**

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**Vaccinations**

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**Antenatal care**

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**Selection of a repertory for a particular case**

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**Medical ethics**

**Doctor doctor relationship-**

**Doctor pt relationship-**

**Duties of doctor to the state-**

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**Assessment of vitamin A deficiency**

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**Assessment of deficiency of vitamin B group**

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**4 common Homoeopathic medicines for acute fever**

**(With differentiation)**

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**4 common Homoeopathic medicines for cough**

**(With differentiation)**

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**4 common Homoeopathic medicines for joint pain**

**(With differentiation)**

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**4 Homoeopathic medicines for asthma and COPD**

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**4 Common Homoeopathic medicines for  
dysmenorrhoea**

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**To find abnormal thoracic, lung, mediastinal, heart  
and diaphragm shadows on X ray chest**