

Heart to Heart With Gaia Initiation

© World Copyleft 2020 ff. by Clinton Callahan. For use by registered Possibility Trainers only.
(Revised: 16. January 2019 by Clinton Callahan)

(NOTE: Possibility Management is open code thoughtware. The copyleft notice affirms that this material cannot be copyrighted. The use limit is to assure that if an unqualified person tries to deliver this initiation and runs into problems, they alone are responsible. This is a powerful initiatory process that tends to catalyze expansion in personal consciousness. It needs to be delivered within a specifically held context by a person with a specific skill level, quality of consciousness, and intention.)

BACKGROUND CONTEXT:

Gerhard the landscape gardener at Möglichkeitenraum in Steinhagen, Germany, just knocked on the door and asked if I would come outside with him barefoot on this cold January morning so he could share this initiation with me.

PURPOSE:

During this ceremony you send a ball of your love for Gaia directly down your Grounding Cord to the heart of Gaia and wait a moment to see if there is any impulse or message or instructions for you back from Gaia.

SETUP:

This ceremony is done alone or in a group, anywhere when you happen to remember it, but is perhaps most effective if you do it outside in a place in nature where you feel well. One person should be spaceholder but if everyone already knows the ceremony the spaceholder might do nothing but hold space.

INTRODUCTION / BACKGROUND:

Gaia, the specific field of consciousness of Earth, is us. We are Gaia. We human beings are the part of the forest that stood up and took responsibility for guarding the forest. As a way of consciously being what we are we can connect directly heart-to-heart with Gaia.

INSTRUCTIONS / PROCEDURE:

To do this yourself simply follow the instructions. To do this with a group of other people there are two ways to proceed. Either explain how to do it in the beginning and then all do it together by each person's individual pace. Or, deliver the instructions in real time, as a short, guided meditation, and everyone follows your instructions and does what you say to do when you tell them to do it. Both ways work.

1. Take a deep breath and clear your mind.
2. Put your energetic center of your physical center and get Centered.
3. Use your Clicker to make your Grounding Cord to the middle of Gaia, and your Bubble of Personal Space (and also, if you want, your bubble of gameworld Space).
4. Take another deep breath and bring your hands up to your chest near your heart.

5. Bend your knees slightly as you make a clear empty bubble out in front of your heart about 50 centimeters in diameter.
6. Take another deep breath and as you exhale, fill the bubble with your love for Gaia.
7. Take another deep breath and with bent knees send your bubble of love for Gaia directly down your Grounding Cord into the heart of Gaia.
8. Wait. Enjoy the wait. Perhaps nothing will happen. Perhaps an impulse, message, or instructions may come back to you from Gaia. Receive it with gratitude and a sense of collaboration with Gaia.
9. Take one more deep breath, slowly open your eyes, go on about your day.

COMPLETION AND WRAP UP:

Take sharing. Some people share that Gaia sends back a big “Yes!” of confirmation of the connection to them, saying: *Gaia loves them too*, saying: *human beings come alive with a heart-to-heart connection with Gaia*. One man said he was working for Gaia and she told him lovingly but directly, “*Get back to work!*”