

More than just new loos

During 2017 we have been reporting to you on the progress of Kaloko's brand new School Sanitation Project at Bwembelelo. All in all it has been a great success. The School now has four robustly constructed latrines, with very large pits to ensure longevity of use, good ventilation, and small changing areas for the girls. The Zambia team distributed sanitary pads for girls over twelve and have installed an incinerator and two hand washing points.

When Kaloko's UK Director Jane Cockerell visited the school to conduct an end of project evaluation, Head Teacher Mrs Marjorie Tembo (who initiated the project with her concern for the girls' welfare and education), and Mr Penn (who liaised with the Kaloko Zambia project officer and the contractors) said they were extremely grateful for the new facilities and asked us to thank all our supporters. They were enthusiastic about the difference the project has made to all pupils, and specifically to the girls who now feel able to attend school during their period.

We also heard from Ms Luckness Mulenga who liaised with the female pupils over the course of the project to ensure they were comfortable with what was being proposed, and gave them the opportunity to suggest any appropriate design changes to us. Bwembelelo is her first teaching post and she has been in service at the school for four years.



Luckness Mulenga

Ms Mulenga said that she had observed a noticeable positive impact in the classroom and in the level of self-confidence of the girls. She is confident that this will be reflected in both the educational attainment of the girls and their future prospects.

We are delighted with the success of this first project and are planning to continue the school sanitation programme at Kwesha Primary School in 2018. We are also exploring the feasibility of working with the local sewing cooperative to make washable sanitary pads using colourful local fabrics, to improve sustainability and minimise the environmental impact of the project.



New girls' toilet



Seeking your help this Christmas



We'd love to expand this valuable project. Please help us to provide the simple sanitation facilities needed at Kwesha Primary School. You can donate via our website or by sending a cheque to our Brighton office, mentioning your wish to support this project.

Sponsors, we'd love to have more of you!

As we near the end of 2017 we would like to give a particular thank you to our faithful class sponsors who continue to support their classes in Luansobe from one year to the next. School class sponsorship is pivotal to Kaloko and it is heartening to know that so many of you recognise the immense value of good education for the young people of Zambia. We really appreciate your generosity.

We are on the lookout for more sponsors for our classes to help replace the gradual loss of some of our loyal supporters, and to help support the most recent addition to the scheme - the rural, and more severely under-resourced, Kwesha Community School. All sponsors benefit from termly updates from their class, hearing from a teacher and one of the pupils with a letter or a picture. You will also receive a class photograph once a year. Sponsors find it highly rewarding to be giving such a valuable gift to pupils in an area where government funds available for education are so limited. This year the schools were able to buy a whole range of useful items thanks to sponsors, from chalk, pens and paper, to hygiene materials, sports equipment and blackboard paint. If you or someone you know could help please do get in touch.



Photo: Jill Flowers

£15 a month supports a class at Kwesha School

From the Chair of Trustees

After a busy 2016 in terms of changes on our Trustee Board, and with us finding a new Director, I am pleased to say that 2017 has been quieter. This gave us the opportunity to properly induct our new Trustees, and to begin a process of looking forward to where we can be most effective in the future. Our new Director Jane has settled in wonderfully, established excellent relationships with the team in Kaloko Zambia - and particularly with the Director Willard - and has already introduced some fresh thinking in the UK on the way we do our business. With Trustees now based in Guernsey, Australia and Kenya, as well as in London and Brighton, we have become creative in managing our meetings, and use Skype and online webinars to keep in touch.

In Zambia we've had a year of solid achievement, both in some of our long-standing programmes, and in new ones. After eight years shipping bicycles to our local communities in Luansobe, it had become clear to us that we have met much of the community demand there, and in so doing hugely increased the mobility of local children coming to school, medical staff visiting villages, and farmers taking their produce to markets. So this year, working closely with the UK provider Re~Cycle, we delivered our first consignment to a much more remote community in Serenje, Northern Province, 200km east of Luansobe, where the local farmers were finding it difficult to access their markets on foot. We've yet to test the difference these bicycles are making, but we have a project officer stationed there supporting distribution and assessing impact. I must take the opportunity here to pay tribute to the fabulous work Re~Cycle does with us and other development charities in Africa.

