

Dr. Julian Howard.

Registered Osteopath. BSc (Hons) Ost Med. MSc Paed Ost [UK]

Osteopathy qualification and professional development



2001-2005 British College of Osteopathic Medicine (London UK).

2002 First year prize (Top of the year).

2004 Third year prize, Diagnosis prize.

2004 Part 1 of the Sutherland Cranial Course

2005 Prize for a 'First' BSc (Hons) in Osteopathic Medicine.

2005 (Sept) Part 2-3 of Sutherland Cranial Course.

2005-2007 MSc at the Osteopathic Centre for Children (London UK)

Including working for 5 days over 5 weeks in the Premature Intensive Care Baby Unit of Barnet Hospital.

2006 (March) Present Undergraduate Research to the 5th International Conference on Advancement in Osteopathic Research (ICOAR).

'The Temporal effect of a Lumbar HVT on cutaneous blood flow in the lower limb, comparing smokers and non-smokers.'

2006 (Sept) Part 2-3 of Sutherland Cranial Course(UK).

2007 (Nov) Registration as an osteopath in Western Australia.

2007 (May) The Critical 'C's' of Osteopathy course (UK).

2007 (June) Sutherlands 'Treating the Body as a Whole' cranial course. (UK)

2008 (Jan) Registration as an osteopath in New South Wales.

2008 (Feb) Presentation of Undergraduate Research to the International Advancing Osteopathy Conference(UK).

2008 (Aug) Lecture to 'The Lactation Consultants and Midwives Association of New South Wales, on 'The effect of birth and delivery on babies' ability to breastfeed from an osteopathic perspective'.

2008 (Aug) Attend Wetlab Neurology dissection lecture. (Aus)

2008 (Oct) Attend Australian Osteopathic Conference talks on Paediatrics

2008 (Dec) Complete Biodynamics Course 1 (AUS)

2009 (Jan) Became an Alumni member of the Foundation for Paediatric Osteopathy (UK based)

2009 (April) Spend a day assistant tutoring at the Osteopathic Centre for Children (UK)

2009 (July) Seminar on chronic pain management (Aus)

2009 (August) Attend Orthopedic conference SAN hospital (Aus)

2010 (Feb) Obstetrics and Osteopathy course. The treatment of pregnant women. (Aus)

2010 (April) Biodynamics Phase 2 New Zealand

2010 (Feb) Obstetrics and Osteopathy course. The treatment of pregnant women. (Aus)

2010 (April) Biodynamics Phase 2 New Zealand (4-day course)

2010 (June) Infantile irritability, colic, sucking and feeding difficulties. Lecture (Dr Jane Carriero)

2010 (June) Pelvic pain, the anatomy and the neurology. Lecture (Frank Willard)

2010 *Accepted as assistant tutor by Australian Sutherland Cranial Society*

2011 (April) 1-day cranial tutorial, Windsor England.

2011 (April), Day at the Osteopathic Centre for Children, London, assistant tutoring. UK

2011 (August), Seminar; Visceral Osteopathy, the role of the broad ligament in abdominal health.

Lecturer Caroline Stone

2011 (Oct) Optimised Biomechanics in Running. 1-day course.

2011 (Nov) Biodynamics phase 3. 4-day course.

2012 (March) The biodynamics of human development ; the application of embryology to adult structure and function by Prof Brian Freeman, day lecture.

2012 (May) Work Cover management course

2012 CPR Course

2012 (Oct) Spent a day at the Osteopathic Centre for Children, London treating children

2012 (Oct) Conference London, "The Developing Child - an Osteopathic Challenge.

Topics ; A clinical approach to children with developmental delay

Orofacial development in a child

Development and behaviour; the role of vision

The language of the heart

The Development of sleep disorders in Children

The Neuroanatomy and physiology of mal-development in the first and third trimesters and adverse perinatal events.

2012 (Nov) Cranial Biodynamics 4 ; four day course.

2013 (May); Assistant tutor on the 'Fundamentals in the Cranial Field' cranial osteopathy course.

Four days.

2013 September; First Aid CPR course

2013 (Nov) Cranial Biodynamics Module 5. 4-day course.

2014 (June) MINND international forum on neurological dysfunction in children (Autism, Pyrolle synd, MTHFR, brain damage) and treatment strategies.

2014 (September) First Aid course

2014 (Nov) Cranial biodynamics Module 6. 4-day course

2014 (Nov) Join a team of doctors in Kenya and treat Aids orphans

2015 (April) Paediatric conference London UK; Topics:

The impact of early stress experiences on neuro-endocrine and immune function

Benign Joint hyper-mobility syndrome

Feeding disorders in infants

Causes of Asthma

Neonatal care

2015 (November)

Rule of the Artery (3-day cranial course)

Biodynamics phase 7 (4-day course)

First aid course

2016

Rule of the Artery 2 (4-day course)

Feb 2016

Pain, inflammation and immune conditions.

Treatment through supplements and non-pharmaceutical products.

2017

Biodynamics. Treating children 1 (4-day course)

Biodynamics. Treating children 2 (4-day course)

Nov 2017: Biodynamic Osteopathy Phase 8. Advanced Cranial Osteopathy (4-day course).

2018

Feb 2018: The function of the heart. The secrets of the flow of blood around the body (3-day course).

November 2018 Biodynamic review of phases 1-7. Advanced cranial osteopathy.

2019

March 2019 The biodynamic treatment of children phase 3. The examination and treatment of pathological conditions which may present in children. (4-day course).