



SMALL PLATES

CORN RIBS 8

Cajun Ranch, or Zing sauce

TOFU SCRAMBLE & BLTA MUFFIN 15

Turmeric tofu, kale, onion • Bacon bites, Lettuce, Tomato, Avocado, mayo

BUFFALO CAULIFLOWER NACHOS 14 ^{دؤؤ}

Cauliflower, corn, avocado, shredded cheese, cashew cheese, buffalo sauce, jalapeno, cilantro

TRUFFLE BACON MAC & CHEESE 13

Truffle cashew cream, macaroni, rice bacon bites

PINEAPPLE PEANUT TOFU 6

Crispy tofu, pineapple peanut sauce

SHACK'S CHILI CHEESE FRIES 12

Potato fries, Shack's chili, cashew cheese, cilantro, jalapeno ^{دؤؤ}

SPRING ROLLS 9

Soy chick'n veggie rolls deep fried, sweet chili sauce

COLD DRINKS

UNSWEETENED ICED TEA 3

Black • Passion Fruit Green • Raspberry Herbal

ARNOLD PALMER 4

LEMONADE 4

COLD BREW COFFEE 5.25 | 6.25

Almond creamer, sweetened

THAI TEA 4.5 | 5.5

Coconut cream, sweetened

HEMPCHATA 6.5 | 8.5

Hemp heart, cashew, cinnamon, sweetened

HOT DRINKS

MATCHA 4

CHAI LATTE 5.5

GOLDEN MYLK 6.5

Turmeric, cinnamon, ginger, cardamom, nutmeg, Cayenne, black pepper, maple syrup, coconut mylk

FLOAT • SMOOTHIES

SODA • FLOAT 5 | 8.5

MIXED BERRIES

Mixed berries, banana, apple juice

MANGO CREAM

Mango, banana, cardamom, coconut mylk, agave

PINE-APPLE MATCHA

Pineapple, kale, green tea, apple juice, agave

NUTTY DATE

Almond, date, flaxseed, cinnamon, nutmeg, banana, coconut mylk

16oz 8.5

KIDS MEAL

TOFU NUGGETS

POTATO FRIES

MAC & CASHEW CHEESE

10

Side of mixed fruits, juice box

All Menu Items are Plant-Based • Wheat Free Options Available

Seed Shack offers items with peanuts, tree nuts, soy, wheat, sesame and other allergens

We cannot guarantee the absence of cross contamination in our food

Please advise your server of any dietary restrictions before placing an order

Pricing and availability subject to change

MAIN

Only Burgers are served with choice of side. Add Avocado, Bacon Bites or GF Bun +2

BEET BURGER 17

Shack-made beet patty, mashed avocado, cucumber, greens, lemon tahini

BLACK BEAN BURGER 16

Shack-made black bean patty, tomato, onion, greens, lemon tahini

BEYOND BURGER 18

Cashew cheese, tomato, onion, greens, fancy sauce
Or Breakfast Muffins: tofu, cashew cheese, shredded cheese

IMPOSSIBLE BURGER 19

Classic: cashew cheese, tomato, onion, greens, fancy sauce
Or PB&J: peanut butter, berry sambal jelly, wonton crisp, cucumber

CHICK'N SANDWICH 17

Classic: fried soy patty, tomato, pickle, greens, mayo
Or Buffalo Ranch: fried soy patty, pickle, ranch slaw, Buffalo sauce ^{فؤوف}

BARBECUE JACKFRUIT SANDWICH 16

Pulled jackfruit, cucumber, pineapple peanut slaw

CAULIFLOWER CHICKPEA TACOS 15

Cauliflower, chickpeas, cabbage, mashed avocado, southwest sauce ^ف

LEMON SESAME TOFU TACOS 13

Fried tofu, slaw, lemon sesame sauce, sesame, cilantro • Add Avocado +2

CAESAR SEED SALAD 12

Garlic-sage chickpea croutons, kale, greens, tahini Caesar dressing,
Hemp heart pepitas parmesan • Add fried tofu +3

SIDES

SIDE SALAD • MACARONI SALAD • SEAWEED SALAD
MIXED FRUITS • POTATO FRIES 5

SWEET POTATO FRIES 6

SHACK'S CHILI 8 HALF 6

Beans, corn, tomato, pepper, onion, cilantro, jalapeno

Extras: sauce • dressing • syrup 1-2

SWEETS

MANGO COCONUT PUDDING • NICE CREAM 5

BANANA SUNDAE 9.5

Soy vanilla nice cream, salted caramel, banana, cacao nibs, pepitas

DUBAI LOVER 12

Pistachio, strawberry, kataifi, chocolate

PINEAPPLE ROLLS 12

Fried cinnamon pineapple rolls, soy vanilla nice cream, salted caramel, cacao nibs

SEED SHACK ONLINE ORDER • SPECIALS • EVENTS & CATERING
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