In terms of new projects we are delighted that our school sanitation project has provided facilities which are successfully keeping in school the teenage girls who previously were poor attenders. Progress on other more familiar work can be found elsewhere in this newsletter. And I must express personal delight at the revamp of the Kaloko website. If you haven't looked at it recently, please do. The design is cleaner, the colours more balanced and the content I hope easier to access. Fabulous work by Jane, Mark and the team.

As always I must finish by thanking all of you for your continued interest in, and support for, our work. I wish you all an excellent Christmas, and a very good 2018.

Jim Smyllie, Chair of Trustees, Kaloko Trust UK



Women helped by our agriculture project in Fifigo

Providing more safe water

Arguably the most impactful of all Kaloko's projects is the borehole drilling and hand pump installation. With several new boreholes provided in each of the last eight years, 27 more communities now benefit from safe water close to home.

We have been generously funded and supported in this by various donors, but in recent years the most significant has been Just a Drop who also give technical engineering guidance when appropriate. This year we have provided safe clean drinking water at five locations - Funte, Kawanga, Mukwemba, Shebanga and Wila Wila. We work with the community to identify the best general location for drilling and then a combination of science and intuition guides the selection of the final location.



At Funte, it's an impressive site as the rig drills down to a depth of 60 metres, and usually draws a crowd!

After the hand pump had been installed and the water was running freely at Wila Wila we spoke to Prudence, a mother of four. She enthusiastically described the difference it made to her peace of mind having a safe water source within easy walking distance of her home, and the hours saved for other useful activities now that she doesn't have to go so far to fetch and carry water with her baby on her back.



Prudence collects clean water from the new borehole at Wila Wila, close to her home

Bicycles: Re~Cycle and the future

Kaloko has been shipping second hand bicycles to Zambia to ease community access to education, health services, water supplies and markets since 2009. This has only been possible because of our partnership with Re~Cycle, a charity dedicated to sending unused bicycles from the UK to Africa.

The Re~Cycle project was devised in Brighton, but the hub of operations is at their Colchester warehouse from where, each month, Re~Cycle sends its partners bikes, spare parts and tools - for free. Working in this way generates multiple outcomes: affordable transport for the local community; sustainable income for Kaloko projects; local employment and skill development; and capital to pay for the shipping of the next container of bikes. Re~Cycle supports a model of social entrepreneurship, using a business model to achieve a charitable outcome.

During Jane's monitoring visit to Zambia in November, she was joined for part of the time by Re~Cycle's Programme Coordinator Jason Finch. They sat with the Kaloko Zambia team to discuss the ongoing partnership, the success of the expansion into new geographical areas in 2017, and exciting plans to construct a workshop, and assembly and distribution centre at Luansobe.



Kaloko staff visited Re~Cycle's warehouse recently. The large scale of their operations is hinted at here.

The partnership with Re~Cycle has gone from strength to strength and in 2017 we shipped 2500 bicycles from the UK to Zambia. It needs close coordination between teams to keep the availability of donated bicycles through Re~Cycle's supporters in the UK in balance with the demand and distribution requirements in Zambia. The teams must also ensure that the bicycles are robust enough to withstand Zambia's bumpy tracks. Working in rural areas means bikes need to be suitable for cross-country travel and to carry heavy loads such as a child, a sack of maize or water containers. This means that the supplied bicycles need to be of good quality, but also that Kaloko's reassembly team must double check to ensure the bicycles leave the distribution point in the best possible condition. They need the correct tools for the job as well as basic lubricants and repair kits of a reasonable quality - not always easy to find in Zambia. Fortunately the team in Colchester can add those to the shipping containers.

We are particularly excited about the potential opportunities that will develop from rehabilitating one of our buildings into a workshop and training centre for bicycle mechanics. All in all, this means that we can continue to provide affordable transport for many families in remote rural areas, ensuring that they can connect to available resources, and cover distances that would be long on foot.

Still Hungry

It has never been easy surviving through subsistence farming in rural Zambia. More than 60 percent of Zambia's 13 million people live in rural areas and depend on agriculture for their livelihood. In the Global Hunger Index for 2017 (www.globalhungerindex.org), the International Food Policy Research Institute assessed 119 developing countries. Zambia ranked 5th from bottom with a score indicating levels of hunger that are 'alarming'. In 2014 UNICEF estimated that 45% of Zambian children under five are stunted and suffer chronic malnutrition.

Since mid 2017 there has been a common refrain when visiting the communities in and around Luansobe; community members have been explaining the hardship they are facing due to extremely low maize prices. Maize is the staple food in Zambia and for farmers who normally sell their surplus to pay for other essentials, this is making an already bad situation considerably worse.

