

∞ YOUR MEANINGFUL MEMOIR ∞

• #1 PREPARING •



Why are you called to examine your life?

*Are you preparing for retirement, for death,
or is there some other reason why you feel
compelled to record the story of your life?*



Ordinary people often live extraordinary lives.



THIS IS NOT A VANITY PROJECT.

You're probably not famous and don't wish to be. You're not hoping to make money from your memoir. So, why then do you want to write it?

Instead of wondering why, follow these instructions to create a detailed vision of completion:

- 1 Pick a date when you have your book in hand.
- 2 Choose a location and describe where you are, using all five senses.
- 3 How are you feeling?

EXAMPLE:

"It is September 5, 2026, 3 pm. I'm sitting on my deck at home in San Francisco. It's pleasantly cool, I hear birds chirping and the faint buzz of traffic, my sweater is warm, I smell the aroma of coffee rising from the mug I hold in my left hand.

"I glance at my book, sitting in my lap, and feel a glow of satisfaction. I'm grateful, profoundly happy, and filled with appreciation for my amazing life!"

*"We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.*

— T.S. ELIOT



YOU JUST CREATED YOUR VISION COMPASS.

Write it out, tape it to your office wall, read it at every day. Your subconscious is now enrolled in making it so.

Ray Bradbury, advising young writers, said:

"Writing is hard work, not magic."

The secret to writing is... writing! And, as all writers know, writing is re-writing. Our free e-book will provide a template detailed guidance for your process. Don't like to write? That's why we're here, with four levels of guidance to fit your timeline and budget.

Your starting point is this very moment. Your destination is your completed memoir. Navigation from here to there is up to the muses, and they will follow your feeling. That's why that vision exercise is the best preparation you can do.

Regardless of your age, you haven't fully lived out your third act... you're still alive. Here is the deep value of the memoir process: As you write your life, themes will emerge and weave together, finally revealing the meaning of your well lived life.



VISIT www.meaningfulmemoirs.com
to download our free e-book
and to schedule a free 30-minute zoom.

DIY or we can help but, above all,
write your life!