

## **Gaia's Chaordic Café**

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(Revised: 21. February 2014 by Clinton Callahan)

### **FORMAT:**

Whole-group indoor space with a decent sound system. Duration: 3 - ? hours. An entire self-serve Café buffet is arranged, in secret.

### **PURPOSE:**

This is *not* a break or pause space. It is a Gaia-navigated nonlinear-evolution-of-consciousness Café-creation space.

### **SETUP:**

*Gaia's Chaordic Café* offers plenty of strong coffee, tea, water, and juices, an abundance of high-and-low quality chocolates, cakes, bikkies, toffees, crackers, salty pretzels, dried fruit and nuts, plus piles of carpets, mattresses and cushions, and a specific kind of background music played on a stereo sound system.

(NOTE 1: Live music does NOT work for *Gaia's Chaordic Café* because the band unintentionally occupies the space and requires attention from participants.)

(NOTE 2: Clinton can get you a CD of music that he has found to be useful in this space if you write to him at [clinton@nextculture.org](mailto:clinton@nextculture.org).)

(NOTE 3: *Gaia's Chaordic Café* is excellent for mid-afternoon on day 2 of a 3-day PLab. The *Café* can be so ecstatically fruitful, that people unanimously wish to re-enter the *Gaian Café* together again, for example, mid-afternoon on Day 4 or 5 if it is a 5-day PLab.)

(NOTE 5: You can invite participants in the logistics letter to bring an abundance of their favorite non-alcoholic, non-tobacco, non-drug "Gremlin" snack foods to share with everyone, but to give them to the kitchen manager on arrival. Then the costs and purchasing logistics are automatically handled.)

(NOTE 6: It is also possible to let participants bring "healthy" snacks.)

### **INSTRUCTIONS / PROCEDURE:**

(Spaceholder should ask people to gather at an appointed time outside of the meeting space in silence. It adds a dimension of wonder if you arrange it so as few people as possible know about the Café space and cannot see it being set up by the Secret Café Agent Team...)

### **CONTEXT SETTING FOR THE CAFÉ:**

(When all have quietly assembled standing outside of the space, the Spaceholder reads the following...)

Please take a deep breath (pause). We welcome Gaia, the living field of consciousness of Earth, to navigate the dynamic opportunities of the next space with her wise, multidimensional complexity.

Gaia can provide us with nonrational serendipitous coincidental impulses that optimally synergize the evolution of an entire group of people if you allow the field to move you from your center.

In this next space we invite you to experiment with how much you can let yourself trust Gaia. See if you can radically rely on the Gaian intelligence to bring you to your optimal place in each moment.

Please take a deep breath. Close your eyes. Relax into a small *now*, so small that it fits into this present moment. Let go of your memories of the past few hours, and let go of your plans and strategies for the next few hours.

Take another deep breath. Use your Clicker to get centered (click), make your grounding cord (click), and make your own mobile-bubble of personal-space (click).

Take one more deep breath. Leave your Box and Gremlin outside the door. Consciously turn your steering wheel over to Gaia. She will move you from your center.

Take one more deep breath and open your eyes.

Let the beauty, the love, and the nonlinear creative intelligence of Gaia determine what happens for you next.

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(OPTIONAL:)

Follow Gaia's impulse about who to talk to next. Move before you think. Walk over to that person now (pause as they move).

Follow Gaia's impulse about what radically-honest things to reveal about yourself, what wild ideas to commit to, what risky questions to ask. Tell the other person the theme of your first conversation with them. Say, "I want to talk with you about..."

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(Start the music and open the doors...) Welcome to *Gaia's Chaordic Café!*

(NOTE: Most often I do not tell people how long the Café space will be. I don't know myself. The space is so precious I try to fly it as far as it can go. One time we did it for 7 hours without a pause. Most often it lasts 3-4 hours. If time is limited you can say something like: "We will gently bring the space to a close in 3 hours.")

### **ENDING:**

(Spaceholder slowly brings the music down to zero and then gently but firmly says...) Ladies and Gremlins... I mean Gentlemen... Please come to a stop. No more snacking. The buffet is over. This space has come its end (pause while people moan...). We are so glad you could join us today in *Gaia's Chaordic Café* (people may applaud...). The Café is now closed (more moans). Please let Jack and Jill handle the leftover food. Please help us Whiz-Bang this space back into being a training room. The pillows go.... (etc. with any needed logistical instructions). We will start again in the big circle in 15 minutes. Please begin.

**DEBRIEF:**

(After the Café is completely cleaned up and transformed back into a training space, with people sitting in a big circle, leave a few moments for silent reflection to help digest the experience. Then ask...) Any sharing about *Gaia's Chaordic Café*? What happened for you there?

(NOTE: The effect of the Café space can be truly profound, even life-changing, in the sense of making new friends and starting new projects. Let it be that big for people.)