



CAMP DATES JULY 13-17

Swordplay Fencing Camp 2026

Ages 10+

This camp will cover the basics of foil fencing and allow participants to see what is involved in this sport. Each day, they add a little more and the final day there will be a little competition so they can get a taste of that and try their new skills on the strip. Parents may want to attend and watch—the time will be announced as it may vary depending on number of people fencing.

No special attire is needed, however long athletic pants/sweats—not too baggy, not too long—are what they must wear. NO shorts! Comfy T shirt and sneakers—please try to get ones that are as flat as possible. Wide heels and large soles interfere with footwork. Camp participants can bring :A light snack and any additional drink (there's water) There is a small fridge at club. They should be ready and rested, arrive at club around 15 minutes before the session and get settled in.

The next pages give a little bit of information about fencing and what is involved.

If you have any additional questions, please do not hesitate to contact me. treasurecoastfencing@gmail.com is the best way!

Georgina Love

Overview of Basic Skills: Fencing is a multi-faceted discipline giving the fencer a workout that requires strength, cardiovascular endurance and mental skills. This is achieved by executing the three essential skills of fencing:

- **Blade Work:** This is perhaps the most difficult of the essential skills to master. It permits a skilled fencer to deceive his opponent and reach the target area despite attempts of an opponent to defend themselves. The fencer needs to be strong enough to execute parries and beats of the blade against their opponent's but also need the fine motor coordination and dexterity to move their point quickly around attempted parries.
- **Footwork:** The "cardio" component. This is the most physically demanding of the skills, is the one which permits a fencer to move into appropriate positions and distances and allow him to effectively utilize blade work to touch the opponent's target area and allow him to get away from an opponent's attack.
- **Tactics:** The "mental" component. This is often the hardest to learn of the skills. Fencers will spend most of their competitive careers focused on learning and executing the nuances of fencing strategy and tactics. Tactics consist of the plans and counter plans utilized by fencers to coordinate use of blade work and footwork against the fencing style of opponents.

Foil

Which fencer actually gets the touch is determined by the right-of-way rule so that a fencer can only score when he/she has the right-of-way. In foil, there are white lights that indicate an "off target" hit. An off target hit stops the action, but no point is scored.

Fencing is a life-long sport that welcomes duelists of all ages. You can learn it when you're young, or when you're young at heart. While most sports only reward speed or power, fencing lets you choose whether you are going to win by using your speed, or using your guile – which allows the parents to teach their children a thing or two while our children do the same to us.

Drew Laun TCFC fencer for 10+ years fenced at Drew University on scholarship, class of 2023
Currently coaching at Bronx charter school
and assisting at New Jersey Institute of Technology





SWORDPLAY 2026

Afternoon Session—1:30—4:30 pm
Camp Dates July 13-17

Please Print Clearly

Fencer Name	_____	Boy	Girl
Age and Date of Birth	_____		
Address	_____		
Parent or Guardian Name	_____		
Contact Phone	_____		
Contact email	_____		

One Fencer \$195.00 (includes tax)

Paid

Camp tuition may be paid cash, check, or invoice via Quickbooks (direct bank transfer)
Tuition must accompany application.

PLEASE NOTE any allergies , medications or special considerations to be aware of:

**THERE ARE NO REFUNDS ON TUITION EXCEPT FOR MEDICAL EMERGENCY
ACCOMPANIED BY PHYSICIAN'S NOTE**



Treasure Coast Fencing Club Waiver

READ BEFORE SIGNING

SWORDPLAY 2026

ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY: I acknowledge and agree as follows:

1. The risks of injury from the activities involved in the sport of fencing and related activities are significant, including the potential for serious injury, disability or death, and while particular skills, equipment, and personal discipline may reduce those risks, the risks may continue to exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, whether known or unknown, apparent or latent, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES (defined below) or others, and assume full responsibility for my participation; and,
3. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY AND HOLD HARMLESS USA FENCING, and all affiliated sections, divisions, clubs, host organizations, officers, directors, athletes, referees, coaches, volunteers, officials, club members, individual members, agents, employees, contractors, participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners or lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL CLAIMS, DEMANDS AND CAUSES OF ACTION ALLEGING OR ARISING FROM ANY PERSONAL INJURY, DISABILITY, DEATH, or loss or damage to person or property, that may occur or has occurred, in connection with the sport of fencing or related activities, WHETHER OR NOT ARISING FROM THE NEGLIGENCE OF ANY OF THE RELEASEES, to the fullest extent permitted by law.

CONSENT FOR MEDICAL TREATMENT: This is to certify that I give my written consent to Treasure Coast Fencing Club and its representatives for myself and/or any person for whom I am signing this document to obtain medical care from any licensed physician, athletic trainer, hospital or clinic for any injury or illness that may arise during fencing and related activities.

CHOICE OF LAW: The foregoing agreement, consent, waiver and release shall be governed, interpreted and construed according to the law of the State of Florida, without reference to choice of law principles.

I HAVE READ THIS ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY AGREEMENT FULLY, UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY.

x _____ Age: _____ Date Signed: _____
PARTICIPANT'S SIGNATURE

x _____
PARENT/GUARDIAN'S SIGNATURE Date Signed _____