The maize price has halved to 1.16 kwacha a kilo, from between two and three kwachas at this time last year and in previous recent years. The government sets a minimum price, but this year that price has fallen too low to make it worthwhile for most rural people to even transport their maize to a local market. There are piles of maize rotting in villages all around Luansobe.

Clearly this has a significant impact on the communities we work with as harvest time usually enables subsistence farmers to sell their surplus - to support their family, send their children to school, access healthcare and have some minimal standard of living. The impact of this year's low price will be felt through 2018 and as such our programmes and your support are needed now more than ever.



A 2017 Overview

School sanitation: In year one of this project we built four high quality pit latrines, two hand washing points and an incinerator, as well as distributing sanitary pads to further encourage girls to attend school throughout each month. Over 400 pupils have benefited, with a specific focus on 80 girls over age 12.

The popular **Goats Project** giving nannies to grannies, has reached another 32 elderly women looking after HIV/Aids orphans. This year, for the first time, we provided bicycles to the group chairwomen so they can reach all members at their homes, to ensure that the goats are healthy and well looked after, and that the first offspring are passed on to the next tranche of women. The bicycle distribution was greeted with great enthusiasm and will continue to be part of the project.

Boreholes: We provided safe clean drinking water to another 1250 people in rural communities this year, reducing their vulnerability to diarrhoeal disease, allowing children more time in the day to attend school, and family members time for more useful activities than walking long distances to an unhygienic water source.

Sustainable rural transport: 2500 bicycles donated by Re~Cycle were sold in the local community, and newly this year in Serenje District, giving farmers improved access to markets and their families a greater ability to travel to health services and schools.

Class sponsorship: With the fantastic ongoing support of our monthly class sponsors (thank you!) we provided funds to four schools to purchase school materials, rehabilitate classrooms, and take children to compete in sports and arts competitions across the country. We also provided much-needed basic materials for the health centre and helped with crèche food.

Grandmothers agriculture: For the first time we've trained and supported 12 elderly women to help improve their farming methods and knowledge to get the best from their small plots of land. Surprisingly, despite their years of subsistence farming experience, they don't always have the best knowledge of how and when to plant which seeds. We provided kits of seeds and fertilisers so that they can produce the most nutrient rich diet for themselves and their families.

Kaloko Trust works with local partners and communities to improve access to sufficient food, water, health, education and income for some of the world's most vulnerable people, through effective, appropriate and sustainable development projects.

We have been working to relieve poverty in the Luansobe area of the Copperbelt Region in rural Zambia since 1989 and believe that long-term sustainable development can only occur where the issues that cause poverty are addressed through an integrated approach, harnessing the power of partnership.

Established in 1995 as a registered charity (No. 1047622), The Kaloko Trust UK supports the activities of our partner organisation Kaloko Trust Zambia (KTZ) by securing funds for KTZ programmes and providing management support and capacity building. Kaloko Trust UK also offers technical assistance, recruits specialist volunteers and publicises KTZ's activities. In 2016, 96% of funds raised were spent on charitable activities with the rest used to generate further funds.

KALOKO
trust Empowering
Zambian
Communities

Raising glasses raises funds

Sharon McDowall has been a keen Kaloko supporter since she taught biology and English as a volunteer at Luansobe Upper Basic School in 2010. Sharon was impressed by Kaloko's work and over many years has championed our cause in her workplace, gathering a group of her colleagues to jointly sponsor a class at Kwesha Community School. Sharon's enthusiasm for supporting Kaloko has rubbed off on those around her and one of her colleagues chose Kaloko to benefit from a significant donation when she was given an award at work which came with a donation to a favourite charity.

Sharon once organised an informal sponsored walk for Kaloko and has held fundraising cocktail parties. In August she held a third successful cocktail day, and through the generosity of her guests raised a magnificent £700. Sharon said 'I am always blown away by the generosity of family and friends in supporting these afternoons...but maybe I shouldn't be surprised?!'

The extra benefit we often get from Sharon's fundraising is that her employer, the William Grant Foundation generously match funds her donations, doubling the benefit, and that was the case this year too! A big thank you to them and to Sharon for her inspiring efforts.



An artist's impression: Sharon and her guests?

Printing:

Kaloko News is printed three times a year on recycled paper by our local, long-time printers,

One Digital.

See www.one-digital.com or call 01273 887575.

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