



Norfolk Paddle Meet Up

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**Norfolk Paddle Meet Up (NPMU) – Club
Constitution
2025**

“Making people safer paddlers since 2019”

By The Captain Baldie (Founder)

Who are Norfolk Paddle Meet Up

A local social group to Norfolk created to bring people together.

All the admin team are qualified from instructor level through to coach level under the Paddle UK (PUK) guidance.

A fully insured PUK affiliated club, who's safety push is second to none.

Organising safety days, training, coaching, fund raising and environmental awareness.

Over 3000 members are now part of this fun friendly family, who all have the same agenda, safer paddling, lots of fun but with the mindset that our playground needs caring for.

You can find us on Facebook - Norfolk paddle meet-up
Direct contact for The Captain Baldie
07415-905357
Bookings@baldiesboards.co.uk

Norfolk Paddle Meet Up (NPMU) – Club Constitution

1. Name of Club

The name of the club shall be Norfolk Paddle Meet Up (hereafter referred to as “the Club”).

2. Affiliation

The Club is affiliated with Paddle UK and agrees to uphold its policies, codes of conduct, and guidance relating to health & safety, safeguarding, equality, diversity and inclusion.

3. Objectives

The aims and objectives of the Club are to:

- Promote safe and inclusive participation in paddlesport for all ages and abilities**
 - Encourage enjoyment of local waterways and natural environments**
 - Provide opportunities for social paddling, skills development, and volunteering**
 - Operate in line with Paddle UK policies and environmental good practice**
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4. Club Ethos

Norfolk Paddle Meet Up is a friendly, inclusive and recreational paddling community. We welcome paddlers of all backgrounds and experiences and operate with a spirit of support, respect, and shared adventure.

5. Membership

5.1 Eligibility

Membership is open to all individuals who support the objectives of the Club. No person shall be refused membership on grounds of race, sex, age, disability, occupation, sexual orientation, religion, or political belief.

5.2 Categories

- Adult Member**
- Junior Member (under 18, with parental consent)**
- Family Membership (optional)**
- Volunteer or Coach Member**

5.3 Fees

Membership fees - The club will remain free to its members as laid out at the AGM and will reflect the Club's not-for-profit status. The committee may

introduce training fees in form of sessions to aid the members.

5.4 Conduct

All members agree to:

- **Follow Paddle UK's Code of Conduct**
- **Abide by Club rules and safety guidance**
- **Treat others with respect and integrity**

Membership may be suspended or revoked for serious breaches of conduct, subject to a fair process.

6. Club Committee

The Club shall be managed by a Committee, elected annually at the AGM.

6.1 Core Committee Roles:

- **Chairperson – Leads the Club and oversees operations**
- **Secretary – Manages communication, minutes, and records**
- **Treasurer – Manages Club finances and reporting**
- **Safeguarding Officer – Ensures safeguarding compliance and point of contact**
- **Health & Safety Lead – Oversees risk management and safety planning**

Additional roles may include:

- **Events/Trip Coordinator**
- **Equipment Officer**
- **Membership Secretary**
- **Social Media/Communications Lead**

6.2 Committee Powers

The Committee has the authority to:

- **Run and develop Club activities**
- **Set policies and procedures**
- **Appoint sub-committees or working groups**
- **Suspend or expel members for serious misconduct**

6.3 Quorum

A minimum of three Committee members must be present to make decisions.

7. Annual General Meeting (AGM)

An AGM will be held each calendar year to:

- **Receive annual reports from the Chair and Treasurer**
- **Elect or re-elect the Club Committee**
- **Agree membership fees and review policy**
- **Discuss and vote on any proposals**

Notice of the AGM will be given at least 21 days in advance. All members may attend and vote.

8. Extraordinary General Meeting (EGM)

An EGM may be called by:

- **The Committee, or**
- **A written request signed by 25% of Club members**

At least 14 days' notice must be given, stating the purpose of the meeting.

9. Finance

- **The Club is a not-for-profit organisation.**
 - **All funds shall be used only for Club objectives.**
 - **The Treasurer shall keep accurate accounts, which shall be presented at the AGM.**
 - **Club funds shall be held in a Club bank account in the name of Norfolk Paddle Meet Up.**
 - **Any two Committee members must authorise expenditure.**
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10. Safeguarding and Welfare

- **The Club adopts and follows Paddle UK's Safeguarding Policies for children and adults at risk.**

- **A named Club Safeguarding Officer shall be appointed annually.**
 - **All Club sessions will operate with appropriate supervision, safety measures, and risk assessment.**
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11. Data Protection

The Club will manage all personal data in accordance with UK GDPR and the Data Protection Act 2018. Member data will only be used for Club purposes and not shared without consent.

12. Equality and Diversity

The Club is committed to providing a safe, inclusive, and welcoming environment for all. Discrimination, harassment, or bullying will not be tolerated.

13. Dissolution

Should the Club dissolve:

- **Any remaining funds shall be donated to Paddle UK or another non-profit paddlesport organisation**

- Any Club assets shall be transferred to a similar body or sold to fund charitable paddlesport causes

A vote of two-thirds of the present membership at an AGM or EGM is required to dissolve the Club.

14. Amendments to the Constitution

Amendments may only be made at an AGM or EGM by a two-thirds majority vote of those present.

Adoption of the Constitution

This constitution was adopted by the members of Norfolk Paddle Meet Up at the [Inaugural/Annual] General Meeting held on:

Date: 17th May 2025

Location: Larry's Wroxham

Signatures (Core Committee Members)

Chair: The Captain Baldie (Coach)

Name: D.Reeve

Date: 17th may 2025

Secretary: Flying Ant

Name: Ant Metcalf

Date: 17th May 2025

Treasurer: The Captain Baldie

Name:D.Reeve

Date:17th may 2025

Safeguarding Officer:Suzanne Evans

Name:S.Evans

Date:17th may 2025

Health & Safety Lead:Stephen Cook

Name:S.Cook

Date:17th may 2025

Events/Trip Coordinator:Aqua Woman

Name:Carol Horner

Date:17th may 2025

Social Media/Communications Lead:The Cpt Baldie

Name:D.Reeve

Date:17th may 2025

Supporting Contacts

Paddle UK Safeguarding Team:

safeguarding@paddleuk.org.uk

NSPCC Helpline: 0808 800 5000

Childline: 0800 1111

Ann Craft Trust (Adults at Risk): 0115 951 5400

Call 999 in a river emergency. In non-emergencies, contact Norfolk Fire and Rescue Service online.

Sea emergencies - call 999 and ask for the coast guard.

General Safety Information regarding paddle sport can be found on the PUK website sport can be found on the PUK website

<https://paddleuk.org.uk/stand-up-paddleboard-sup-safety-choosing-the-right-leash/>

Blue Green Algae advice

https://www.ceh.ac.uk/sites/default/files/documents/BlueGreenAlgae_Poster_Web-RGB.pdf

Environmental issue reporting information

<https://www.gov.uk/report-environmental-problem>