

15 BOTANICALS OF ANCIENT EGYPT

♀ KEMETIC MAGICKAL APOTHECARY ♀

Sacred plants of Kemet used in ritual, healing, protection, and connection with the Divine.

1 BLUE LOTUS

(*Nymphaea caerulea*)



Sacred flower of rebirth and spiritual awakening.

Used for: rebirth, divine awakening, ritual offering.



2 FRANKINCENSE



Precious resin that purifies and elevates the spirit.

Used for: purification, temple offerings, divine presence.



3 MYRRH



Powerful resin that protects and preserves.

Used for: protection, embalming, consecration.



4 KYPHI

(SACRED INCENSE BLEND)



Ancient sacred incense of the temples.

Used for: temple ritual, healing, dream work.



5 PAPYRUS



Plant of creation, life, and wisdom.

Used for: creation, life, wisdom, sacred writing.



6 ACACIA



Sacred tree of rebirth and divine protection.

Used for: rebirth, protection, life.



7 CEDAR



Holy wood of purification and temple building.

Used for: purification, temple construction, sacred oils.



8 JUNIPER



Resinous berry that cleanses and drives away negativity.

Used for: fumigation, cleansing, purification.



9 HENNA



Sacred dye and herb of blessing and beauty.

Used for: blessing, protection, ceremonial adornment.



10 CYPERUS

(SWEET SEDGE/
NAGARMOTHA)



Fragrant root used in perfumes and incense sacred blends.

Used for: perfume, incense, offerings.



11 CASSIA



Sweet aromatic bark used in incense.

Used for: incense, sacred perfumes.



12 CINNAMON



Precious spice of luxury and spiritual power.

Used for: luxury incense, ritual perfume.



13 CALAMUS

(SWEET FLAG)



Aromatic root used in kyphi and temple rituals.

Used for: aromatic incense ingredient, especially in kyphi.



14 CORIANDER



Sacred herb and seed of healing and offering.

Used for: offerings, healing, protection.



15 MANDRAKE



Mystical root connected to Hathoric ritual, fertility, and ecstatic celebration.

Used for: Hathoric ritual, fertility, ecstatic celebration.



"I have caused every tree that is pleasant to the sight and good for food to grow out of the earth."
- Ptahhotep

"Behold, I have given you every herb bearing seed which is upon the face of all the earth."
- Genesis 1:29

♀ AS ABOVE, SO BELOW, AS WITHIN, SO WITHOUT. ♀
ALL LIFE IS SACRED. ALL PLANTS ARE TEACHERS.

THE SACRED OILS OF KEMET

TEMPLE OILS • RITUAL OILS • HEALING OILS

THE FRAGRANCE OF THE GODS

THE MOST WIDELY USED OILS IN ANCIENT KEMET

MORINGA (BEHEN OIL) *Moringa peregrina*



- Royal & temple anointing
- Sacred perfumes
- Cosmetic luxury oil
- Healing salves

BALANOS

Balanites aegyptiaca



- Temple consecration
- Perfumes & ritual oils
- Skin care
- Medicinal ointments

CASTOR

Ricinus communis



- Healing
- Purification
- Lamps
- Skin & hair care

SESAME

Sesamum indicum



- Healing salves
- Massage
- Medicinal preparations

OLIVE

Olea europaea



- Anointing
- Medicine
- Lamps
(more common in later periods)

LINSEED

Linum usitatissimum



- Medicinal use
- Skin care

LETTUCE SEED

Lactuca sativa



- Cosmetics
- Medicine
- Calming, sleep

RADISH SEED

Raphanus sativus



- Perfume base
- Medicinal use

SACRED AROMATICS INFUSED INTO OILS

FRANKINCENSE

Purification
Divine Connection



MYRRH

Protection
Healing



BLUE LOTUS

Enlightenment
Rebirth



CASSIA

Divine Union
Royal Power



CINNAMON

Prosperity
Sacred Fragrance



CALAMUS

Command
Speech & Power



CYPERUS

Sacred Offering
Spiritual Ascent



JUNIPER

Protection
Temple Incense



CEDAR

Eternal Life
Purification



MASTIC

Blessing
Consecration



HOW THE SACRED OILS WERE EXTRACTED

1 CRUSHING

Seeds, nuts and fruits were pounded and ground with stone mortars and pestles.



2 PRESSING

The crushed material was placed in linen bags and twisted by hand or with wooden pole and lever presses to release the oil.



3 SETTLING & FILTERING

The oil was allowed to settle, then filtered through fine linen to remove sediment.



4 INFUSION

Aromatic plants and resins were soaked in carrier oils, sometimes with gentle warming, to draw their fragrance and power into the oil, then filtered.



5 PERFUMING

Infusions were repeated with fresh botanicals to create richer, more fragrant sacred oils.



HOW THE OILS WERE USED

TEMPLE RITUALS



- Anointing the gods
- Consecrating temples & shrines
- Empowering sacred statues
- Used in purification rites

ROYAL ANOINTING



- Coronation ceremonies
- Divine protection
- Blessing & empowerment
- Connection to the Neteru

HEALING & MEDICINE



- Treating wounds & skin
- Salves for inflammation
- Massage for vitality
- Eyes, hair & body care

COSMETICS & BEAUTY



- Softening & moisturizing skin
- Fragrances for the body
- Sacred adornment
- Eye and hair oils

OFFERINGS



- Offerings to the gods
- Ancestor veneration
- Festivals & new year rites
- Spiritual petitions

SACRED INSIGHTS

- Moringa (Behen) and Balanos oils were the most prestigious and authentic temple oil bases.
- Oils carried the life-force (*akhet*) of plants and the divine.
- Fragrance was considered an offering of the breath of life.
- Sacred oils connected the earthly and the divine realms.

"Let my offering ascend
as a sweet fragrance
before the Neteru."

IMPORTANT TO KNOW

- Steam distillation was unknown in ancient Kemet.
- Oils were mainly pressed or infused, not distilled.
- Practitioners today can use infused oils for the most historically authentic approach.

MAY THE SACRED FRAGRANCE AWAKEN THE DIVINE WITHIN YOU