

# Lean Yellow Belt Training

Duration: 2 days

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Practical skills & certification

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Classroom



Live  
Virtual



In-House  
for teams



Leigh Griffin  
Trainer

# Overview

If you want to begin learning about lean and get practical skills, our Lean Yellow Belt training is an excellent place to begin.

Over 2 days, we introduce you to the key principles of lean, showing you how it can be used to improve processes in your workplace.

This course is a great choice for those who are completely new to process improvement or would like a short but practical introduction to lean.

## Training Objectives

Our aim is that by the end of this programme, participants will:

- Possess a solid, foundational knowledge of lean
- Identify the 8 wastes of Lean in their organisation
- Be able to run smaller process improvement projects within their work environment
- Utilize Lean problem-solving skills and tools
- Understand the concepts of data-driven decision making



## Duration & Format

The programme is delivered over 2 days and is a blended approach of highly participatory activities where the trainees can bring real-world problems to apply the theory being delivered.

This can be delivered virtually or in-person, with slight adjustments for in-person to facilitate participant learning.

## Unit Plan

- Unit 1: History of Lean
- Unit 2: Wastes and Principles
- Unit 3: Problem Solving Tools
- Unit 4: Lean Project Management
- Unit 5: Analysis Tools
- Unit 6: Control and Flow
- Unit 7: Lean Culture



Meet Leigh  
Trainer

"I take that experience and form my own blend of Continuous Improvement Coaching, with my own model and power tool developed specifically with my clients in mind".

# Session Schedule

## Day One

Time	Session Title	Outcomes	Training Techniques
09:30	Overview of Day 1	Chance to revisit some key concepts that will be built upon for Day 2	Buzz Groups & Quiz
10:00	History of Lean	Understanding of Lean the philosophy	Formal Input, Facilitated Discussion
11:00	BREAK		
11:15	The 8 Wastes	Identifying the 8 wastes and the underpinning philosophy behind them	Whiteboarding, VIPP Cards
12:15	Problem Solving Tools	The usage of Kaizen, VSMs, A3, DMAIC	Whiteboarding, Facilitated Discussion
13:00	LUNCH		
14:00	Problem Solving Tools Continued	The usage of Kaizen, VSMs, A3, DMAIC	Whiteboarding, Facilitated Discussion
14:45	Lean Project Management	Awareness of Lean approaches to running your projects	Formal Input
15:15	BREAK		
15:30	Principles of Flow	Drawing a Value Stream Map and understanding of Flow and impediments to flow	Formal Input, Facilitate Discussion
16:15	Review	Review of the day, questions clarified	Facilitated Discussion, Evaluation and Quiz
16:30	CLOSE		

# Session Schedule

## Day Two

Time	Session Title	Outcomes	Training Techniques
09:30	Introduction and Program Overview	Chance to become acquainted and understand the aims for the course	Buzz Groups & Intro
10:00	Analysis Tools	Understanding of Paretos, 5 Whys, Fishbone, 5W2H	Formal Input, Facilitated Discussion
11:00	BREAK		
11:15	Data Driven Analysis	Importance of data driving decisions, lead and cycle time, Takt time	Formal Input, Raw Facilitation
12:15	Applying Analysis Tools to a VSM	Practical application of the VSM, Flow improvements	Whiteboarding, VIPP Cards
13:00	LUNCH		
14:00	Control	Awareness of standard work, mapping, responsiveness, countermeasures	Whiteboarding, VIPP Cards
15:15	BREAK		
15:30	Lean Culture	Role exploration, Continuous Improvement Mindset, Generating Culture and Engagement approaches	Facilitated Discussion
16:15	Review	Review of the course, questions clarified	Facilitated Discussion, Evaluation and Quiz
16:30	CLOSE		

"Leigh is truly an excellent trainer with a highly developed emotional intelligence that provides him with a unique ability to connect and engage with learners. His modest and easy going style makes it easy for participants to learn from him. His good nature, knowledge and passion for best practice in adult learning will ensure him success as a trainer wherever he goes".

- Michael Cox, Director and Head Trainer, MCX Training and Development

## Have questions or ready to book?

Get in touch with our team by email or online. We will be happy to answer any questions and get you booked in. You can reach us at [info@agileadvisors.ie](mailto:info@agileadvisors.ie) or fill out our [booking form](#).

You can also book a free discovery session with Leigh.

"I specialise in team transformations, helping teams to adopt a new way of working that is true to their own culture and experiences. My goal is to inspire you and your team to unlock your potential and travel a journey of shared understanding."



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